

Alexandera Houchin, winner of the 2018 Tour Divide, riding along Cataract Ridge during her sixth race of the year. This section of the race was over 12,000 feet of elevation. Photo by Leigh Bowe, courtesy of Alexander Houchin.

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## Local News

## St. Louis County hires FDL Band member

By Zachary N. Dunaiski

aj. Tedd Ells was hired July 30 to be the new Director of Veteran's Services for St. Louis County.

"In a way, I've always wanted this," Ells said about his new

position. "As a friend of mine said, 'so you finally have your dream job?'" It's been

It's been a busy road for Tedd leading to this position. After graduating high school in 1986 from Northwestern

in Maple, Wisc., Ells knew college wasn't

where he wanted to be. "I wasn't ready for college. It was never on my radar, I couldn't stand high school to be honest. I went into the military. The Navy wasn't my first choice. My first choice was the Air Force. But I was a wild kid and I had some things that they didn't want to deal with." Ells went to his second choice which was the Navy where he spent seven years active duty as an avionics technician. "My final cruise was on the

> Saratoga back in 1994. Why that is important in this role, is because when I left the Navy I lost that camaraderie that I had with those military

folks that I was serving with. When I came back to this area I was a young

man, and I

Major Ted Ells

didn't have a lot in common with anybody. Now in this role I'm dealing with veterans every day."

With a Fond du Lac Band member in the role of Director of Veteran's Services, I asked what impact that could have for FDL Veterans.

"Fond du Lac being close to Cloquet which has two phenomenal Veteran's Services Officers, who are doing a great job. But I will say that if you don't feel you're getting the service you should get, come on in. The bottom line is what we see often is folks that didn't realize, myself included, that you're eligible for different benefits," Ells answered. But some of Fond du Lac does fall in St. Louis County as well.

"Knowing that Cloquet is in good shape, I wouldn't have any issues sending someone there, but they're more than welcome to come here if they want. Also Brookston would be included in St. Louis County." Ells is proud of where he's from and he is so thankful for the help he got from his Band to get him where he is today.

"As a Fond du Lac Band member I can openly state that if it weren't for Bonnie Wallace, who was the Scholarship Director at the time, putting me in that position for success, and the funding from the RBC to make my education happen, specifically two Masters they paid for. I don't think I'd be in this position."

Minnesota is one of the better states in terms of benefits for Veterans, but having someone like Tedd has already made it a more personal experience.

"Working with other Veterans in itself brings a unique dynamic to the role, because you all have different experiences in vet it's a common experience with serving. Those folks coming in the door, that's why they're so important because they served. I just roll out the red carpet. We try to be sure that every time that someone comes in our office that we say, and again as they're leaving, 'thank vou for your service.' When I hear it, it's humbling."

Ells has always been a hard worker. In 2005 while working in Texas, he was honored with the Medical Services Airman of the Year for his work helping in the aftermath of hurricane Katrina.

During his time there, when things were at their worst in the wake of the storm, Ells had a crucial understanding.

"I ended up having a wakeup call while there and realized family is very important. And to be close to family so that when a situation like that happens, you have a wider net," Ells said of his experience. "They were completely reliant on other people helping them, there wasn't that family element. So we moved back."

In Minnesota, 25% of Band members serve. It isn't just Fond du Lac, but Native Americans from any Band. That means a large number of Veterans are Band members who live in the state of Minnesota.

Ells also wanted to thank Bonnie, as well as Veronica, Scholarship Assistant, and Shelley West, Scholarship Director as he prepares to begin work towards a doctorate while working to help Veterans in St. Louis County.

Nahgahchiwanong Dibahjimowinnan

Translation: Far End of the Great Lake; Narrating of Story

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Published monthly by the Fond du Lac Reservation Business Committee. Subscriptions are free for Fond du Lac Band Members. To inform us of a change of address, write to: Fond du Lac News, Tribal Center, 1720 Big Lake Rd., Cloquet, Minn. 55720.

Editor: Zachary N. Dunaiski

The mission of this publication is to provide the Anishinaabeg community of the Fond du Lac Band of Lake Superior Chippewa, Fond du Lac Reservation, with news and information that will be of help to them in their everyday lives. In addition, our goal will be to highlight many of the honors, accolades, accomplishments and awards that are earned by community members but are mostly overlooked by the mass mainstream media.

It is our hope that through greater information about the activities of our people, this publication can be an instrument of true community. It is not our intention to be a vehicle of divisiveness. To that end, we do not publish editorials, opinion pieces or letters to the editor. There is an abundance of opportunity for the publishing, airing and dissemination of material of personal opinion in other communication vehicles available throughout the area, region and state.

Our mission is to provide for Fond du Lac Anishinaabeg a publication that will not dismiss their culture, heritage, hopes and dreams. We are striving to make this newspaper fill that role.

Corporate Member of the Native American Journalists Association





# Local News

## **Constitutional Convention**

#### By Dan Huculak and Zachary N. Dunaiski

Representatives from the six Bands of the Minnesota Chippewa Tribe met at the Otter Creek Event Center Sept. 10 to continue the process of determining whether the MCT Constitution should be amended, completely re-written, or remain as it has since its inception.

The meeting was in essence, the "next step" in the amendment process where discussions regarding the delegate selection process occurred. Since the first meeting began in Aug. of last year, each Band has hosted the MCT meetings, as well as a meeting in St. Paul for any MCT Enrollees living in the Twin Cities metro area.

"The delegates aren't voting on the future direction of the Tribe or even Fond du Lac. They are only there to get the information and make sure it's dispersed amongst their respective communities," Bryan Bosto, Fond du Lac Band Member and Manager of the Brookston Community Center, said. "The power is in everybody who votes."

With the exception of the White Earth and St. Paul meetings, the format was the same so attendees of each Band's meetings will be reviewing the same information.

Information from the first MCT Constitutional Convention informational meeting was shared in the Sept. 2017 edition of this newspaper. In case you missed it, attendees were asked to fill in the answer to the statement: I want my children/ grandchildren to grow up in a Tribal community where...

The Volunteers shared their

responses with the audience. Some of the answers included preservation of our language and culture; having a safe, drug-free community: having our Treaty rights respected by state and federal agencies; accountability by our elected officials; adequate housing; and meaningful job opportunities for Band Members. One of the concerns also brought up repeatedly was blood quantum rules, and the fact that more and more of our descendants will eventually lose federal recognition status and/or identification as Anishinaabek. How the constitution starts is very important. The preamble sets the tone and can have a huge impact on the entire constitution.

"That first paragraph of any constitution tells us this is who we are. This is what we want. This is what we're working for," Bosto stated about its importance. "If we can nail down those three things in that preamble that sets the tone that instead of being a member of Fond du Lac, I'm a citizen of Fond du Lac. I'm a member of a golf club, but you hear 'I'm a citizen of the United States' and you belong to something. You belong to something bigger than a membership. There is a different sense of pride."

Moving forward, the question that needs to be asked is, do we as Band Members feel that we need to amend the present constitution, re-write the document in its entirety, or keep it the way it is?

"That question was asked back in the 1990's," said Bosto about the long and complicated process ahead. "If you look at the enrollment alone, we are dying out. Our blood is dripping."

#### Table 1. Meeting Dates, Locations, and Participants

	MCT Band and/or Session Location (in order of occurrence)	Date and Location	Number of Participants <sup>7</sup>	
1.	Mille Lacs Band of Ojibwe	August 21-22, 2017, Onamia, MN	93	
2.	White Earth Nation	September 25-26, 2017 Mahnomen, Minnesota	NNI did not facilitate this session	
3.	Bois Forte Band of Chippewa	October 23-24, 2017, Vermillion, MN	62	
4.	Fond du Lac Band of Lake Superior Chippewa	November 20-21, 2017, Carlton, MN	151	
5.	Saint Paul, MN <sup>8</sup>	InterContinental Hotel, December 14-15, 2017. St. Paul, MN	35	
5.	Leech Lake Band of Ojibwe	December 18-19, 2017, Walker, MN	30	
7.	Grand Portage Band of Lake Superior Chippewa	February 5-6, 2018, Grand Portage, MN	27	
	Grand Total =	6	398	

#### The challenges ahead

Of the 41,000 + MCT members, only 398 people attended at least one of the meetings. Although the attendance at the White Earth meeting was estimated to be similar to the 93 people at the Mille Lacs event. The Native Nations Institute did not facilitate the White Earth meeting, and thus, no official attendance figures were taken. Additionally, there were several people in attendance at five or more meetings, which means that even fewer people attended any of the meetings.

Involvement by the membership in the process is key to its success. The first step has to be to get something down in writing so that the membership can vote on the changes. That was something that Fond du Lac had started over a decade ago, but each topic is very crucial to its success.

"When Kevin was Secretary Treasurer we did get as far as the wording back in 2002-2006, when he and Deb Mallory were coordinating the constitutional meetings every week at the Tribal Center," Bosto recalled about Fond du Lac starting the process to make a change. "There was some progress with that. There were some changes to an article, but that's all, changing the wording of the current constitution but as soon as we got to enrollment Article II, everything stopped. Nobody could come to a consensus."

If the majority of MCT Enrollees believe the answer to the question about changing the constitution is yes, then it will take between 12,000 and 13,000 (30 percent) of MCT voters to vote in that direction.

And if amending this constitution is important for future generations, as so many attendees stated, then the participation rate for each Band will need to increase exponentially.

During last month's meeting a large amount of time was devoted to the number of delegates each Band would select. This has been an apparent sticking point for decades, as White Earth and Leech Lake have more Enrollees than the other four Bands combined. Attendees from the two larger MCT communities spoke of having delegate counts more proportionate to the population of each Band.

"The only way I think it's going to get done is by getting a small group of people together who've been working on this for the last 30 years and some new people who've been looking at the facts into a room to get something done," Bosto said.

If the primary role of the delegates is to convey information to the membership from the Tribal Executive Committee and vice versa, then the number of delegates is not nearly as important. Having too few delegates could be problematic for moving forward, but having too many could result in getting little to anything accomplished.

"If we don't change this thing, we're extinct. So every day matters. Every conversation matters. Every pen to paper matters from this point on," Bosto said.

Now is the time to get involved and the next Constitutional meeting will be held Oct. 9 at Fortune Bay Resort Casino.



our Planning Department.

The Annual Wisdom's Steps

also had a great fundraising

for golf and conversation.

event. It was perfect weather

The silent auction and awards

banquet was well attended.

Thank you FDL members

of Wisdoms Steps for your

effort to honor our Elders.

This past month FDL

participated in our first

contribution to this state wide

## **RBC** Thoughts

## Sawyer News

Marine harvesters who again endured another challenging season. From some of the reports, this was one of the lowest yields since 1957. The maanomin we did get is a gift from the Creator. I would like to thank all the families that assisted with the Bands' wild rice harvest this year.

The FDL Police Department had their annual picnic in all Districts. The Center staff and Police Department really helped make this a great community

activity. The children who won bicycles in the drawing were very happy. Public safety in the community and around our community centers is a high priority.

As you can see, there has been a lot of work on the Fiber to Home project and new signs with the new logo advertising our FDL owned/operated internet service called Aniin. Phase I of the project should be completed by the first of the year. If you have any questions please call Jason Hollinday in



Bruce Savage

hunting experience. Half of the elk harvest will be brought back for ceremonial feast. Moose hunters are also heading up north and families are getting excited for their traditional family hunting camps.

with their big game

Sincerely, Bruce M. Savage District II Sawyer Representative (218) 393-6902 email: BruceSavage@fdlrez. com

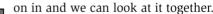
#### Boozhoo,

O ne of the most important duties that we have is to cast our vote in elections. We need to be active in our local, state, federal, and Tribal elections. I try to select a candidate that best portrays the direction that I want my community to head. I am not always successful with whom I support but getting involved is its own reward. The backside of not being involved is that I let others determine the direction of the community.

We have a special election with 12 candidates vying to represent District One. If you are from the district, take a look at the candidates and select the one that best represents the direction that you want the Reservation to head and be sure to get out and vote.

The RBC has signed an agreement with Enbridge to allow the Line 3 replacement to remain in its current location on the Reservation. There have been several meetings with the company to discuss what options were available. As we worked through the issues it became apparent that we had to speed up the process as the Public Utilities Commission (PUC) was rapidly approaching a decision. To our dismay the PUC issued a certificate of need and gave the company and the RBC 60 days to come up with an agreement or the line would be located outside the Reservation within our ceded territory. The RBC discussed the position that this put us in with the short timeline and the knowledge that the route around us was

not very far away from the resources that we were trying so hard to protect. It made the most sense for us to try to keep the current location and to negotiate additional safeguards to protect the resources on the Reservation. The RBC is bound by a nondisclosure agreement that does not allow for us to put this information down in writing or distribute copies of the agreement but we can discuss all aspects of the agreement with Band members. We can also let Band members review the document but not copy it. So if you would like to review it, come



The last thing I want to touch on this month is the effort being put forward to have a constitutional convention within our Tribe. We have had educational efforts on each of the MCT Bands Reservation over the past year to gather information about your views of the current

constitution. The information was put into a report and will be used as a guide to the future changes. We had the first meeting to begin the process of making changes. These types of meetings will continue on each Reservation and all members of the MCT are welcome to attend so keep your eyes and ears open to find out where the next meeting is going to be held so you can participate in the process.

If you have any questions or comments please feel free to contact me. My office number is (218)878-8158 or you can e-mail at ferdinandmartineau@fdlrez.com

Gigawaabamin.

Ferdinand Martineau



## **RBC** Thoughts



Bruce M. Savage, Minnesota Governor Mark Dayton, and Roger M. Smith Sr. pose together.

## **Brookston News**

Boochoo, I hope everyone has had a safe and happy summer so far. Well it has certainly been a very busy month. The month had started off with a meeting at the State Capital with Governor

Dayton and other Tribal Leaders from Leech Lake, Red Lake, Bois Forte, Minnesota Indian Affairs Committee, and Mille Lacs. The topic of discussion was the Governor's Wild Rice Taskforce that he established to look at the scientific effects of sulfate

the scientific effects of sulfate and to maintain the Federal limit of 10ppm. The Governor is limited by state law to have 15 members on any taskforce. We at Fond du Lac had discussed this before about the representation of the Minnesota Tribes on these taskforces and felt that at the very least there should always be representation from the MCT Tribes, Red Lake, and the Dakota Sioux Tribes. This meeting was also initially for the Chairperson's of the 11 Tribes, FDL had opposed this and made the request that all Tribal Leaders from the 11 Tribes should be included and the

> meeting list was changed to include all Tribal Leaders. When at the meeting we questioned the makeup of the taskforce and that the 11 Tribes should have more representation. We were able to have the Governor

agree to a Government to Government dialogue and that the Tribes would create our own Tribal Taskforce and we would meet to discuss how we would continue to work together, I will update you on this as these talks progress. Just an update on Tribal Youth Council work the Summer Youth worker Aleisha Fox had been working on. She has completed the Summer Youth program and is now attending college. She has completed some amazing work, but there is still a lot of work to complete this task. I will continue to work on this task as I feel this is very important for the Youth and Fond du Lac.

I would also like to offer condolences to those families that have lost family members. I would also like to wish the very best to those that have had anniversaries, birthdays, new babies, and those lucky ones that are now enjoying retirement.

In the next article I will discuss the Kantonen Rd cabin and property and what I have been working on with this property. Chi Miigwetch!

Chi Miigwech! Roger M. Smith Sr. rogermsmithsr@fdlrez.com (218) 878-7509

## Apology

Many of you have probably noticed by now, or have read on our website, that Sawyer Representative Bruce M. Savage's article was actually a duplicate of Ferdinand Martineau's in the September 2018 issue.

It was an error that should have been caught but wasn't. I apologize to Bruce for allowing the paper to go to print with the wrong article in his place and to the members of the Sawyer community and the entire Fond du Lac Reservation who were hoping to read his words last month.

I have also reprinted last month's article here for those who haven't seen it on the website or would prefer it in the printed form.

## September Sawyer News

his month the open RBC meeting was hosted in Sawyer. The topic of Line 3 was explained as well as the role of the Public Utilities Commission (PUC). The certificate of

need was granted by the PUC this summer, which impacts the decision regarding the court ordered replacement.

There was a good turnout for the Sawyer Elders summer event. The weather was nice for the trip. The extreme heat for consecutive days this past month has everyone welcoming cooler fall weather. Also the high tunnel is producing tomatoes and peppers. A Sawyer youth entered



Bruce Savage

and community advocates throughout the region was useful and we will continue to work on this problem that plagues our community

Powwow Regalia into the Carlton

artistic ability on this level.

County Fair. The exhibit showcases

The 25th Year Black Bear Casino

and Resort Anniversary concert was

well attended. Thank you

Black Bear staff and FDLPD

for organizing the event and

Opioid Summit at the Black

Fond du Lac Human Services

managing the large crowd.

hosted the annual Tribal

Bear. Information sharing

between professionals

many projects and it was great to know

that our youth are sharing culture and

and other Tribal communities throughout Indian Country.

The Highway 23 grave recovery project is moving forward. Updates are provided bi-weekly on this matter.

Fond du Lac's Tribal flag is now recognized in the Carlton County Courthouse. The flag raising was done by the FDL Honor Guards and the ceremony was well attended.

There is a lot of movement throughout our community with canoes, rice poles, and old "ricing cars." We hope to see you out on the lakes this season.

Miigwetch,

Bruce M. Savage District II Sawyer Representative (218) 393-6902 email: BruceSavage@fdlrez.com





# More Local News

## Always dreaming

#### By Zachary N. Dunaiski Photos coutesy of Alexandera Houchin

A lexandera Houchin has been very busy over the last year as she has participated in eight races, most notably the Tour Divide which started in Banff, Alberta, Canada and ends at the U.S./Mexico border in Antelope Wells, New Mexico.

Alexandera didn't just participate in the most recognized off-pavement bicycle race in America. She won the race, finishing first among female racers.

The Grand Depart,

occurring the second Friday in June, starts the 2,745 mile race but it was only a few days in when Alexandera first started to struggle.

"About ten days in, I was having a really hard day. There were really fast headwinds and I was moving uphill into that headwind in the middle of

Montana. So I called my mom and I'm like 'hey Mom I'm really struggling. I'm in first place right now and I was really stressed out,' When you're in first place you're always looking over your shoulder to see if anyone is behind you," Alexandera said about the hardest part of the race she faced.

For those who wanted to track the other riders, an app exists for smart phones. That didn't help Alexandera as she doesn't have a smart phone, but that didn't mean she couldn't get help from friends and family.

"So I didn't know where any of the racers were. I called my mom and said 'I don't know how I'm going to hold on to first place.' Then the next day I had 20 text messages from people 'you're doing so awesome' and people just started following me. And they started updating me about the woman behind me. It was so nice getting updates and having so many people following me."

Alexandera, a double major at UMD in chemistry and American Indian studies, finished the race

in just over 23 days. She set the goal for herself of 21 days, but her real goal was just to finish the race for those who supported her.

"My last bike had gotten stolen when I lived in Tucson. I don't have that much money, so I reached out to this

one company that I found called Chumba USA and they make all their frames in the United States in Austin, Texas. So I sent them an email and said my mountain bike was stolen, I have this really big goal for this year, I'm looking for someone to help me achieve that goal, here's a little bit about me and they were like sure we'll take a chance on you. They built a bike for me, and gave me a great deal on it and all they asked was that I write about it at the end. I felt really powerful and connected because it was like 'these people believe in me and they don't even know me.' So as I was racing, I thought about them a lot. So I just couldn't quit. I wasn't trying to win, I just had to do it."

After living all over the country, Alexandera wanted to come back home to her FDL roots. Even though Fond du Lac hadn't ever been home until just a few months ago, she always felt connected here.

"I'm going to move back, so I can work with my community. The southwest tribes are cool. but it's just so different. I need to live in a space where I'm from," Alexandera said about why she moved back here in January. "And after winning the tour divide I've had so many people reach out. I feel that might not have happened if I lived anywhere else. Even though I've been here just a little bit of time, I'm really invested in it and everyone seems really invested in me. It just makes me feel like this is where I belong."

Starting out as a delivery girl and a bike courier in Madison, Wisc., taught Alexandera everything she needed to be able to win the Tour Divide.

"I just followed the guys who were bike couriers around for a while and ended up getting a job as a bike messenger. We worked year round, and it's cold out there for 9 hours a day delivering stuff. That's where I got used to the bad weather and the wind and being the only one on the street delivering cupcakes or whatever. Then I thought, I could really get into this."

Bike racing wasn't enough for Alexandera who feels that she had more goals she wanted to accomplish. She wanted to do



eight races in a single year.

"I set this goal for my 28th year of life. I started with a race in Boise called the Smoke-N-Fire. It was a 460 mile ride around the Saw Tooth Mountains. I was the last female and third to last. The only two I beat were a 70 year old and this other guy who every time I passed he was splashing around in the hot springs. In May I ran a marathon with 3000 feet of climbing and it started at 5000 feet of elevation. My goal was under six hours and I finished in 5:52. Race number 3 was the Arizona trail which is a 750 mile trail that goes from the Mexican border to Utah. Race four was the Tour Divide. Race five was a 15 mile canoe race on the Wisconsin River. Then race six was the Colorado trail, which is a 525 mile race along the spine of Colorado. Pretty much the entire route is spent above 10,000 feet, but a good deal is over 12,000 feet. Race seven was the Boise Smoke-N-Fire, I placed 1st female and 11th overall. And I only have one more."

It was exhausting just hearing about her accomplishments, but it is part of her goals which is something everyone should work toward.

"I think it's important to dream. I have all these goals and dreams. So many people will tell vou 'that's not how the world works' or 'that's not real you can't do that,' but it's important to dream. It gives you something to chase. There is nothing wrong with failure as long as you get back out there and do it. I failed a lot, but I don't ever stop trying—never ever stop trying. It's that determination and persistence that we all need to dig for, find, and then keep alive within ourselves."

She truly is an amazing person and we should all strive towards our own dreams.

Alexandera also really likes to write and you can find out all of her other accomplishments by viewing her blog at alexandherrastro.wordpress.com.



# More Local News

## Fond du Lac Band reaches agreement on Line 3 pipeline

n Aug. 31, the Fond du Lac Band of Lake Superior Chippewa reached an agreement with Enbridge Energy Partners on the replacement of Line 3 through the Reservation.

"We reached this agreement after very extensive work to make sure that the construction and operation of these pipelines best protects the Fond du Lac Band's needs, rights and interests, and the community at large," said Chairman Kevin Dupuis. "Our first priority is and has always been to protect our people, our homeland, our Treaty rights, our culture, traditions, and our way of life – 'inaadiziwin.' The benefits to the Band far exceed those of potential alternatives, and the agreement was the result of months of extensive consideration and strong advocacy on behalf of the Band."

The need for this agreement was set in June, when the Minnesota Public Utilities Commission (PUC) approved Enbridge's applications for permits for Line 3. The PUC also said that they would approve a new route for Line 3 that would go outside of, but very close to,

Heritage Month

the Fond du Lac Reservation unless the Band and Enbridge reached an agreement that would allow Enbridge to place the line on the current corridor through the Reservation.

The agreement allows Replacement Line 3 to be built along the existing corridor through the Reservation with a comprehensive set of safety, environmental, economic and financial benefits to the Band. These are benefits that would not be possible if Line 3 was built outside the Reservation. The benefits include:

• Protection of important wild

rice waters, lands and natural resources in the 1854 Ceded Territory

- Removal of the old Line 3 replacing it with a safer pipe and making other needed repairs to other lines
- With the changes to the pipeline, Band members will have access to wildlife and portions of the Reservation that have been inaccessible
- Enbridge will comply with Band laws, as well as federal and state laws for environmental protection and safety
- Compensating the Band

for the costs of having the pipelines located through the Reservation

• Contracting, training and job opportunities for Band members.

The right-of-way through the Reservation will be extended by ten years from its currently scheduled expiration of 2029 – so it will end in 2039. The Band can then re-assess matters regarding the pipeline corridor in consideration of changing times and the Band's needs and priorities.

## WATCH-FACEBOOK & OUR WEBSITE FOR MORE DETAILS

## blackbearcasinoresort.com

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## Curtis & Loretta in Concert, with Fond du Lac member Peter Razor

inneapolis folk singersongwriter duo "Curtis & Loretta" will appear at the Cloquet Pubic Library on Thursday, October 25 at 10:30 am to present their program, "When There's Good to Be Done." They will be joined onstage after the concert by Fond du Lac member Peter Razor.

The award-winning husband and wife music duo gathered together a stellar cast of characters for this collection of songs. Loretta wrote about real-life people who overcame seemingly insurmountable challenges in their lives, and came out stronger for the journey. The resulting CD. "When There's Good to Be Done," is twelve story-songs of courage, resilience, kindness and determination.

There's a rich tapestry of inspiration and riveting drama offered by the people (mostly Minnesotans) she sought out to interview and write about. including Peter Razor, a Native American who endured a loveless upbringing at the State Orphanage in Owatonna. He ran away from the orphanage as boy. with two friends, to try to find his grandmother who lived near the Fond du Lac Reservation. They hopped a freight train, but were caught in Superior, Wisconsin, and sent back to the orphanage. Many, many years later he got his official

records from the State Orphanage and found his grandmother had requested to raise him, but was denied.

Loretta interviewed Peter, and wrote his song, then got back together with him to do a re-write of "Where the North Wind Blows." The free concert is one hour long, then Peter Razor will speak for half an hour, and answer questions from the audience. Peter will tell how he was able to persevere despite the abuse and bigotry he endured in the 1930s and 40s.

The other songs in the concert include a couple who married "against the odds" in 1947; a WWII veteran who survived a Kamikaze attack and helped save another man's life; a woman who grew up in poverty in Somalia and became a nurse at Mayo Clinic; a woman who donated a kidney to a little girl she'd never met; a couple raising kids on the severe end of the autism spectrum; the "Willmar 8" who went on strike to fight gender discrimination in the 70s, and more.

All the songs are crafted with Loretta's poignant story-telling style, and presented with Curtis & Loretta's signature tight vocal harmonies and array of stringed instruments, including folk harp, mandocello, guitars, and clawhammer banjo.

Cloquet will be one stop on a 22 city concert tour that Curtis

& Loretta will present across the state. It is funded in part by an Arts Tour Minnesota Grant from the Minnesota State Arts Board.

"These are amazing stories - and each song is more powerful than the last." ... Minnesota Bluegrass Magazine Curtis & Loretta in concert with Peter Razor Thursday, October 25 at 10:30 am Cloquet Public Library 320 14th St, Cloquet Free admission Info - 218-879-1531 http://www.curtisandloretta.com

<section-header>Di Construction de la construct



## Etc.

## **Scholarship News**

May the sun bring you new energy by day

May the moon softly restore you by night

May the rain wash away your worries

> May the breeze blow new strength into your being

May you walk gentle through the world and know its beauty all the days of your life. Apache Blessing

## Here are the 2017/2018 Fond du Lac Scholarship Program graduates:

Ball State University – Josyaah Budreau, Master of Arts

Bemidji State University – Tarissa Henderson, Bachelor of Science

Blackstone Career Institute – **Rachel Defoe,** Certificate, Legal Assistant/Paralegal

College of St. Scholastica – Jason Barney, Master of Education Hannah Tibbetts, Master of Social Work Randi Trotterchaude, Bachelor of Arts

Concordia University – Cassandra Williams, Associate of Arts

Fond du Lac Tribal and Community College -Jacob Barney, Associate of Arts & Associate of Science Jeroam DeFoe. Associate of Arts (Liberal Arts & Sciences), Associate of Science (Business & Financial Services), Associate of Applied Science, Small **Business Entrepreneurship** Certificate. Alex DuFault, Associate of Arts Gail DuFault, Associate of Arts Mahiala Houle. Associate of Arts Daniel Lund, Associate of Arts Arianna Northbird. Associate of Arts Mercedes Ojibway, Associate of Arts Toni Petite, Associate of Arts, Associate of Science Blair Wuollet, Associate of

Grand Canyon University – Gloria Krahn, Master of Science, Nursing

Arts

Lake Region State College – Brittany Connor, Associate of Arts

Lake Superior College – Amanda Olson, Associate of Arts

Metro State University – Grady LaRose, Bachelor of Arts Matthew Marrone-Menter, Bachelor of Arts

Normandale Community

College – Gail Chirchir, Associate of Applied Science

Scottsdale Community College – **Tina Foldesi,** Certificate, CCL Computer Info Systems Tech

University of Anchorage – Marei Benton, Master of Science, Nursing

University of Minnesota, Duluth – **Lorraine Houle**, Master of Tribal Administration & Governance **Abigail Otis**, Master of Social Work

University of Wisconsin, Milwaukee – **Tricia Denman**, Bachelor of Science

University of Wisconsin, Stout –

**Cassandra Aspinwall,** Master of Science, Applied Psychology

University of Wisconsin, Superior – James Mallery, Bachelor of Science

Congratulations to each and every graduate! We are very proud of your accomplishments. Shelley West, FDL Scholarship Director and Veronica Smith FDL Scholarship Program Assistant

## Opening on FDL Investment Committee

ATTENTION: There is an opening on the Fond du Lac Investment Committee. The committee meets quarterly to review reports with our investment managers and outside consultant. They are responsible to advise the Tribal Council on policies and strategies for all FDL investment accounts. Any Fond du Lac Band Members interested in serving on this committee should submit their name to Miyah Danielson at 1720 Big Lake Road, Cloquet, MN 55720 by Friday, October 5, 2018

## Fond du Lac Historical society

The FDLREZ Historical Society meets the second Friday of each month at the FDL Resource Management building 10 a.m. to 2 p.m. Their meetings will be continuing Oct. 12.

The other meetings will be held Nov. 9, and Dec. 14 for the rest of 2018. In 2019 the meetings will be Jan. 11, Feb. 8, March 8, Apr. 12, May 10, June 14, and as always they will have a table at the FDL Enrollee Days. If you have any questions, please contact Carol Jaakola at (218) 393-9284.

## FACE program

The Fond du Lac Family and Child Education (FACE) Program is proudly serving families in our community. The overall goals of the FACE Program continue to be:

• Support parents/primary caretakers in their role as their

child's first and most influential teacher

- Strengthen family-schoolcommunity connections
- Increase parent participation in their child's learning and expectations for academic achievement
- Support and celebrate the unique cultural and linguistic diversity of each American Indian community served by the program
- Promote lifelong learning. FACE has been designed to implement a family literacy program for the American Indian families in BIE-funded schools. Program services integrate language and culture in two settings: home and school. In the home-based setting, services are provided through the 4-component model: Personal Visits, FACE Family Circle (Group Connections), Screening, and Resource Network. In the center-based setting, services are provided through: Adult Learning, Early Childhood Education, Parent Time, and Parent and Child Together (PACT) Time.

Not only do we focus on literacy at school but we also focus on literacy in the home. All actively participating families receive age-appropriate Imagination Library books from Dollywood Foundation for their children every month from birth to five.

If you are interested in more information about our FACE Program and the people we serve, please contact us at (218) 878-7231.



## Nagaajiwanaang Genawendangig Anishinaabemowin 2018 Language Program News

**Submitted by Janis Fairbanks,** *Anishinaabemowin Coordinator* 

agwaagin (our autumn season) is off to numerous activities in the language program. Among the activities are a new display and several Ojibwe signs at the Cloquet Public Library, full moon ceremonies at Brevator Language House, facilitated by Lyz Jaakola, a new coloring book with Anishinaabemowin language, being created for Native American month. and ongoing activities to continue getting ready for the CD project sponsored by the Michigan Indian Affairs Council through Legacy funding.

**Cloquet Public Library display** was installed on Monday, September

10 and will continue through October 9. It is expected that the collaboration will continue and expand, in an effort to affirm the importance of our Ojibwe language and historical presence in our homeland. The next display scheduled for the library will be installed on April 10, 2019 and will continue through May 10, 2019. The planned exhibit will feature historical Ojibwe ceremonies and gatherings.

**Full Moon Ceremonies** will take place on or near the full moon dates. Fliers or notices will be posted on the Anishinaabemowin website at fdlrez.com, as well as posted at the community centers, Tribal college, and local community locations. The first ceremony was held on Monday night, August 27, starting at 8 p.m. and ending around 11:30 p.m. According to Lyz:

We prepare tobacco ties away from the sacred fire (Hunter is fire keeper), participants bring sacred foods so we prepare a separate dish for the Grandmother from the dishes assembled. So, when we approach the fire we bring ties, water, food, and shakers. There is a protocol that was begun with a grandmother at Three Fires Midewiwin and passed down to me via Sharon Day, Dorene Day and Roxanne DeLille (all Three Fires Midekwewag). After the ceremony, we eat the remainder of the food and visit.

Men are also welcome to attend the full moon ceremony. They are fire keepers, and are invited to share the meal after the ceremony is finished. **New coloring book** 

Work is underway to create a new bi-lingual coloring book, which will be available at special events sponsored by the Fond du Lac Ojibwe Language Program. This book will feature artwork on berries, leaves, and flowers of the woodland area, with artwork by Giwedinokwe and translations by Waasegiizhig (Zackarion LaRonge). Ideas for coloring books are encouraged and welcome, as we strive to offer materials for children to help them learn Ojibwe.

Questions or comments, please contact me at janisfairbanks@fdlrez.com



## Ever wanted to get your GED

Free classes for the General Equivalency Diploma (GED) are available to Enrollees, family members, and employees.

Classes help students work toward the skills needed to pass GED tests in four areas: language arts, social studies, mathematics, and science.

All GED testing is now done on computers, and students must begin by setting up a free account at GED.com.

At the FDL Cloquet Community Center, classes meet 5-7pm on Thursdays, in the Library classroom. Contact Peter Spooner at

(218) 390-3064 or email peterspooner@fdlrez.com for more information, or just drop in on a Thursday evening.

## How to Spot the Red Flags of Abuse

By Mallory Black (Diné)

Exploring a new relationship is an exciting time where it might seem like every moment you are learning something new about your partner's culture, family and beliefs. While you and your partner might be having fun getting to know each other, it's important to watch for certain behaviors when dating someone new. In the beginning of a relationship, it's not always easy to tell if your partner might become abusive.

It can also be hard to spot the early warning signs of abuse because every relationship is different. The one thing most abusive relationships have in common is that the abusive partner will do anything to gain power and control over their partner.

Here are some early "red flags" to look for — but know that

these behaviors can appear in a relationship at any time. Does your partner:

• Move too fast into the relationship or pressure you to commit?

- Shower you with compliments or seem "too good to be true"?
- Constantly ask where you are all the time or frequently call or text you throughout the day?
- Follow you around or show up at your home, school or work without telling you in advance?
- Pressure you to have sex before you're ready?
- Act extremely jealous or

possessive of you?

- Make jokes about your culture or put you down for being Native?
- Lose their temper with you or yell at you in private but stay calm around others?

• Insist that you "make more time for them" by spending less time with your family or friends?

- Encourage you to quit school or work, or to stop participating in activities and hobbies?
- Insist on driving you everywhere or check your car mileage when you return?
- Blame their former partners







## Etc.

for abuse in previous relationships (for example, "My ex was crazy" or "It wasn't that bad")?

Someone who acts in these ways may try to blame their partner for their own abusive behavior. No matter the reason a person chooses to abuse, it is never their partner's fault. What You Can Do

If you experience one or more of these "red flags," please call the StrongHearts Native Helpline at 1-844-7NATIVE (1-844-762-8483), Monday through Friday from 9 a.m. to 5:30 p.m. CST. Knowledgeable advocates can connect with vou one-on-one and help you figure out your options. Advocates are trained with an understanding of intimate partner violence, including spiritual or cultural abuse. Our advocates can provide support and validation, safety planning and access to resources in

your community. For more information, visit www. strongheartshelpline.org.

## Domestic Abuse Intervention

Fond du Lac Social Services will be starting the next Domestic Abuse Intervention classes for court ordered males on Oct. 18, at 2 p.m.

The sessions will be held at the Social Services Department on the lower entrance of the new facility.

Please check in at the front desk window.

## Wisdom Steps meeting

The Wisdom Steps meetings will be the last Saturday of each month in the ENP for anyone 52 + over from 10 a.m.-12 p.m.

## NOKOMIS NIBAA GIIZIS FULL MOON CEREMONY

Hosted by: Nagaajiwanaang Genawendangig Anishinaabemowin FDL Language Program Location: 111 Brevator Road, Cloquet, MN



Art by Elizabeth LaPensée Information shared with permission from Anishnawbe Health Toronto http://www.aht.ca

The moon is called Nokomis Giizis. (Grandmother Moon); great respect is given to her. For a woman it is important she knows the power of Nokomis Giizis to give her healing and balanced energy.

The ceremony Lyz Jaakola will share is from women of the Three Fires Midewiwin.

Time: 6:30pm DATES: 9/23/18 10/24/18 11/21/18 Women can ask Nokomis Giizis for direction in life, for wisdom, and for help for her children and others.

Nokomis Giizis controls all female life. Much of the water life spawns according to the cycles of the moon. When the moon is full, women may participate in a ceremony to honor and seek guidance from Nokomis Giizis. Nokomis Giizis are held in many communities every full moon to honor Nokomis Giizis and all of female life. Ceremonies are held either on the Full Moon or two days before or after the Full Moon, following Anishinaabe teachings & protocol. Women may gather in a circle, from the youngest to the oldest, representing the life journey from infancy to old age. They pray and sing. Water is prayed for and shared. Tobacco and cloth is placed in the fire, along with the sharing of feast food. The women pray for the cleansing of the earth, as the water, the lakes, rivers and oceans constitute women's responsibility. Their prayers are for continued life.



NAGAAJIWANAANG GENAWENDANGIO ANISHINAABEMOWIN



The crew that worked on the grave expansion. The story was in the Sept. 18 issue.





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OTTER CREEK FUENT CENTER

NOV



THE REPORTER

# Music by: Red Fever Band

FREE CONCERT!

ALCOHOL FREE EVENT

I Am Anishinaabe iamanishinaabe.com

Nov 1st

**NOV 30** 

Brulé Holiday Performance



NOV 17

<u>Brooke</u> SIMPSON

## **FREE CONCERT!** DOORS OPEN 6 PM | SHOW 7 PM ALCOHOL FREE EVENT

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# School News

## **Guidance** Counselor

elcome back to school. The Bureau of Indian Education (BIE) Newsletter August 2018 announced the "Every Kid in a Park Program", Interior Secretary Ryan Zinke recently authorized the "Every Kid in a Park" program for another year. Fourthgraders nationwide may now obtain

a pass for free access to all federal lands and waters. The pass is valid for the 2018-19 school year, granting entry for one student and up to three accompanying adults—or an entire car for drive-in parks—at more than 2,000 national parks, forests, wildlife refuges, and marine sanctuaries. The website offers educators and parents

a list of activities, trip planning books, safety and packing tips, and other helpful information.

Our seniors are already thinking

about the future. The high school staff took students to attend the Minnesota Education Fair at the College of St. Scholastica on Wednesday, Sept. 12 and all learned something new. Other important dates for students are listed below.

#### Important Dates:

**Oct. 3**, University of Minnesota will be here to visit and share information with the 9-12 grade.

Oct. 4 & 5: 2018 Parent Teacher Conferences Oct. 5: Midterms Oct. 8: Indigenous People's Day- Holiday Oct. 19, Manoominike Celebration and Picture retake day of you missed having your picture taken on September 14. Nov. 2: End of the Quarter

**Dec. 3**: Bemidji State University will meet with the high school

**Dec. 6**: ASVAB will be available for students in 10-12 if they are interested. *Miigwech, Vicki Oberstar, FDL Ojibwe School Counselor* 

Attendance

Ahneen/Boozhoo,

Welcome to the 2018-19 school year. Hope you all had a great summer and are now ready to get back into the routine of attending school. The attendance team would like to stress how important it is for students to attend school every day.

Attending school regularly will help the students be successful in school and later in life. We ask that the parents and guardians prepare their child for a lifetime of success by making regular school attendance a priority. This school year we are going to be awarding the students who have 95% and above, and those that make it to 100% will receive an incentive's for each quarter. We cannot wait to see those smiling faces every day.

Attendance StaffMaggie JerroldK-6Ext. 72437-12Ext. 7213

## Superintendent

### Aaniin/Boozhoo nindawemaganidok,

iindigedaa Nagaajiwanaang Ojibwe Gikinoo' amaade Wigamig (Welcome back to Fond du Lac Ojibwe School!) I hope that everyone had a relaxed and funfilled summer. The students returned on September 4, 2018. I always look forward to greeting our students back to school and feeling the excitement in the air. Our school is always trying to improve and serve our students and community. This year we have added a Work Base Learning Program for the high school students and implementing a drama program. We have expanded the music program to grades K-8. We hired Tara Dupuis as our School Wide Cultural Curriculum Coordinator to integrate more Ojibwemowin and cultural activities into our curriculum. Valerie Tanner has been hired as the Building Principal. Valerie was our Assistant Principal last year and is a wonderful addition to our staff.

Over the summer we refurbished the playground, which includes a challenge course. There were a few glitches in the beginning of the project but with the help from the FDL Project Manager, General Maintenance, and Public Works Departments, the project remained on schedule. It was awesome how everyone stepped up to make sure the students had a playground the first day of school. The Fond du Lac Ojibwe School gives a chi miigwech to those that helped with the playground project.

The school strives to work in an atmosphere of cooperation and

collaboration to provide meaningful learning opportunities, which supports student achievement and success. I would like to thank the staff, parents, community members, and school board for all of the hard work and effort that went into the excellent start we had this year. I am looking forward to another fun and exciting school year. The team at FDLOS assures families that we will do everything we can to provide a safe, happy, and nurturing environment to make sure your child's year is a memorable one.

#### **Ojibwe School Motto**

"Anokii, Nanda-gikendan, Enigok gagwe, Gashkitoon" "Work, study, strive, succeed" Anokii We attend every day, on time, and prepared.

### Nanda-gikendan

We take our work seriously and do our best.

### Enigok gagwe

We need to be healthy: Mino wiisinidaa (let's eat good) and Mino nibaa (sleep well.)

### Gashkitoon

Our goals for this school year are to increase our state academic test scores, incorporate more Ojibwemowin and cultural activities, reduce discipline referrals and most importantly build respectful relationships with our stakeholders.

Giigaawaabamin naagaj, Jennifer Murray (Johnson), Fond du Lac Ojibwe School Superintendent



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# School News

<u>Monday</u> (Ishkwaa-anama`e- giizighad)	<u>Tuesday</u> (Niizho-giizhigad)	Wednesday (Aabitoose)		
Literacy Skill Building 1 <sup>st</sup> -2 <sup>nd</sup> grade	Literacy Skill Building 1 <sup>st</sup> -2 <sup>nd</sup> grade	Literacy Skill Building 1 <sup>st</sup> -2 <sup>nd</sup> grade		
Boy's Drum Practice 1 <sup>st</sup> - 2 <sup>nd</sup> grade	Effective Homework Strategies 1 <sup>st</sup> - 3 <sup>rd</sup> grade	Effective Homework Strategies 1 <sup>st</sup> – 3 <sup>rd</sup> grade		
Art 1 <sup>st</sup> - 2 <sup>nd</sup> grade	Cooking 2 <sup>nd</sup> – 3 <sup>rd</sup> grade	Art 3 <sup>rd</sup> – 4 <sup>th</sup> grade		
Effective Homework Strategies 2 <sup>nd</sup> – 3 <sup>rd</sup> grade	Boy's Drum Practice 3 <sup>rd</sup> - 4 <sup>th</sup> grade	Walking Club 4 <sup>th</sup> & 6 <sup>th</sup> grade		
Fun in Ojibwe 3 <sup>rd</sup> - 4 <sup>th</sup> grade	Super Sports 4 <sup>th</sup> - 6 <sup>th</sup> grade	Sewing 4 <sup>th</sup> – 12 <sup>th</sup> grade		
Effective Homework Strategies 4 <sup>th</sup> – 6 <sup>th</sup> grade	Effective Homework Strategies 4 <sup>th</sup> - 6 <sup>th</sup> grade	Boy's Drum Practice 6 <sup>th</sup> - 8 <sup>th</sup> grade		
Super Sports 4 <sup>th</sup> - 6 <sup>th</sup> grade	Sewing 4 <sup>th</sup> - 6 <sup>th</sup> grade	Creative Music Listening 7 <sup>th</sup> - 12 <sup>th</sup> grade		
Sewing 4 <sup>th</sup> - 6 <sup>th</sup> grade	Environmental studies/Homework 7 <sup>th</sup> – 12 <sup>th</sup> grade	Environmental studies/Homework 7 <sup>th</sup> - 12 <sup>th</sup> grade		
Guitar 7 <sup>th</sup> - 12 <sup>th</sup> grade	Space is limited Activity list is subject to change			

1st Quarter 9/17/18 to 10/30/18

- No after school because of holiday/or early release on 10/8/18, 10/31/18
- Recruitment Week & No After School 11/5/18 to 11/9/18

 After School Office
 218-878-7239

 Front Office
 218-878-7276

## School Nurse

The following are a few tips and information for your families in regards to staying healthy and happy for the beginning of the school year.

With school in full swing, there's bound to be a few "tag-a-longs", like colds, influenza (flu), stomach flu, and strep. To help combat these sicknesses, please wash your hands often, especially before you eat, and keep your child home when they are sick and yourself, too! Also, try to avoid crowded areas where germs and viruses can spread even more. Moreover, please read the following to help differentiate between the common cold and the flu (individuals may have some or all symptoms listed):

COLD	vs.	FLU
A productive cough		A dry cough
(Hacking up mucus)		A sore throat
A sore throat		A headache
Runny/stuffy nose		Body aches, chills
Head congestion		Fever
		Weakness, fatigue
		Vomiting, diarrhea

Also, proper sleep is very important for everyone and even more so when an individual is sick. In general, children need at least 9-11 hours of sleep a night and adults should strive for 7-8 hours. For children, the proper amount of sleep ensures proper growth and development and helps them to be focused at school, sports, and other events. Assuring proper sleep also helps boost an individual's immune system which fights off viruses and other organisms that may cause sickness. Moreover, studies show that those who do not get enough sleep may come down with more sicknesses due to not giving the body enough time to rejuvenate or boost the immune system. So, please mind your Z's!

And finally, strive for well balanced meals daily with several servings of colorful fruits and vegetables. Fall is a great time to try many different varieties during harvesting time and a great way to get the many vitamins that support our immune systems. Try some new recipes and get the kids involved with cooking! I hope the school year is a success for all!

Sincerely, Tara Wolter, RN FDLOS School Nurse



Pictures are Fond du Lac School bus drivers receiving continuing education classes in addition to their annual mandatory school bus driver training



# **School News**

## Check-Connect Mentor

Suicide Awareness Memorial Walk

Students, staff, and parents from Fond du Lac Ojibwe School will participate in the 10th Annual Suicide Awareness Memorial Walk on Oct. 13.

This event is held to remember loved ones lost to suicide and to educate for suicide prevention. Hundreds of community members will walk through Carlton, Minn., starting at the high school, with banners, ribbons, and special t-shirts to show support for mental health and suicide awareness. This is the third vear our students have taken time out of their Saturday morning to learn more about this sensitive topic that is hard to talk about. If interested in more information, please call Maria Viebahn at (218) 878-7256.

## Cultural Coordinator

Boozhoo! My name is Tara Dupuis. I am the Cultural Curriculum Coordinator. I am happy to see the students returning to school. I am looking forward to a fun filled school year. We have a lot of things coming up here at the Ojibwe School.

Friday, Oct. 19 1 p.m. is the Pokey Paro Ojibwe School Powwow. We will be accepting applications for the Princess/ Brave contest until Oct. 12. This year we plan to get a few students out ricing (Manoominike). Our elementary students have been working on manoominike words and learning the finishing manoomin process. Throughout the school year I am planning to have several different cultural events taking place.

I am open to parent/family/ student ideas on cultural events they would like to see here at the Fond du Lac Ojibwe School. You can contact me by email taradupuis@fdlrez.com. I do not have a phone extension at this time but if you call the front desk they will take a message. Miigwech!

## Grade One – Mrs. Sautbine's Class

Greetings! Aaniin! Boozhoo! Grade one has started off beautifully this school year! We have 12 students in our class; we fit just right in our classroom. We have 6 boys and 6 girls in our class. I am in my 25th year in Education. How time flies when you are having fun! Ms. Sierra Barney is our paraprofessional this school year. She was with the students in Kindergarten also! We are lucky to have her in our room helping us!

This year my classroom theme is; "Proud of whom we are!" We are working toward making our classroom a traditional Anishinaabe learning environment. We will be getting a mini canoe in our Reading Area soon. Students will be able to lounge in the canoe and read a good book! We are working on labeling and using a lot more of the Anishinaabemowin in our classroom. We have worked hard on learning the classroom rules, school rules, and the consequences that go along with the rules. It is always a learning experience when you go into a new classroom. We look forward to a fabulous year of learning who we are and being proud of who we are in Grade One!

## 2nd grade Teacher -Meredith Martin

Here's a snapshot of what's happening in 2nd grade...

Second graders at the Fond du Lac Ojibwe School are well on their way to a fun-filled and exciting year of learning. We will continue our sustainability efforts with worm composting. Along with Shannon Judd, from FDL Environmental, second graders will be feeding the worms some of the leftover food from our school lunches to cut down on waste. We will also be visiting the FDL Assisted Living complex where we meet and build positive relationships with our community Elders.

This year we made an exciting purchase of new Ojibwe story books that we will be incorporating into our regular Language Arts curriculum. During ricing season we will try out a recipe for making a breakfast dish out of Manoomin and in the spring, we will also visit a local sugar bush where we will participate in the sugar bush harvest. It's going to be a great year to be a 2nd grader!

## 3rd grade Teacher: Cortnee Defoe

"Hip Hip Hooray, it's back to school! Come in from the park! Come in from the pool! Gather your pencils, your paper, your glue. There's lots of fun learning we are going to do. I'll be there to greet you with a smile on my face. You will see that school is a very nice place." - Author unknown

Boozhoo, I would just like to welcome everyone back to school this September especially my new third graders. We will be studying citizenship in social studies and how to contribute to a community in a positive way. We will be working on building a classroom community. In science we will start by studying plants, animals, and their environments. We will be reading several stories, and breaking them down to understand genre, sequence, and author's purpose. In my classroom we will also be doing various activities to build a love of learning.

## 6th grade teacher: Kathleen Garsow

Boozhoo! I would like to welcome all sixth graders back to class! This year we will work hard to get ready to meet the expectations demanded of us on our journey into the high school. We will set goals for ourselves and learn what it takes to meet them. In order to meet our goals we will first learn the routine for each of our subject areas.

The subject areas include the Wonders program in reading, and the Envisions math program. Our students are familiar with both. In social studies, the students will learn all about Minnesota using the Northern Lights-The Stories of Minnesota's Past program. This is an exciting book that embeds the Minnesota state standards for civics, economics, geography, and Ojibwe culture.

The Minnesota Standards for sixth graders is all about physical science. Students will spend the year learning about science and technology, chemistry, forces and energy, and light and sound.

I am looking forward to an exciting new year with many wonderful things happening! I hope you are too! ~ Kathleen Garsow

## 7-12 Math Teacher: Nissa Benedict

Boozhoo! In high school math we are again using iPads to get all our assignments done. So far, everyone is doing great! In May, we will be having a math fair this year! All students 7 – 11 will use math from their math class to come up with a project specific to the Reservation. The fair will be open to guardians and community, so keep an eye out for more information as spring approaches.



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# School News

### **Gifted and Talented**

Boozhoo – My name is Sharon Belanger and I am the Gifted and Talented Coordinator for the Fond du Lac Ojibwe School. This year I have several coaches working with the students to help them develop their gifts and talents. Jodi Lockling is working with the students whose gifts are in the Performing Arts area. During the year these students will have the opportunity to attend several events to showcase their skills. The Ojibwe School will be hosting the "Pokey Paro School Powwow" in October. At that time we will hold the Princess and Brave contest. The Princesses and Braves will represent our school and their community. The drummers will also be able to drum on Mondays and Fridays during opening and closing, plus any events that the school drum is invited to.

November is Native American History month and our students will be involved in those activities as well. These activities will help the students improve their performing arts skills.

Julia Lintgen will be working with students whose gifts are in the Academic Achievement area. During the year students will be involved in a variety of activities from reading their essays during the Veteran's Day celebration to decorating baskets for the Elder' holiday party. They will work with staff to explore creative ways to engage in reading during February's "I Love to Read" month. Some of the older students will be visiting colleges and universities. Also students will work with staff to plan field trips aligned with their own strengths and interests. This is how they will enhance their academic performance.

Danielle Dupuis will be working with students whose gifts are in the creativity area. They will be attending numerous plays including A Midsummer Night's Dream, Anne Frank, and Romeo & Juliet. They will also be viewing nonconventional movies as a means of exploring film-making. In addition, they will be attending poetry and writing workshops in order to improve and expand the students' creativity with written language. This is how these students will further develop their creative talents. Nissa Benedict will be working with students whose gifts are in the leadership area. These students will be planning and fundraising for school wide events such as Prom and field trips, possibly even an end of the year Valley Fair trip. They will also be opening a school store and selling school gear at basketball games. Additionally they are planning various service learning events such as volunteering at Bentleyville for an evening. These activities will further expand the students' leadership capabilities.

Jill Goodreau will be working with students in the area of visual arts. In the high school, students will be going to a symphony, The Pottery Burn, an art museum, and a play. Each student will have a large. year long, art project that is based on their own unique blend of interests, strengths, and talents. The elementary students will also go to an art museum and the pottery burn. They will work on several smaller art projects to explore various mediums and styles of artistic expression. This is how these students will enhance their artistic talents.

I am very excited about all the wonderful activities our students will have the opportunity to be involved in this school year. If anyone would like further information about the Fond du Lac Ojibwe School's Gifted and Talented program please feel free to contact Sharon Belanger at (218) 878-7274 or sharonbelanger@fdlrez.com. Miigwech

## **Ojibwe Language**

Boozhoo! Jodie Lockling nindizhnikaaz (is my name). Ginew nindoodem (Golden eagle is my clan). Fond du Lac Ojibwe school nindanokii (is where I work), niminwendaan anokiyaan imaa (I am glad to work there).

This is my ninth year teaching at the Ojibwe School and my 5th year teaching Ojibwemowin to students. This year I am honored to be working with 2nd-6th grade students. We are just wrapping up our unit on Manoominike and will be moving on to basic phrases and following directions in Ojibwemowin. We will also be learning about other Dagwaagin activities and preparing for our school powwow on October 19th. ~ Miss Jodie

## Ojibwemowin classes

Aaniin, Sid Kellar indizhinikaaz. AAjijaak nindodem. Odaawaa Zaaga'iganing indoonjibaa. Nimiidana-shi-ishwaaswi indaaso-biboonagiz. Niminwendam anokiiyan omaa, Nagaajiwanong Fond du Lac Ojibwe Schooling.

Hi, my name is Sid Kellar. My clan is Crane and I am from Lac Courte O'reilles. I am 48 years old am glad to be working here at the Fond du Lac Ojibwe School.

Before I moved here I did a brief stint in the Bingo Hall at the LCO Casino and before that I worked at WOJB radio. I know that reception hasn't been great lately, but sometimes it still comes in on my car radio here.

This month the high school Ojibwemowin classes have been reviewing topics that many students have covered before, including; weather words, numbers, colors, and animals. Students who are learning this vocabulary for the first time will pick up phrases and sentences like; "It is raining." gimiwan

Ojibwe language learners who are comfortable with the weather sentences should be able to start asking "What's happening outside?" Aaniin ezhiwebak agwajiing?

With these two sentences students are already speaking conversational Ojibwe. It is great when community members are able to ask and answer this question so that we can practice speaking outside of school. Saying "gimiwan" only makes sense when it's rainy, but students will continue to add weather words as the seasons change.

## Fond du Lac Ojibwe School Asbestos Notification

As a result of federal legislation, the Asbestos Hazard Emergency Response Act (AHERA), each primary and secondary school in the nation is required to complete a plan of management for all asbestos-containing building materials. The Fond du Lac Ojibwe School's goal is to be in full compliance with this law and is following the spirit, as well as the letter, of the law. As a matter of policy, the Fond du Lac Oiibwe School shall continue to maintain a safe and healthful environment for our community's youth and employees.

In keeping with this legislation, all eight buildings (including portables and October 2018 | Nah gah chi wa nong • Di bah ji mowin nan | Page 17

# **School News**

support buildings) owned by the Fond du Lac Band were constructed and certified to be free of asbestos materials.

The Fond du Lac Ojibwe School's Asbestos Management Plan is available for review at the school (49 University Road, Cloquet MN 55720). Copies are available at no cost. Questions related to AHERA should be directed to Dan Anderson, designated Asbestos Program Manager at (218) 878-7259.

## Fond du Lac Ojibwe School Parent and Family Engagement Policy

In support of strengthening student academic achievement, each school that receives Title I, Part A funds must develop jointly with, agree on with, and distribute to, parents of participating children a written parental involvement policy that contains information required by section 1116 of the Every Student Succeeds Act (ESSA) (School Parent and Family Engagement policy). General Expectations

The Fond du Lac Ojibwe School agrees to implement the following statutory requirements:

Consistent with section 1116, the school will work to ensure that the required school level parental involvement policies meet the requirements of section 1116 of the ESSA, and each include, as a component,

## Sports

## FDL Cross Country

The third season of the Fond du Lac Ojibwe School's Cross Country program is underway and the team has participated in two meets already across the Northland and will be competing in five more meets before the Section 7A meet at the end of October. Two of the meets are among the largest in the state, with the Milaca Mega Meet on Sept. 22, and the Swain Invitational in Duluth on Oct. 6. The team currently consists of about 10 boys and girls.

<u>Day</u>	Date	<u>JV/</u> <u>Var</u>	<u>Time</u>	Opponent	<u>Location</u>	<u>Bus</u> <u>Departure</u>
Thursday	Sept. 6	JV/ Var.	4:00 PM	Greenway/NK	AWAY	1:20 PM
Thursday	Sept. 13	JV/ Var.	3:30 PM	Eveleth/Gilbert	AWAY	1:45 PM
Tuesday	Sept. 18	JV/ Var.	4:00 PM	Grand Rapids	AWAY	2:00 PM
Saturday	Sept. 22	JV/ Var.	10:00 AM	Milaca Mega Meet	AWAY	7:00 AM
Thursday	Sept. 27	JV/ Var.	4:00 PM	Hibbing	AWAY	1:20 PM
Saturday	Oct. 6	JV/ Var.	10:00 AM	Swain Invitational	AWAY	8:00 AM
Tuesday	Oct. 16	JV/ Var.	4:00 PM	Proctor Loins Invitational	AWAY	2:30 PM
		11 & Noon	Cloquet Golf Course Section 7A Finals	AWAY	10:00 AM	

a school-parent compact consistent with section 1116(b) of the ESSA.

The school will notify parents/family of the policy in an understandable and uniform format and, to the extent practicable, in a language the parents can understand. The policy will be made available to the local community and updated periodically to meet the changing needs of parents and the school.

In carrying out the Title I, Part A, parental involvement requirements, to the extent practicable, the school will provide full opportunities for the participation of parents with who are economically disadvantaged, limited English proficiency, limited literacy, parents with disabilities, and or are of any racial or ethnic minority background including providing information and school reports required under section 1111 of the ESSA in an understandable and uniform format and including alternative formats upon request and, to the extent practicable, in language parents understand. If the school-wide program plan for Title I, Part A, developed under section 1114(b) of the ESSA, is not satisfactory to the parents of participating children, the school will submit any parent comments with the plan when the school submits the plan to the local educational agency (BIE school).

The school will involve the parents of children served



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# School News

in Title I, Part A schools in decisions about how the 1 percent of Title I, Part A funds reserved for parental involvement is spent, and will ensure that not less than 90 percent of the 1 percent reserved goes directly to the schools.

The school will build its own and the parent's capacity for strong parental involvement, in order to ensure effective involvement of parents and to support a partnership among the school, parents, and the community to improve student academic achievement.

The entire policy can be viewed on the Ojibwe School webpage at www.fdlrezk12. com.

## Fond du Lac **Oiibwe School** Environmental Management System

It is the policy of the Fond du Lac Ojibwe School to:

- Implement and maintain **Environmental Management** Systems (EMS) as the primary management approach for school operations and activities
- Comply with all applicable Federal, State, local and Tribal environmental laws and regulations
- Implement sustainable practices for energy efficiency, greenhouse gas emission reduction, renewable energy, water

conservation, pollution and waste minimization. recycling, reduction or elimination of use of toxic or hazardous chemicals petroleum products-use reduction, and green purchasing among others Integrate environmental, economic, and social considerations into mission activities to create sustainable, continuously improving and efficient operations. The Fond du Lac

Ojibwe School follows all **Environmental Management** Systems policies and procedures and posts relevant documentation on the Bureau of Indian Education-EMS SharePoint website.

## Parent's Right to **View Teacher Oualifications**

We are very proud of our teachers at the Fond du Lac Ojibwe School and feel they are qualified and prepared to give your child a high-quality education. As the parent of a student at the Fond du Lac Ojibwe School you have the right to know the professional qualifications of the teachers who instruct your child. The Every Student Succeeds Act (ESSA) gives you the right to ask for the following information about each of

- vour classroom teachers:
- Whether the teacher met state qualifications and certification requirements for

the grade level and subject he/she is teaching

- Whether the teacher received an emergency or conditional certificate through which state qualifications were waived
- What undergraduate or graduate degrees the teacher holds, including graduate certificates and additional degrees, and major(s) or area(s) of concentration. You may also ask whether vour child receives help from a paraprofessional. If your child receives this assistance, we can provide you with information about the paraprofessional's qualifications.

Our staff is committed to helping your child develop the academic knowledge and critical thinking he/she needs to succeed in school and beyond. That commitment includes making sure that all of our teachers and paraprofessionals are highly skilled.

If you have any questions about your child's assignment to a teacher or paraprofessional, please contact Principal Valerie Tanner at (218) 878-7284.

## MEETING NOTICE

School Year 2018-19 Annual Title I Meeting to be held October 19, 2018 The Fond du Lac Ojibwe School Title I Annual Parent Meeting will be held during the Manoominike Celebration on Friday, October 19, 2018 at the school. Title I Program information will be available and staff will be present to answer any questions.

## Aspiring Entrepreneur or Small Business Owner?

NATIVE AMERICAN ENTREPRENEURIAL

EMPOWERNENT WORKSHOP

Attend a Free Small Business Development Workshop in Cloquet, Minnesota!

Training by RedWind in Partnership with the Minnesota Indigenous Business Alliance (MNIBA) and Fond du Lac Planning

- FREE 2-Day Native American Entrepreneurial Empowerment Workshop
- Thursday, November 1<sup>st</sup> & Friday, November 2<sup>nd</sup> (9am-4pm)
- At the Fond du Lac Tribal and Community Center (Community Room #1420) – 1720 Big Lake Road, Cloquet, MN 55720
- Class materials & refreshments provided
- Check out the Workshop Experience at: http://www.nativesmallbusiness.org/inside the workshop

To register contact: Jamie Adams, Fond du Lac Planning, 218-878-2631, jamieadams@fdlrez.com or Pamela Standing, 218-850-8364, info@mniba.org.

#### Or register on-line at: tp://www.nativesmallbusiness.org/minnesota 2018

Native American Entrepreneurial Empowerment Workshops are









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# **School News**

## 2018-19 Ojibwe School Improvements

#### By Dan Anderson

Grants and Accountability Manager

here are many visible improvements at the Ojibwe School as we begin the 2018-19 school vear. All parking lots along with the school access road have been repaved. Sidewalks and curbs and gutters were replaced/repaired, and a new ADA sidewalk and ramp was installed at the south exits. The new electronic sign was installed in August, much to the relief of Schoolwide Activities Coordinator Maria Defoe. For vears, Maria changed the letters manually for us through rain, wind, snow, and cold. Thanks Maria! Tile was replaced in the main corridors around the shell of the turtle as well as the student commons and several classrooms. Security

improvements include

amplified speakers and strobes in the "loud" areas (cafeteria and gym) so students and staff will be aware of emergency announcements.

Still to come this fall: 100 fluorescent light fixtures will be replaced with energy efficient LED lights throughout the school with assets left over from the NORESCO energy project, cafeteria and commons tables will be replaced, and the loading dock will be repaired. Facilities improvement will continue in 2019:

- Gym bleacher replacement
- Ojibwe School roof repair
- FACE buildings and school garage roof replacement
- Window replacement on the FACE buildings
- Classroom door replacement due to ADA citations from the annual BIA safety inspection
- Security fence around the LP tank near the concessions building
- Tile will be replaced in

several more classrooms and the corridor from the cafeteria to the concessions area. Our excellent maintenance team works very hard each summer to prepare for the new school year. They deserve credit for the fine compliments we receive from visitors on the condition of our building. Chi Miigwech to Devon Simpson, Mike, Olson, Wayde Heitala, and to Tommy Aho who painted classroom and corridor walls throughout the school this past summer.

We would like to thank Planning Director Jason Hollinday for leading the USDA grant assistance for the electronic sign project, and Construction Projects Manager Mike Murray and Naomi Northrup/Administrative Assistant, for their assistance with our various construction projects.

## Suicide Awareness Memorial Walk

DATE: Saturday, October 13, 2018

### TIME: 9:30-11:30AM

(Registration begins at 9:30AM at Carlton High School, walk at 10:00AM)

<u>START/FINISH</u>: Carlton High School, Carlton, MN

> WALK: Approx. 35 minutes (beginning and ending at the school)

SPEAKER: Cassie Diver, Parent Survivor

(Speaker will share after participants return from the walk)

Come join us for our 10<sup>th</sup> Annual Suicide Awareness Memorial Walk in memory of loved ones lost to suicide and for the awareness and education towards prevention. (This is not a fundraiser)

Optional QPR (Question, Persuade, Refer) Training 12-1pm

Questions? Contact Meghann Levitt at 218-879-4511



## 1847 Treaty Signed at the Old Village of Fond du Lac and Hole-in-the-Day

Research by Christine Carlson

This Treaty and the Old Village of Fond du Lac This Treaty is significant because it was signed at the old village in Western Duluth. The first Treaty signed at this ancient village was the Treaty of 1826. A story about this 1826 Treaty can be found by going to the Fond du Lac homepage, go to Media and then to Newspapers. It is archived by the date of August 2016.

#### This Treaty of 1847 has been Excluded

This Treaty has been excluded in some of the Treaty Guides. It is not as important as some others but should have its place in the history of Fond du Lac.

#### Fond du Lac Treaty of 1847

The Treaty was signed by these Fond du Lac chiefs: Shingoob, (Balsam) First Chief, Nuganub, (One who sits ahead) Second Chief and Mongosit, (Loon's Foot) Third Chief.

Animesung (The last flash of lightening) signed as first warrior; other Fond du Lac signers Manidoo-giziswens (Little Sun Spirit); Manidoo-giizhig (Sky Spirit); Ojauneemauson; Miskwaadesi (Painted Turtle); Nabane-grizhig (One Side of Sky); Un-nauwaubundaun; Pautaubay; Migizi (Eagle)

#### Half-Bloods and Mixed Bloods Included in this Treaty

A feature of this Treaty is that the half or mixed bloods living with the Band shall be considered Chippewa Indians. They therefore can participate in the annuities.

The following signed as halfbreeds: Vincent Roy-Chief; Jean Baptiste Cadott-Warrior; Simon Sayre-Second Chief; John Baptiste Roy-Warrior; Michael Bashena, Luizon Godin, John Sayre, Alexis Corbin, Lueson

Corbin-Chief, and Joseph Montrail.

#### **Payment Policy**

Under the patriarchal form of Indian policy, each living member of the Band is entitled to a proportionate share of the goods of the public or joint property at the time the payments are received. Each year a new up-dated list is made of the Band's families and individuals.

## Forms of Payment at the Treaty Signing

Here is a list of goods: Blankets-One to each person, age and sex determining size and quality; but where the family exceeds four in number, one additional to each family.

Calico and Linsey–(A dictionary definition of linsey is a coarse fabric woven from linen warp and coarse wool filling or any mixture of poor quality.) Two yards to each person.

Scarlet cloth–About threeeighths yards to each person.

Cotton Shawls, flannel shirts, kettles, gunworms (no definition found), combs, fire steels, scissors, butcher's knives, awls, tin cups, and tin pans-One to each family.

Gunpowder, shot, and flints-To families having adult males in proportion to number. Guns-Only to such as the

Chiefs designate.

Cloth blankets–One to a family of less than seven members; two to larger families.

The other dry goods, such as ribbons, gaitering (a covering of leather worn over the shoe), sewing silk, linen thread, needles, leggings, breeching, etc. are divided on similar principals, as well as the provisions consisting of flour, corn and salt meat. The total cost of these goods, as appears by the several contractors' accounts in the agent's office is \$34,066, which is understood to include a balance due last year. The cash which is in silver amounts may be four dollars per capita.

#### Indian Treaties – Information from the Daily Wisconsin of September of 1847

The Daily Wisconsin states some particulars of a treaty recently concluded with the Chippewa and Pillager Indians, in the territory of Minnesota. The following are the boundaries of the lands which have been ceded to the United States by these two Indian tribes.

The first treaty was concluded at Fond du Lac, at Lake Superior, on the 2nd of August, 1847 with the Chippewas of Lake Superior and the Mississippi. The land purchased is bounded by the east by the Mississippi river, on the north by the Crow Wing and Long Prairie rivers, on the west by the boundary line between the Sioux and Chippewas, and on the south by the Watab river. This land is to be the future home of the Winnebagoes.

The second treaty was concluded at Leech Lake, August 21st, 1847 with the Pillager Indians. This purchase is adjoining the tract purchased of the Chippewas, and lying between Long Prairie and Leaf rivers.

## Pognonegizhik – Ely Diary of 1838

Sept. 4 – 1838 Simon Sayer arrived last evening from LaPointe nothing new concerning the Treaty; he states that "Nodin" of Snake river arrived at La Pointe six days since with word that Pognonegizhik, the Crow River Chief was killed recently at St. Peters by a Sioux Indian.

## Did History forget the first Hole in the Day?

The Ely Diary from above, stated that in 1838 Pognonegizhik was killed. I wonder why this man was not called Hole in the Day I?

#### More information on Hole-inthe-Day I – Father and Son

The old chief Hole-in-the-Day was killed in the spring of 1847 while crossing the Platte River. He was buried by his own wishes on a high bluff a short distance from Little Falls where he could be close to the Mississippi Valley.

#### Introducing Kwi-wi-sence or "The Boy" or Hole-in-the-Day II

Kwi-wi-sence was born about 1828 and his mother was the daughter Ka-ta-we-be-da or Broken Tooth.

#### Wisconsin Historical Collections Volume V.

The first appearance of the vounger Hole-in-the-Day in public council was at Fond du Lac, Wisconsin, July, 1847. (Minnesota was not admitted to Statehood until 1848). At that time the Upper Country of the Mississippi, extending to Lake Superior, was owned by the Chippewas of Lake Superior and the Chippewas of the Mississippi. The Chippewas of Lake Superior were represented in force. The Chippewas of the Mississippi headed by Hole-in-the-Day, owning to the great distance they had to travel, had but a small delegation in attendance. Hole-inthe Day was late in reaching the council ground.

The terms of the treaty were concluded between the Commissioners and young Holein-the-Day alone. The latter, after this was done withdrew and sent word to the chiefs of the Mississippi and Lake Superior bands to go and sign it. After it had been duly signed by the Commissioners, the chief head men and warriors, and witnesses by the interpreters and other persons present, Hole-in-the-Day, who had not been present at those little formalities, called upon the Commissioners, with two of his attendant chiefs, and appended to the treaty the following words:

"Fathers: The country our Great Father send you to purchase belongs to me. It was once my father's. He took it from the Sioux. He, by his bravery, made himself the head chief of the Chippewa nation. I am a greater man than my father was, for I am as brave as he was, and on mv mother's side I am hereditarv head chief of the nation. The land vou want belongs to me. If I sav sell, he will do without it. These Indians that you see behind me have nothing to say about it.

I approve of this treaty and consent to the same. Fond du Lac, August 3d, 1847. PO-GO-NE-SHIK, or HOLE-IN-THE-DAY, his X mark."

#### Grief and the Arrogance of Youth – The Mistakes of the Young and Foolish

Kwe-we-sence or Hole-in-the Day II was young and grieving at the death of his father to assassins just two months before the 1847 Treaty at Fond du Lac. This was his first public appearance for his people and he had much to learn.

#### **Treaty Concluded**

The negotiations continued until August 2, at Fond du Lac, when a Treaty was concluded for the sale of the tract desired which received the signatures of more than sixty Chiefs, head men, and warriors of the nation and on the following day August 3, having been confirmed by Que-we-sans (the Boy) the hereditary principal Chief of the Chippeways, the council closed, and the Treaty was forwarded to Washington for ratification.

# FDL Law Enforcement news

## The following is a summary of about one month of select police reports

- Aug. 1 Report of a residence's front window being broken by a BB gun
- Aug. 2 Vehicle was observed losing part of their load, the driver was stopped and advised and then officers assisted the driver in retrieving the property that had fallen off their truck
- Aug. 3 Report of a domestic assault, one individual was arrested and taken to jail
- Aug. 4 Report of an intoxicated individual causing a disturbance at a residence, the individual was located and brought to jail
- Aug. 5 Report of an individual overdosing, the individual was given Narcan and later transferred to the hospital to get checked out further
- Aug. 6 Driver stopped and given a warning for their speed
- Aug. 7 Officers assisted a motorist with changing their flat tire
- Aug. 8 Report of a washing machine blocking the roadway, the washing machine was moved off the roadway
- Aug. 9 Traffic stop conducted on vehicle, one individual was arrested for possession of methamphetamine as well as other controlled substances
- Aug. 10 Report of 3 horses walking down the roadway, the owner was located and the horses were returned
- Aug. 11 Vehicle was observed crossing the fog line multiple times, the vehicle was stopped and the driver was warned for their driving conduct
- Aug. 12 Report of a loud party, the host of the party was cited for underage

consumption

- Aug. 13 Report of a trespassed individual at the Black Bear Casino and Resort (BBCR), the individual was given their first warning and advised they would be issued a citation or possibly arrested if they returned to the property
- Aug. 14 Report of a possible drug overdose at BBCR, one individual was taken to the hospital and the other occupants of the room were evicted from casino property
- Aug. 15 Report of an intoxicated individual lying in a backyard, the individual was taken to detox
- Aug. 16 Driver stopped and issued a citation for 85 MPH in a 60 MPH zone
- Aug. 17 Report of a dog running loose with injuries to its neck, the owner signed the dog over and it was taken to the shelter for treatment; the owner was cited for animal cruelty and for the animal running at large
- Aug. 18 Report of a motor vehicle accident with a dog, the owner was located and advised of deceased dog
- Aug. 19 Driver stopped for driving conduct and given a warning for inattentive driving
- Aug. 20 Driver stopped and advised they had a driver's side headlight out
- Aug. 21 Report of suspicious activity, upon contact with the suspects officers observed an empty bindle and grinder in plain view, after completing a search one individual was arrested for possession of a controlled substance
- Aug. 22 Report of bones being

found in one of the gravel pits, turns out the bones were from a deer

- Aug. 23 Report of someone driving an ATV through a neighborhood and knocking over peoples garbage cans
- Aug. 24 Report of a dog in a neighbor's yard, the owner of the dog was advised to keep the dog contained
- Aug. 25 Report of an individual yelling and making threats, the individual was located and arrested for disorderly conduct
- Aug. 26 Report of an unwanted individual at a residence, the individual was cited for trespassing and warned that if they return to the property they would be arrested for trespassing
- Aug. 27 Report of an individual who was trespassed from the BBCR being on property, the individual was issued a citation for trespassing

- Aug. 28 Report of an individual stealing the neighbors electricity by running an extension cord across the property, the individual was charged with damage to property, trespassing, and theft
- Aug. 29 Report of someone taking things out of a boarded up residence, turned out to be day laborer and they had permission to do it
- Aug. 30 Report of an unwanted individual, individual was moving their belongings out and officers stood by until they finished and left the property
- Aug. 31 Report of a vehicle in the ditch, the owner was contacted and they informed officers that they had attempted to turn around and went too far and ended up in the ditch but they had made arrangements to get the vehicle out.

## Legal notice

The following is a list of Band members who have monies in trust with the Fond du Lac Band. We are requesting the Band member, or his/ her heirs, if the Band member is deceased, contact the Fond du Lac Legal Affairs Office at 218-878-2632 or toll-free at 1-800-365-1613, to assist the Band in distributing the trust monies. Unless a personal data form or heirship application has been filed with this office within one year of this notice, the identified funds will revert back to the Fond du Lac Band. \*The one year period commences with the first publication.

## BAND MEMBERS WITH UNCLAIMED PER CAPITA ACCOUNTS:

AITKIN, James ANKERSTROM, Arthur BARTEN, Charles CICHY, Gerard CICHY, Leslie DEFOE, Richard FARRELL, Margo HANSON, Jeffrev KITSON, Patricia KUCHERA (DAHLBERG), Lucinda LAFAVE, Harry LAFAVE, Kenneth LAPRAIRIE, Robert MARZINSKE, Larry PEACOCK, Thomas B. SAVAGE, Mark SAVAGE, Torrence SHABAIASH, Rodney SOULIER, Gary TEAL, Tammie

H.CHI-WA DID YOU ERNST, Julia **KNOW**? FORD CU LAC **The Tribal Court** handles Small Claims RESERVATION Complaints. The Tribal Court is located in the Resource Management & Tribal Contact the Court Clerk for Court Building at 28 requirements. University Road Fond du Lac Band of Lake Superior Chippewa **Tribal Court** Phone: 218-878-7151 Mailing Address: 1720 Big Lake Road Fax: 218-878-7169 Cloquet, MN 55720 Hours: Mon-Fri 9:00-4:00 Visit the Court is website at http://www.fdlrez.com/government/courtmain.htm



# **Health News**

## October is Breast Cancer Awareness Month By Denise Houle

reast cancer is the most common cancer among American women, except for skin cancers. About 1 in 8 (12%) women in the US will develop invasive breast cancer during their lifetime. Breast cancer is the second leading cause of cancer death in women (Only lung cancer kills more women each year.). The chance that a woman will die from breast cancer is about 1 in 36 (about 3%). Women who use oral contraceptives or Depo-Provera shot have a slightly higher risk for developing breast cancer. Hormones can play a role in the increase of developing breast cancer. American Indians living in the Northern Plains region have a much higher cancer related death rate than the general population.

Breast cancer screening with regular mammograms can detect breast cancer in its earliest stages before physical signs & symptoms appear.

Signs & symptoms include swelling of the breast, skin irritation or dimpling, breast or nipple pain, redness, scaliness, or thickening of the nipple or breast skin, nipple retraction and nipple discharge (other than breast milk).

Risk factors that CAN'T be changed are: being a woman, aging, history or race. Women who have a blood relative or firstdegree relative (mother, sister or daughter) doubles a women's risk or having 2 first degree relatives increases the risk 3-fold for developing breast cancer.

Good News! There are some risk factors that CAN be changed such as: quitting smoking-(or better yet-don't start), no alcohol use (drinking alcohol is clearly linked to an increased risk of developing breast cancer), eating a healthier diet, and increasing your physical activity.

Sources: American Cancer Society www. cancer.org

Always remember to consult your healthcare provider with any questions or concerns.

A message from your Fond du Lac Cancer Prevention Program

## Taking Care of Your Vision

Diabetic retinopathy is the most common eye disease for people with diabetes and the leading cause of blindness in working-age adults. The risk is greater for those who have had diabetes for a long time and those with higher glucose levels, blood pressure, and cholesterol.

The best way to preserve your vision is to manage your blood glucose. Here are seven things you can do to lower your risk of developing retinopathy.

- 1. Manage your blood glucose; keep your A1C (an overall measure of blood glucose control) in your target range
- 2. Visit your eye doctor regularly; having a dilated eye exam can

detect signs of retinopathy and get treatment started if necessary; if you haven't had your dilated eye exam in the past year, call (218) 879-1227 and ask for optical to schedule an appointment

- 3. Manage your blood lipids; keep your cholesterol and triglycerides in your target range
- 4. Manage your blood pressure; keeping your blood pressure at 140/80 mmHg or lower has been shown to decrease retinopathy from progressing in people with type 2 diabetes
- 5. Avoid extreme and frequent blood glucose highs and lows, which can happen even if your A1C is within target range

- 6. Protect your eyes; maintain good eye protection habits, such as wearing sunglasses to reduce UV light exposure and taking a multivitamin that contains vitamin C, Vitamin E, betacarotene, and zinc
- Learn more; take part in a diabetes education class or program to get answers to your diabetes questions and gain knowledge, skills, and confidence you need to take charge of your health.

The clinic is offering Living Well with Diabetes, on Tuesdays from 1-3 p.m. at the Black Bear starting Oct. 9 through Nov. 12. Lunch will be provided. Call (218) 878-2141 to register.

## Flu vaccine

et your flu vaccine before flu begins spreading in the community. Call the clinic at (218) 878-2190 to schedule a nurse visit to get vaccinated. Anyone 6 months of age and older should get a flu vaccine every flu season. Reasons to get a flu shot:

- American Indians/Alaska Natives (AI/AN) are at high risk for flu complications
- Flu is a leading cause of pneumonia
- Flu and pneumonia rank among the top 10 causes of death for AI/ANs
- AI/AN are more likely to die from pneumonia and flu than other races
- The flu poses greater risk to young children, elders, pregnant women, and people with diabetes, obesity, heart disease, asthma or lung problems
- Even if you are healthy, getting your flu shot can protect those around you, such as elders and young children from being exposed to the flu virus.

In addition to getting a seasonal flu vaccine, you can take every day preventative actions like staying away from sick people and washing your hands to reduce the spread of germs. If you are sick with flu, stay home from work or school to prevent spreading flu to others.

# Domestic Violence Vigil

Come join us to honor the fallen and the survivors of domestic violence.

> Tuesday, October 23, 2018 ENP Room Fond du Lac Community Center 5pm - 7pm

Round Dance, Pipe Ceremony, Speakers Snacks & Cake



# **Health News**

## A healthier Halloween

Halloween, according to Google, is commonly celebrated by children who dress in costumes and solicit candy or other treats door-to-door. Many families choose to celebrate Halloween. Too much candy and goodies can lead to extra calories and weight gain. Being overweight or obese increases the risk for certain cancers and other diseases.

This year, why not plan ahead and be prepared to make it a healthier Halloween for everyone. Some healthier alternatives to candy include:

100% juice, balls, baseball cards, books, bottles of water, bubbles, key/backpack chains, children tattoos, crayons and coloring books, colored pencils, combs, corn, nuts/peanuts/ trail mix, coupons for subway, bowling, or movie pass, dental floss, fake teeth, finger paints flavored milk, straws, frisbees, fun erasers, fun and colorful plastic cups or water bottles, glow sticks, hair ties/barrettes/ clips, jump ropes, little boxes of low sugar cereals, low-fat/low sugar granola bars, mini bottles of fingernail polish, oatmeal packets, packages of sugar-free cocoa, pencils, Play-doh, playing cards, pre-packaged cheese and crackers, puppets, puzzles, puzzle books, rubber bracelets, rubber spiders, worms, and bugs, small individual bags of popcorn or pretzels, small notebooks, small veggie packs, stickers or stars, string cheese, stuffed toys, sugar free applesauce or fruit cups, sugar free flavorings for water, sugarless gum, toothbrushes, tov cars or figurines, or vanilla wafers. \*\*\*Some items may be a choking risk to small children\*\*\*

The American Institute for Cancer Research also provides tips on how to cut back or avoid the extra calories from the candy:

- Purchase only the amount of candy you think you will need and toss the leftovers
- Place/store the candy out of sight to prevent the temptation to eat it; place the candy in a rarely used cupboard or in a non-see-through, covered container
- Avoid walking by the candy

aisle at the store or the candy dish at work; if it is unavoidable, carry other items in your hands so you are unable to grab the candy as you walk by it

- Have the child choose 5-7 pieces of candy from their collection and toss out the rest at the end of the night
- Consider other fun activities instead of trick or treating to help reduce the amount of candy the children receive; kidfriendly fun ideas include hay rides, corn mazes, Halloween carnivals, home parties, pumpkin carving/painting and haunted houses.

Have fun and be healthy this Halloween!

## Try out these two recipes from the Minnesota Department of Health's cookbook "healthy families food, fun & facts!

## Apple-Spice Baked Acorn Squash

3 acorn squash
½ cup water
3 tsp margarine or butter
6 tsp honey or brown sugar
3 cups applesauce
Cinnamon to taste
1. Heat oven to 350°F
2. Cut each squash in half
3. Scrape out seeds with a spoon
4. Pour water into a shallow
baking pan. Place squash in
pan, cut-side-down. Bake for 30
minutes

5. Turn squash cut-side-up. Place ½ tsp margarine in each half and drizzle with 1 tsp honey
6. Fill each half with ½ cup applesauce and sprinkle with cinnamon

7. Bake (cut-side-up) 20-30 minutes more, until squash is tender and applesauce is heated through

## Quick & Tasty Pumpkin Cake

No-stick cooking 2 eggs

1 can (15-16oz) pumpkin 1 spice cake mix (16-20oz) 2 tsp baking soda

#### 2/3 cup water

#### **Topping:**

1 container (8oz) whipped topping ¼ cup brown sugar (no lumps) 1 tsp vanilla

1. Heat oven to 350°F. Spray 9x13-inch pan with no-stick cooking spray

2. Beat eggs lightly in a large bowl

3. Add pumpkin to eggs. Mix until smooth

4. Add cake mix and baking soda, alternating with 2/3 cup water. Mix well. If using mixer, mix on low for 1 minute, then mix on high for 2 minutes. Scrape sides of bowl with a rubber spatula to blend all ingredients

5. Spread batter in prepared pan 6. Bake for 25-30 minutes or until center of cake springs back when touched lightly and cake pulls away from side of pan. Cool completely

7. For topping: Combine topping ingredients and spread on cake. Cover and refrigerate until served. Refrigerate leftover pumpkin cake

## FDL Pharmacies now offering medication disposal Tiffany Elton

Pharm.D., NCPS – Fond du Lac Pharmacy Coordinator

po you have unused or expired medications in your home? Proper disposal of unused medication protects the community by:

• Keeping drugs away from children and pets

- Keeping drugs off our streets and away from abusers
- Reducing the chance of drugs getting into the water supply. Safe medication disposal is now available at Min No Aya Win and CAIR Pharmacies. MedSafe® boxes can be found in the pharmacy lobbies. Please bring unwanted, unused, or expired medication in for safe, secure disposal. Pharmacy staff members are ready to assist you. It is as simple as putting a letter in a mailbox.
- Medications placed in a MedSafe<sup>®</sup> disposal box are

destroyed by high-temperature burning. This reduces drugs to mostly carbon dioxide and water. Government agencies (EPA, FDA, and DEA) recognize this as the best way to completely destroy medications.

If you have any questions about safe medication disposal, please speak to one of our pharmacy staff members at: Min No Aya Win Pharmacy (218) 878-2157 or CAIR Pharmacy (218) 279-4142.

#### Medication Disposal List:

Accepted Items	Restricted Items		
✓ Pills, Tablets, Capsules	☑ Aerosol spray cans		
✓ Ointments, Creams, Lotions, Powders, Patches	☑ Needles, Syringes, Sharps		
✓ Liquid Medication (up to 4oz.)	⊠ Thermometers		
✓ Controlled Substances	Alcohol or Hydrogen Peroxide		
$\checkmark$ Over The Counter Medications	⊠ Illegal Drugs		
✓ Pet Medications	🛛 Trash, Batteries, Chemicals		
✓ Vitamins			

## Ashi-niswi giizisoog (Thirteen Moons)

## **Binaakwe-giizis**

Binaakwe-giizis is the Falling Leaves Moon. The new moon begins October 19.

## Introducing Two New Volunteers in Service to America (VISTA) Workers

Last month you met Thomas and Judy. This month please help us welcome Ellen and Iessica.

oozhoo! My name is Ellen Friedrich, I'm an Americorps VISTA (Volunteer In Service to America) work-

ing with food sovereignty here at the Fond du Lac Reservation. I am a native of rural Northeast Iowa. I have degrees in Anthropology and Environmental Studies from Iowa State University. I recently spent a year in Madagascar as a teacher and farmhand at an agricultural school that taught farmers how to use their land to meet their

nutritional needs, improve their economic

I have strong passions for conservation, the environment, and development work. It's a pleasure to now be here working with Fond du Lac's Food Sovereignty Initiative! I will be working to increase Tribal food security, develop agricultural

standing, and to practice proper land care.

properties, and help establish an agricultural division. I have been so impressed by the passion and strength that I've already seen in many people as they work to realize a food system that supports their values, beliefs, and bodies. There are some wonder-Ellen Friedrich. ful programs underway here and I am excited to be getting involved with them and helping them build!



## We Are Water MN





We Are Water MN explores the connections betw sumanities and water through a hands-on eshibit. Visitors reflect on local stories and the meaning and experiences of water in Minnesota with space to add their own stories.



Learn about drinking water quality and the threats to ou drinking water sources



Minnesota sits atop a triple-continental-scale water divida This means that we do not receive polluted water from a state with lower environmental standards. But it also means we have a responsibility to keep water clean for our communities, other states and nations, and future ge ations. We Are Water MN explores the question, "How's the water?



Listen to stories from parents, children, fishers, farmers, indigenous Minnesotans. mmigrants to: Minnesota, water professionals, and enple who just lave to be out on the lake

ello! My name is Jessica Murray and I am serving as an AmeriCorps VISTA member with a focus on food sovereignty. I was born and raised in Pitts-

burgh, Pennsylvania, and spent the past year serving in Seattle, Washington. I graduated from the University of Pittsburgh with a degree in Nutrition and Dietetics in 2017. I love hiking, photography, gardening, and trying new recipes.

I am so excited to finally be serving with Fond du Lac's Food Sovereignty Initiative! Some of my projects include connecting

nutrition and cooking education with our already developed gardening programs,



VISTA

Jessica Murrav. VISTA

implementing healthier resources for the community, and providing education opportunities surrounding food and nutrition. I feel like it is so important to not only grow

our own food but also know how to eat it. I have already learned so much about manoomin this past week and cannot wait to learn more from your community. I would love to hear any ideas you may have regarding food sovereignty and how I could help achieve your goals. Feel free to email me any suggestions you may have, JessicaMurray@fdlrez.com.

Sign up to the 13 Moons listserv for the latest information on workshops and events by emailing thirteenmoons@fdlrez.com

Don't forget to check us out on Facebook! 13 Moons Ashi niswi giizisoog

This page addresses culture, ecology, and natural resource management. Thirteen Moons is the Fond du Lac Tribal College Extension Program and is a collaboration of Fond du Lac Tribal and Community College, Fond du Lac Resource Management, funded by the USDA-National Institute of Food and Agriculture.





## Ashi-niswi giizisoog Ojibwemowin Page

## Anishinaabemowin Lessons

Basic Ojibwe words and phrases:

#### **Double Vowel Chart**

This is how to pronounce Ojibwe words. All consonants sound the same as in English.

"Zh"- sounds like the "su" in measure "a"- sounds like the "u" in sun "aa"- sounds like the "a" in father "i"- sounds like the "i" in sit "ii"- sounds like the "ee" in feet "o"- sounds like the "o" in go "oo"- sounds like the "oo" in food "e"- sounds like the "ay" in stay I am... Afraid--Ningotaaj Cold--Ningiikaj Crazy--Ningiiwanaadiz Hungry--Nimbakade Mad--Ninishkaadiz Resting--Nindanweb Sad--Ningashkendam Sick--Nindaakoz Sorry--Nimaanendam Thirsty--Ninoondeminikwe Tired--Nindayekoz Warm --Ningiizhooz Well--Niminoayaa Working—Nindanokii

Source: www.ojibwe.org/home/pdf/ojibwe\_beginner\_dictionary.pdf

## Ashi-niswi giizisoog BIGADA'WAA WORD SEARCH

Find the Ojibwe words in the puzzle below

S P GEBAVIMNNM ACVCIBZ 0 Α F ΑΑ Ρ J Т С JJZOMS Ε Ρ Κ Т Α Ν Κ E ΟΟΝΙΝΧΒΒ E W Т Ν Т М D Ν Ν D ASLEN J Т D V Ν Х F W  $\mathbf{L}$ Ι G Ο D D Ν Х L ADN ΙΙΚΟΝΑΟΝΙΝΟΡΝΑΕ S LJAOI PNHRLNFOGFINYK Ζ L Т YACDM 0 S D Ν J GΡ W D Ζ E Η КΥ S DNIDNAWIDIRKS Ο Ο 0 С MNMHXGHAGICON IDLE F Α 0 Ν Ι ΜΑΑΝΕ NDAMZONAI D E 7 G MKJUQVIAKAHARAGZ S D В Ν OWAC PDENYOKOKGXNB В W Ι V U K V W W H A Q H Z A O B X R Ε D ΙN Ι Υ IKSOAXSYBPRZX Т J Ι Т Ν QYO IIMQACUXU Κ BRI D Κ Ο Ρ н С Ι ТОКҮВМЕ 0 GΝ W ΑΝJ W W Ν Κ S Ε LWE НΧЬ Y N Т В Ι ΚN F ΜV Ο Κ С Ι U Ι ΗN ЈАМ С SXIMAYM В E AYAMN ТWХ С IHTVWXIBQKT F BRKBNINDANWEBJOWOBO

Afraid	Ningotaaj
Cold	Ningiikaj
Crazy	Ningiiwanaadiz
Hungry	Nimbakade
Mad	Ninishkaadiz
Resting	Nindanweb
Sad	Ningashkendam
Sick	Nindaakoz
Sorry	Nimaanendam
Thirsty	Ninoondeminikwe
Tired	Nindayekoz
Warm	Ningiizhooz
Well	Niminoayaa
Working	Nindanokii



# Community News

These community pages are yours, the members and employees of the Fond du Lac Band. We welcome family news. Please send us information about births, engagements, weddings, anniversaries and deaths. Please include the full names of the individuals in the greeting announcement, as well as the date of the occasion. Full names, including individual last names are required.

Also, we will include news of graduations (high school and post-high school) and military service. Memorials to loved ones or notes of appreciation are also welcomed.

Please submit materials during the first two weeks of the month preceding the next issue. For example, send notices to us by or on October 17, 2018 for the November 2018 issue. Information may be sent by U.S. mail to FDL News, 1720 Big Lake Rd., Cloquet, MN 55720, or by email to zacharydunaiski@ fdlrez.com.

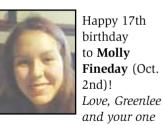
The telephone number is (218)878-2682. You may also drop off items at our office at the Cloquet Tribal Center. Please remember to include the date of the birthday, anniversary, etc. in your greeting. Always include your daytime phone number and your name with anything you submit. Materials may be edited for clarity and length.

## Happy birthday



Love always, Mom and Dad. Zackery, Megan, Haley, Dylan, Antonio, and Colton

Happy birthday to our beautiful Molly Fineday (Oct. 2), we love you bunches! Love. Dad and Patti Jo



and only Mom

Happy birthday to my loving daughter Amanda Misquadace (Oct. 3) Love, your mom

I would like to wish **Sherry** Defoe (Oct. 3) a happy 52nd birthday, and a birthday wish to my brothers Garrett Umitz (Oct. 12) a 51st and birthday wishes to my mother and brother Gerry Defoe and Roy Defoe Jr. (Oct. 17)

Happy birthday **Wesley** Bassett (Oct. 9) Love, your sister

Mino-diibishkan to my wonderful husband, Albert Stately (Oct. 10) Wishing you

the bestest day. I love you with all my heart. Love always, wife and daughters

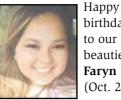
Happy birthday to my little Gina Misquadace (Oct. 10) Love. Grandma

Happy 12th birthday to **Zoey** B. Peacock (Oct. 10), you're growing up way too fast! Lots of Love, Mom and family

Happy 4th birthday to such a beautiful little girl, Sophia Sroka (Oct. 11)!! Love you bunches, Aunty Richelle and cousins

Happy 3rd birthday Laila boo, Laila Brown (Oct. 12)! We love you to the moon and back a million times crazy girl!

Love always, Mom, Dad, and Baby Trav



birthday to our 3 beauties-Faryn Danae (Oct. 21),



and Chilah Jean (Oct. 10) Love, Mom and Jon, we love yous Happy 12th

birthday to an awesome nephew and cousin, Nathan Ammesmaki (Oct. 18) Love. Aunty Richelle and kids

Happy birthday to my big sister Evelyn Bradford (Oct. 22), best wishes for your special day Love, sister Kim

Happy birthday to my big granddaughter Mikayla Misquadace (Oct. 29) Love Grandma

## Anniversarv

Celebrating 50 Years of Marriage! Terry and Molly (Revnolds) Whitetree from Tulsa, Ok. They married at the Holv Family Catholic Church on the Fond du Lac Reservation on September 21, 1968. They are celebrating with their 4 children, 25 grandchildren, and 33 great grandchildren.

Happy 50th Wedding Anniversary, from you friends and family.



## **Congratulations**

Congratulations Brenda and Ira Aubid (Oct. 20), joining together in hand and marriage. Many blessings and happiness to you's on your special day.

Love always, family and friends

## FDL job listings

FT: Full Time PT: Part Time For more information about any of these open until filled or permanent posting positions contact the Fond du Lac Human Resources Department at (218) 878-2653.

### FDL Reservation

- ARMHS Worker MNAW & CAIR FT
- Health Unit Assistant MNAW & CAIR FT
- SUD Peer Recovery Specialist FDL Human Services FT
- Behavioral Health Outreach Worker MNAW & CAIR FT
- Assistant Clinic Administrator MNAW FT
- ICWA Case Aide MNAW & CAIR FT
- Skilled Laborer 2 FDL Housing FT

 Assistant Coach FDL Ojibwe School PT Seasonal

- Optometric Health Technician MNAW On Call Temp
- Family/Adult Nurse Practitioner MNAW & CAIR FТ
- Preventative Maintenance Technician Transportation Garage FT
- Adult Services Worker MNAW FT
- Language Arts Teacher FDL Ojibwe School FT
- Instructional Assistant FDL Ojibwe School FT
- Behavior Management
- Facilitator FDL Ojibwe School FΤ
- Dentist MNAW FT
- Alcohol & Drug Counselor







#### III FT

• Physical Education Instructor FDL Oiibwe School FT

 Driver/Cook FDL Community Centers FT

 MIS Intern FDL Tribal Center FΤ

 Custodian FDL Ojibwe School PT/On Call

• ICWA Social Worker MNAW FT

- Art Teacher FDL Ojibwe School FT
- Reading & Math Tutor FDL Ojibwe School PT
- Elementary Teacher FDL Ojibwe School FT
- Clinical Assistant MNAW & CAIR FT/On Call
- Registered Dental Assistant MNAW FT
- Ojibwe Garden Intern FDL Resource Management FT Seasonal
- Dental Hygenist MNAW On Call
- Drama Teacher FDL Ojibwe School FT
- Special Education Teacher FDL Ojibwe School FT
- Driver/Cook Sawyer Community Center On Call
- SUD Treatment Technician
- FDL Human Services FT Alcohol & Drug Counselor V
- FDL Human Services FT
- Alcohol & Drug Counselor IV FDL Human Services FT
- Alcohol & Drug Counselor II FDL Human Services FT
- Industrial Arts Teacher FDL Ojibwe School FT
- SUD Recovery Case Manager MNAW FT
- Registered Dental Assistant MNAW On Call
- Instructional Assistant FDL Ojibwe School PT/On Call

PΤ

- Mental Health Counselor MNAW & CAIR FT • Skilled Laborer 1 FDL Housing FT • GED Teacher FDL **Community Centers PT** • Reading Buddies FDL Ojibwe School PT • Drivers Training Instructor FDL Tribal Center PT • Driver/Cook Brookston Community Center On Call School Secretary/Receptionist FDL Oiibwe School On Call/ Sub • Cook Helper FDL Ojibwe School On Call/Sub • Driver/Cook Cloquet Community Center On Call • Substitute Teacher FDL Ojibwe School On Call/Sub • Transportation Driver FDL Transportation FT/PT • Nursing Assistant FDL Assisted Living FT/PT • Recreational Aide 1, Sawyer Sawyer CC FT/PT • Recreational Aide 2, Sawyer Sawyer CC FT/PT • Recreational Aide 1, Brookston Brookston CC FT/PT • Recreational Aide 2. Brookston Brookston CC FT/PT • Recreational Aide 1, Cloquet Cloquet CC FT/PT • Recreational Aide 2, Cloquet Cloquet CC FT/PT • Clinical Pharmacist MNAW, CAIR & Mpls On Call Pharmacy Technician MNAW, CAIR & Mpls On Call/Sub • Transit Dispatcher FDL Transit FT/PT/On Call • Head Start Substitutes FDL Head Start On Call
- FT/PT/On Call
- School Bus Driver FDL Education FT/PT/On Call
- Health Care Assistant MNAW. Assisted Living, Home Care FT/PT
- Store Clerk FDL Gas & Grocerv PT
- Convenience Store Gas Attendant FDL Gas & Grocery РТ

### Black Bear Casino Resort

- Golf Youth Cart Attendant PT Seasonal
- Cook I FT
- Cook II FT
- Cook III FT
  - Beverage Server FT/PT
  - Groundskeeper FT
  - Buffet Runner FT
  - Table Games Dealer PT
  - Vault Cashier FT/PT
- Bus Person FT/PT
- Gift Shop Clerk FT
- Buffet Host/Hostess FT/ РТ
- Golf Course Groundskeeper FT/PT Seasonal
- Steward FT
- Arcade Attendant PT
- Golf Pro Shop Sales Rep ΡТ
- Golf Ranger/Starter FT/PT Seasonal
- Golf Concession Sales Rep FT/PT Seasonal
- Golf Cart Attendant PT
- Slot Attendant FT
- Custodial Associate FT
- Bell Staff PT
- Sage Deli Cook FT
- Bingo Vendor/Floor
- Worker PT
- Players Club Representative PT
- Restaurant Wait Staff FT/

## РТ

- Hotel Laundry Worker/ Hauler FT
- Hotel Room Attendant/ Housekeeper FT/PT
- Drop Team Worker FT

### Fond-du-Luth

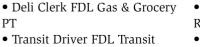
- Security Guard/Dispatch FT
- Janitor FT/PT
- Clean up Worker FT/PT
- Beverage Waitperson/
- Bartender FT/PT
- Cage Cashier FT/PT
- Players Club Representative FT/PT

### • Slot Attendant FT/PT

- Slot Technician FT/PT
- FDL Minneapolis listings
- SUD Secretary FT
- Maintenance I FT
- Alcohol Drug Counselor II FT
- SUD Recovery Case Manager
- FT SUD Treatment Technician FT
- Alcohol Drug Counselor III
- FT
- Maintenance II FT
- Clinical Pharmacist On Call • Pharmacy Technician On Call/Sub







## Waatebagaa giizis – Leaves Changing Color Moon – October 2018

ALR: Assisted Living Residence; BBCR: Black Bear Casino Resort; BBGC: Black Bear Golf Course; BCC: Brookston Community Center, (218)878-8033; CAIR: Center for American Indian Resources (218) 879-1227; CCC: Cloquet Community Center, (218)878-7510; CFC: Cloquet Forestry Center; CPT: Cloquet Premier Theatre; CHS: old FDLSS door; DC: Damiano Center; FACE: Family and Child Education Bldg.; FDC: Food Distribution Center; FDLGG: Fond du Lac Gas & Grocery; FDLM: Fond du Lac Museum; FDLSH: FDL Supportive Housing; FDLTCC: Fond du Lac Tribal & Community College; MKW: Mash-Ka-Wisen Powwow Grounds; MKWTC: Mash-ka-wisen Treatment Center; MNAW: Min no aya win (218)879-1227; MTC: MN Chippewa Tribal building; NRG: Natural Resource Garage; OJS: FDL Ojibwe School; OJSHS: Ojibwe School Head Start; PLT: Perch Lake Townhall; RMD: Resource Management Division; SCC: Sawyer Community Center, (218)878-8185; TRC: Tagwii Recovery Center; TCC: Tribal Center Classroom;

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Special Primary Election Oct. 2 8 a.m8 p.m. CCC	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC GED 9 a.m. SCC PiYo 12 p.m. CCC Cribbage 5 p.m. CCC	Special Primary Election 8 a.m8 p.m. CCC Get Fit 12 p.m. CCC AA/NA support 12 p.m. TRC WIC 12 p.m. CAIR	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder concern group 10 a.m. CCC Yoga 12 p.m. MNAW GED 2 p.m. SCC Language 5 p.m. BCC Women's group 5:30 p.m. MNAW 3	Get Fit 12 p.m. CCC Elder fall prevention 1 p.m. CCC Language 5 p.m. CCC GED 5 p.m. CCC Open Gym 5 p.m. CCC AA Support 6 p.m. CCC	Chubby Checker and the Wildcats 7 p.m. BBCR Language 5 p.m. SCC	Come & Swim & use the gym
Come & Swim & use the gym	Indigenous People's day (closed) 8	Get Fit 12 p.m. CCC AA/NA support 12 p.m. TRC WIC 12 p.m. CAIR Caregiver support group 12 p.m. CHS Diabetes workshop 1 p.m. BBCR Constitutional Convention Meeting 3 p.m. Fortune Bay Resort Casino FDL Elder Fall Banquet 4:30 p.m. BBCR 9	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder concern group 10 a.m. CCC Yoga 12 p.m. MNAW GED 2 p.m. SCC Language 5 p.m. BCC Women's group 5:30 p.m. MNAW	Get Fit 12 p.m. CCC Elder fall prevention 1 p.m. CCC Language 5 p.m. CCC GED 5 p.m. CCC Open Gym 5 p.m. CCC AA Support 6 p.m. CCC 11	Language 5 p.m. SCC	Come & Swim & use the gym Suicide Awareness Walk 9:30 a.m. Carlton 13
Come & Swim & use the gym Elder movie morning 11 a.m. Premiere 14	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC GED 9 a.m. SCC PiYo 12 p.m. CCC Cribbage 5 p.m. CCC	Get Fit 12 p.m. CCC AA/NA support 12 p.m. TRC WIC 12 p.m. MNAW Diabetes workshop 1 p.m. BBCR Parenting the second time around 1 p.m. CHS Child seat safety clinic 1 p.m. Cloquet Fire Depart- ment 16	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder concern group 10 a.m. CCC Yoga 12 p.m. MNAW GED 2 p.m. SCC Language 5 p.m. BCC Women's group 5:30 p.m. MNAW 17	Get Fit 12 p.m. CCC Elder fall prevention 1 p.m. CCC Language 5 p.m. CCC GED 5 p.m. CCC Open Gym 5 p.m. CCC Open RBC meeting 5:30 p.m. CAIR AA Support 6 p.m. CCC 18	Pokey Paro Powwow 1 & 7 p.m. FDLOJS Language 5 p.m. SCC	Come & Swim & use the gym Women's health brunch 9 a.m. CCC 20
Come & Swim & use the gym Family movie morning 10 a.m. Premiere 21	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC GED 9 a.m. SCC PiYo 12 p.m. CCC Cribbage 5 p.m. CCC	Get Fit 12 p.m. CCC AA/NA support 12 p.m. TRC WIC 12 p.m. MNAW Health and nutrition 12 p.m. CCC Diabetes workshop 1 p.m. BBCR Domestic Abuse Vigil 4:30 p.m. CCC 23	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder concern group 10 a.m. CCC Yoga 12 p.m. MNAW GED 2 p.m. SCC Language 5 p.m. BCC Women's group 5:30 p.m. MNAW Nokomis Nibaa Giizis Full Moon Ceremony 6:30 p.m. 111 Brevator Rd	Curtis and Loretta 10:30 a.m. see page 8 Get Fit 12 p.m. CCC Elder fall prevention 1 p.m. CCC Language 5 p.m. CCC GED 5 p.m. CCC Open Gym 5 p.m. CCC AA Support 6 p.m. CCC <b>25</b>	Language 5 p.m. SCC	Come & Swim & use the gym Wisdom Steps 10 a.m. CCC 27
Come & Swim & use the gym Elder movie morning 11 a.m. Premiere 28	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC GED 9 a.m. SCC PiYo 12 p.m. CCC Cribbage 5 p.m. CCC Wicked Wonderland 7 p.m. BBCR 29	Get Fit 12 p.m. CCC AA/NA support 12 p.m. TRC WIC 12 p.m. CAIR Diabetes workshop 1 p.m. BBCR	Happy Halloween Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder concern group 10 a.m. CCC Yoga 12 p.m. MNAW GED 2 p.m. SCC Language 5 p.m. BCC Sobriety Feast 6 p.m. CCC 31	Pokey Paro Powwow Oct. 19 1 & 7 p.m. FDLOJS	Wicked Wonderland Oct. 29 7 p.m. BBCR	November is Native American Heritage Month BBCR

Any persons with FDL Writs & Orders of Exclusion are not allowed to attend any FDL Field Trips or Activities.