

Nagaajiwanaang Dibaajimowinan

Stories from where the water stops



Sophie Tibbetts (left in left picture) and Nichole Diver placed second and first respectively in the Fire Tower Trail Race on Sept 18, a 50k race in Hinckley. Photos courtesy of Sophie Tibbetts.

Local News..	2-3
RBC Thoughts	4-5
School News	6-7
Etc..	8-9
1935 Historical Pageant at Chambers' Grove in Old Fond du Lac	10
BBCR	11
Health News	12-13
13 Moons	14
Community News	15
Native American Heritage Month	16

**1720 BIG LAKE RD.
CLOQUET, MN 55720
CHANGE SERVICE REQUESTED**

**Presort Std
U.S. Postage
PAID
Permit #155
Cloquet, MN
55720**

Local News

Local Healthcare Nurse Manager honored with National Indian Health Board's Outstanding Service Award

Christine “Chris” Davis never dreamt she would one day be recognized for the work she loves to do. Having grown up in a family where serving others was considered an honor, she gravitated toward the healthcare profession as a way to nurture her devotion to her FDL community. This week, the diligence and passion with which she performs her job as the Band’s clinic coordinator has earned her national recognition by one of Indian Country’s most prominent organizations.

Chris was presented Oct. 6 with the Outstanding Service Award by the National Indian Health Board (NIHB) at the Heroes in Health Awards ceremony.

NIHB is a Washington, D.C. based organization established to represent Tribal governments through collective advocacy, program development, as well as policy formation and analysis. Its mission is to “reinforce Tribal sovereignty, strengthen Tribal health systems, secure

resources, and build capacity to achieve the highest level of health and well-being” for indigenous people.

The Outstanding Service Award was created by NIHB to recognize individuals or organizations whose work has made an impact on American Indian/Alaska Native healthcare.

Chris was nominated for her collaborative leadership during the pandemic and for working tirelessly to ensure mitigation and communication plans were developed so medical clinics under her management could remain operational and safe.

Chris is an outspoken advocate when it comes to improving health services within the greater FDL region. She is passionate about the community getting the best care that they deserve.

“Making sure our community receives all the services they are

eligible for drives me,” Chris said. “I’m a clinical manager by profession, but I’ll always be a nurse by heart, and if there is a service someone is eligible for, then I want to make sure they get it. I’m very lucky to work with a group of professionals who share that belief and support not just the community, but each other, to get through this pandemic.”



Christine Davis

Because Chris firmly believes that her job can only function as a piece of a larger collaborative endeavor, she says she is happy to accept the award on

behalf of the more than eighty staff members with whom she works to provide birth to end-of-life healthcare services.

“I’m one piece of the puzzle, one member of the Public Health Emergency Preparedness team and every single one

of the team members deserves this recognition as well,” Chris said. “I’m just bringing up the issues; bringing up concerns and seeing what we’re missing. Although I love writing policy and procedures, it’s been a team effort compromised of medical professionals, nurses, safety officers, community health, quality assurance coming together and working through all the data to make plans to decrease the spread of COVID-19. The Human Services Division has been working tirelessly to keep the community safe and healthy during this pandemic. I’m humbled by our team’s work through this pandemic.”

National recognition for local efforts within Indian Country can have many different types of benefits that might not be immediately observable. In addition to validating the importance of community self-reliance, especially in communities with historical distrust of outside institutions, the added attention the awards bring to a profession

can inspire people to take on leadership roles they might not otherwise have known existed.

Chris says when she began her career as a front desk receptionist, it was the nurses with whom she worked who encouraged her to go to nursing school.

“It’s important for the younger generations to see and know people within their community being in these types of roles and being recognized for success, so they can see that they too can get into these types of healthcare professions and succeed,” Chris said. “We all have to do our part to pay it forward and provide encouragement. My family, colleagues and friends constantly remind me that I’m supposed to be here, so I’m happy to try to do the same for others.”

Nagaajiwanaang Dibaajimowinan

Translation: Stories from where the water stops

TABLE of CONTENTS

Local News.....	2-3
RBC Thoughts	4-5
School News.....	6-7
Etc.....	8-9
1935 Historical Pageant at Chambers' Grove in Old Fond du Lac	10
BBCR	11
Health News.....	12-13
13 Moons	14
Community News	15
Native American Heritage Month.....	16

Published monthly by the Fond du Lac Reservation Business Committee. Subscriptions are free for Fond du Lac Band Members. To inform us of a change of address, write to:
Fond du Lac News, Tribal Center, 1720 Big Lake Rd., Cloquet, Minn. 55720.

Editor: Zachary N. Dunaiski
zacharydunaiski@fdlrez.com • (218) 878-2682

The mission of this publication is to provide the Anishinaabeg community of the Fond du Lac Band of Lake Superior Chippewa, Fond du Lac Reservation, with news and information that will be of help to them in their everyday lives. In addition, our goal will be to highlight many of the honors, accolades, accomplishments and awards that are earned by community members but are mostly overlooked by the mass mainstream media.

It is our hope that through greater information about the activities of our people, this publication can be an instrument of true community. It is not our intention to be a vehicle of divisiveness. To that end, we do not publish editorials,

opinion pieces or letters to the editor. There is an abundance of opportunity for the publishing, airing and dissemination of material of personal opinion in other communication vehicles available throughout the area, region and state.

Our mission is to provide for Fond du Lac Anishinaabeg a publication that will not dismiss their culture, heritage, hopes and dreams. We are striving to make this newspaper fill that role.

Corporate Member of the
Native American Journalists
Association

Local News

Two FDL runners finish first and second

By Zachary N. Dunaiski

On Sept. 18, two Fond du Lac runners, Sophie Tibbetts and Nichole Diver, along with Aurora LeMay, FDL Dental Coordinator, ran in the Fire Tower Trail race and took first, second, and fourth places in the 50k division among female racers.

A race like this takes time and dedication, and to win the race is even a step more challenging, but as Nichole Diver said, they weren't even in the race to win it.

"I had planned to do the Voyager 50 miler in July. And Wild Duluth is 100k, those were the two I was planning my training around," Diver said about their plans to run for 2021. "When we found out about this race, we were like 'let's throw it in there' because it will be the last pretty long run before the 100k."

With their eyes set on a bigger goal of the Wild Duluth 100k, which the three did run and complete on Oct. 16 and were 3 of only 13 female finishers, the goal was never to win the Fire Tower Trail Race, which is why as Sophie Tibbetts said, it was so surprising when it happened.

"When I finished I saw Nichole, and I said, oh there you are, and then she showed me her medal that said she was the first female finisher, and I was like 'how cool,' and she said 'I think you were the second one' and I said 'oh my God, even cooler,'" Tibbetts said.

The two of them are constantly running, and while they do it to compete and stay healthy, they both have even bigger reasons to run.

"My reasons for running have definitely changed as I've changed, but a lot of it is for my mental health, I struggle with anxiety, I'm pretty open about that," Diver said of what motivates her to run. "It's a pretty big relief for me in that way. It just makes me feel good in general."

"Running is probably the best thing I've ever done for myself. And it has really helped with my mental health. It gives you time and space to focus on yourself," Tibbetts said. "I feel better when I run like physically, mentally, and emotionally. That time that I get when I run, I can just be me. I'm not mom, or sister, or daughter, or employee, I just get to be Sophie and I really enjoy that."

Diver and Tibbetts became friends because they have children the same age, and the two have so much respect for one another that goes beyond them as mother's and runners.

"I'm always in awe of Nichole. She is a really strong runner, and such a good person and a great friend," Tibbetts said. "She is a really good role model, not just for her kids, but for everyone. She's super determined, and I just really admire her."

"I think that as long as I've known her she shows a lot of determination," Diver said about Tibbetts. "Getting to be friends while both kids are growing up, I think we have the same perspective in having sons. I have 3 boys and she has 2 boys. Being women and runners, it's a goal, and I know it's Sophie's too, to show them how strong females can be. She's a good mom, and she's a hard

worker, and she inspires me in a lot of ways."

Diver knows Tibbetts very well, because that's exactly why she runs.

"A lot of the running I do is for my kids, so they can see me doing healthy things and being active," Tibbetts said. "So they know that women are strong. That's my big thing, I'm raising two boys and I want them to know that women are strong and they can do whatever they set their minds to and their mom can do anything too. I think that it's really important for them to see, especially them being boys and I hope that it helps them think even more highly of women."

Diver also runs for her boys, but she also wants to encourage others to be healthy, active, or even just take chances with things others love to do.

"Getting to include them too is super cool and fun. It definitely permeates into other aspects of my life," Diver said of having her children run or bike while she runs. "Try not to be afraid of getting out of your comfort zone, in whatever that may be, in not just running, but anything. Because you never know what joy you're going to find in something that might start out being super uncomfortable."

The three of them finishing in the top four in this race and then finishing a 100k a month later is amazing. It takes a lot of dedication which they all have and they want to encourage others to be active too.

FDL delegates to the MCT Constitution Reform UPDATE!

Your FDL MCT Delegates to the constitution reform. A citizen's movement.

Boozhoo Home Team! The Fond du Lac delegates to the MCT Constitution reform are still holding regular community meetings on most Wednesdays. Look for our announcements at www.fdlconstitution.org for updates on the next meetings.

By the time you read this, the final draft of the Enrollment referendum will be approved by the full gathering of MCT delegates as of Friday, October 15, 2021. This draft recommendation will be presented to the TEC on Oct. 29, 2021. Thank you for your community input that has directed our work thus far.

There is still much work to be done here. Which reminds me, it was envisioned that each Reservation delegation would have representation by 10 delegates with alternates. Fond du Lac currently fields 4. Total. Our FDL delegates are currently Wayne Dupuis, Cheryl Edwards, Deb Topping, and John Roterman. If you are interested in participating as a delegate of the FDL community in this process and would like to serve your community, we welcome all community members.

The goals include reforming and rewriting our current document towards "something else" that is truly representative of us and presented by us. This is kind of a big deal as it is perhaps the first time, we have the opportunity to effect great changes back towards Our more sustainable model. This could not come at a better time. We need changes now.

The charge of the delegates is to remove the Secretary of Interior from our document and replace it with another entity. The US Government "allows" us, to now be self-determined. The first demand of the community was to address our enrollment which will soon now be put to a vote. One of the next current discussions of the delegation are structures of government.

Traditionally, we have Chiefs and councils, and we used the Clan system. The Clan system responsibilities defined to a large degree who did what for their community. The natural seasons defined activities. Neighboring Clans operated within the same natural structures. Another topic we are invested in are rights of nature. It is our responsibility to speak for those lives that have no ability to speak for themselves. Our water, Our soil, Our medicines, Our airspace, Our animal brothers and sisters. We also plan on Our document being written both in Ojibwemowin to honor our Ancestors and language, and Zhaaganaashimowin so they understand what we mean.

It is our hope that we gain momentum as we see the finish line approaching on our work. We all have threads to add to our tapestry, pieces of an incomplete puzzle... We will enjoy the beauty of our completed picture when we are together again.

Please add your participation and voice for your community. FDL COMMUNITY STRONG! Miigwech.

RBC Thoughts

Secretary/Treasurer News

Boozhoo my friend,

I have had quite a few issues over the last few weeks. I have had COVID-19 and knee replacement surgery. I have recovered from COVID with little or no side effects. I have gone through the knee surgery and am now beginning rehab twice a week. It is not going to be easy but all the advice that I get is to follow all instructions that the physical therapy gives and do the work. It should all be ok.



Ferdinand Martineau

We have completed our rice season and it was not very good. The weather did not work with us. We needed rain to get to the rice and sunshine to ripen it. We had plenty of sunshine but little rain. After the rice ripened the heavy rain came and reseeded our lakes for next year. We did get some rice to restock our stores for the next year so we will still be giving out rice.

We are in our moose season. Our hunters have harvested 20 of the 30 animals declared. I know the weather is cooling down so our last 10 should not be that difficult to harvest. The fires have not impacted too many hunting parties but should have a positive benefit next year as the underbrush will be new and inviting browse for wildlife.

The last thing I would talk about is the budget. I would like to say that all staff has done a good job in preparing their 2022 budgets. We were able to complete most of the process before I went in for surgery. The staff has done a well thought-out budget for the next year. Our accounting staff has done a superb job with collecting and distributing the numbers to staff and RBC in a timely manner so decisions could be made with up-to-date information. Thank you to all in making this a successful budget process.

If you have any questions or comments please feel free to contact me. My office number is (218)878-8158 or you can e-mail at ferdinandmartineau@fdlrez.com

*Gii ga waa ba min.
Ferdinand Martineau Jr.*

Cloquet News

As summer and fall months come to a close, I hope you are all prepared for the winter months ahead.

The wild rice harvest season has come and gone. Due to the drought this summer the harvest was not as plentiful as we could hope. Low water levels have made it hard for our ricers to get to some of the spots they are used to.

Also, as of the time of this writing there are 20 moose that have been harvested and registered by FDL hunting parties. Some of our hunters are preparing for another attempt at harvesting a moose in the coming days. I am confident that we



Wally Dupuis

will fill our quota of 30 moose before the season ends.

As you know, this COVID thing is still affecting our operations. I assure you that we are doing our best to see that services to our members are continued. Thank you to all staff that are and have worked through this.

Just to update you all on some of the road projects here at FDL, The Big Lake Road overlay project is complete, the repairs and overlay project on University Road is almost complete. The parking lot of the Head Start program is complete, and crews are currently working on the overlay project on Reservation Road with a completion date in the next few weeks. These are all high traffic areas for FDL and

these improvements will make for safe traveling throughout these portions of our Reservation.

I was able to stop out at the water tower project that will provide clean water to our homes in the Brookston and Danielson areas and was quite surprised as to how far along that has come. I know this is a major project with a completion date further out, but they have the area all cleared and some preliminary structures are up. It is a relief to know this is now actually in the works, as it has been a long time coming.

As always, please feel free to call or write as I am always glad hear from you. Cell (218) 428-9828, Office (218) 878-8078, or email wallydupuis@fdlrez.com

Sawyer News

Boozhoo,

November is gashkadino-giizis, freezing over moon.

This past month has been busy as we transition into the next season. Band members have brought in a good harvest of moose and garden products. There were not many apples this year around our community but what we did get was nice. Also, white fish netting season will be in full swing this fall, so get outdoors and enjoy this beautiful time of year. This month is the time of the year that deer move in the earlier mornings and evenings. As you know we will have less light in the day, be aware on your ride to work and on your way home.

With the COVID numbers still climbing please continue to follow COVID protocols. Consider getting your flu shot that is available through our clinic. Our school age children are experiencing

a lot of change in their everyday lives, I want to thank all of our parents and staff for working through this time of uncertainty with our youth. Our Fond du Lac Reservation employees are very valuable and it is imperative they stay healthy so we can get through this pandemic. Please take the proper precautions to prevent illnesses. You can look on our website for updates to COVID policies.

November is Native American Heritage Month, at Black Bear Casino Resort we will be hosting some great Native entertainment. If you attend please consider social distancing and wearing a mask.



Bruce Savage

*Sincerely,
Bruce M. Savage*

*Sawyer District Rep
Cell: (218) 393-6902
brucesavage@fdlrez.com*

RBC Thoughts

Bimaaji'idiwin

FDLTCC Extension Producer Training Program

The Bimaaji'idiwin Producer Training Program is for community members of all skill levels that want to grow their own food or start a farming business. The program provides training, technical assistance, organic seeds, educational materials and farming supplies, and access to equipment.

Participants will have the opportunity to engage in:

- group meetings
- local farm tours
- regional organic sustainable agricultural conferences
- weekly classes from March to October that bring in experts on Ag-business planning, soil health, seed saving, pest, disease and weed management, marketing, and produce safety.



At Gitigaaning or your own home, you'll learn about traditional and modern methods of cultivation and harvest, and complete a business plan to reach your goals. We help build connections with other producers and engage with USDA and service programs.



Apply by December 20th, 2021.

Contact: Erika Resendiz Alonso Phone: 218-878-7141,
ErikaResendizAlonso@fdlrez.com



**WE WANT YOU
TO JOIN OUR
TEAM!**



MY PLACE
for employment!

Make The Bear your place!



JOB FAIR
WEDNESDAY, NOVEMBER 17TH
12 pm — 8 pm in the Cobalt Cabaret

School News

Principal update

Boozhoo Fond du Lac Ojibwe School community. Mino giizhigud. It has made my heart so happy to have our students in the building again. They have grown so much. They are taller, many voices are deeper, and a few are so grown-up they look like they should be teaching at our school. Even though students are in the building, we are postponing all of our community events. Our purpose is to keep students, staff, and families safer so students can continue to stay in school. As always, please be prepared to have your child(ren) learn from home.

Miigwech to all the families that are calling to the school to let us know of their child's absence. It is especially important for our school to know why students are absent this school year. Please expect a phone call from our nurse if symptoms described to the school secretary are COVID related. Our school nurse will assess to see if the student needs a COVID test before re-entering the school.

I would like to welcome new staff members that have joined us this fall. Our new staff include:
River Bennett - Instructional Assis-

tant
Anna Granholm - Instructional Assistant
Lisa Granholm - 7th grade teacher
Amy Jackson - Elementary Teacher
Aliza Kettelhut - Elementary Teacher
Gail St. Germaine - Secretary
Melissa Thoreson -English Teacher
I would also like to congratulate Tara Dupuis on her position as Assistant Principal. AP Tara's knowledge and familiarity with the community is a great asset to the school community.

Please continue to be safe by wearing your masks, social distancing, and washing your hands.

Valerie Tanner, Anung Ginew Ikwe, FDLOS K-12 Building Principal



On some mornings, even the School Principal gets to ride the bus.

Assistant Principal Update

It has been so heartwarming to have most of the students back in the building. I have missed the students so much! Now that we are shut down for two weeks because of the positive COVID testing we have to slow down and realize this really isn't over.

I am back this year as the Assistant Principal for the Fond du Lac Ojibwe School. I am excited to be here for the students. I continue to support our students learning the 7 teachings and working toward excellent behavior.

There is so much to learn about our culture and what amazing people our Anishinaabe ancestors were. It continues to show in how connected our students are with their families and how our families almost always help each other out.

We had our first drawing for HOWA tickets on Oct. 1, 2021. We have so many amazing students here that I could go on forever about! I am fortunate to be able to work with children for many years. I truly am blessed. It is my hope that we can stay

open for students in person for the rest of the year. Now that we will be testing students weekly we might have peace of mind that we are in a safe place.

Miigwech to all the parents /families for all the support and getting your children tested this last week! Please contact us if you have any questions or concerns, that is why we are here.

Tara DuPuis, my office phone is (218) 878-7222, my cell phone is (218) 576-4288

Math and Reading coaches

Boozhoo! As the FDL Ojibwe School's new math and reading coaches we wanted to say Boozhoo! We also want to let you know how excited we are to watch all the students grow their math and reading skills. We have a lot of ideas to help our students, including working on personal learning plans so each student is able to work on exactly what they need to help them be successful learners.

We just finished up NWEA testing for the fall and our students are doing amazing already! We are impressed with how seriously all students took this testing and the skills they showed us on the assessments. We

will be working with teachers and students to make sure everyone keeps learning more, no matter how much they already know. We are always open to ideas on helping our students learn, so please reach out if you have questions, comments, or

concerns. Chi Miigwech for all that you do to help your child with their school success!

Nissa Whipple (math coach), Deanna Fosness (math coach), Dawn Liimainen (reading coach)



We want to thank the Carlton County Public Health and Human Services for the use of their bike fleet. We used the bike fleet to provide bike safety lessons to our students. We will be using the fleet again at the end of October.

School News

5th grade news

Boozhoo/Aaniin Fond du Lac Ojibwe School Families,

My name is Aliza Kettelhut most students call me Ms. Aliza. This is my second year teaching at the Fond du Lac Ojibwe School. This year I have a co-teacher Mr. Daniel Franklin. Together, we have divided up the subjects where, Mr. Daniel will be teaching reading and social studies. I will be teaching math and science. I feel that we make a great 5th grade team. Our 5th grade students are an amazing group.

I would like to start by saying Chi-Miigwech for your patience and dedication for getting your students online during this difficult time. We look forward to being back in the classroom (or online!). Either way we enjoy teaching and working with your students. One thing we would like to incorporate in our classroom is ART. Many students have been requesting this and we would like to start this week. We really appreciate all the hard work and dedication from both our students and our families. We hope to make this a great year!



Learning never ends at the Fond du lac Ojibwe School. Our teachers received computer science training in August. They are now more confident in providing fun activities that teach coding skills to our students.



Yes, FDLOS students are using the bike rack donated by FDL Human Services Division. HOWA!



Fond du Lac Ojibwe School staff welcomed our students back to school in-style. Will we tell you which staff members are in the costumes? Gaawiin.

Reading support

Parent Tips from the desk of reading support staff Miss Martin and Grandma Ginny

Online can be a challenge for us all and we understand this. Parents/guardians, a few tips to keep in mind.

- #1 Every 20 minutes or so have your child take a water break
- #2 Keep the brightness at midpoint so the glare is not hard on the eyes
- #3 Your child(ren) may need several breaks if on the chromebook most of the day
- #4 Keep distractions away from online student like a tv or having a pet nearby
- #5 Keep food and beverages away from the chromebook
- #6 Charge the chromebook daily so it is up and running

Etc

The new storybook walk

A Storybook Walk (Babaamose dibaajimowin) is currently on display along the Ojibwe School Path behind the school powwow grounds. The story, as originally told by the late Maude Kegg, has been beautifully illustrated by reading coach "Grandma Ginny" Hansen. Each page of the book is on a wooden post located alongside the path. Eleventh grader Cyrus Sloan made the posts. Our hope is to continue with a new story for each of the seasons.

Mii dash i'iw iwidi "babaamose dibaajimowin" izhinikaadeg. Izzaawag imaa ingiw Anishinaabeg babaamosewaad. Dakwamon i'iw miikanens. Mii dash dibaajimomagad i'iw mazina'igan-miikana gage iniw ikidowinan Ojibwemowinong miinawaa Zhaaginashimowinong. Mii dash dagwaagin indawaajigo zhoomiingwenidaa.

Zoom School Board Meeting July 13, 2021

Called to Order: 12:05 pm

Roll Call: Present: Robert Peacock, Michael Diver, Carol Wuollet, and Dawn Ammesmaki
 Absent: Deb Johnson-Fuller, Jeffrey Tibbetts and Naomi Northrup
 Others present: Superintendent Jennifer Murray, School Principal Valerie Tanner, Grants & Accountability Manager Maria Defoe, and High School Guidance Counselor Vicki Oberstar.

Robert Peacock called the meeting to order.
 Reading of Mission Statement and Vision: Valerie Tanner
 Approval of Agenda:
 Add to Agenda: Wellness Policy Changes and School Board Charter
 Motion made by Michael Diver, 2nd by Carol Wuollet, all in favor, 0 opposed, motion carried.

Approval of Minutes June 13, 2021: Motion made by Michael Diver, 2nd by Carol Wuollet, all in favor, 0 opposed, motion carried.

Review of Ledger:
 New fiscal year started July 1, 2021- no ledger to review

New Business:
 COVID 19 update:
 • Will update safety plan to return

to in person learning in fall

- Continue to wear masks in school
- 3 feet of social distance
- Visitors to building by appointment only
- Preparedness plan is on the website

2021-2022 Parent/Family/Student Handbook Changes

- The changes were reviewed by the Foundations Team and Parent Advisory Group
- The following were reviewed: headgear, immodest or provocative clothing and cell phones, School Board will revisit if necessary

Motion to approve renewal made by Carol Wuollet, 2nd by Dawn Ammesmaki, three in favor, 1 opposed, motion carried

BIE 2021-2022 Title Program Assurances. Motion to approve made by Michael Diver, 2nd by Carol Wuollet, all in favor, 0 opposed, motion carried

Fond du Lac Ojibwe School Parent and Family Engagement Policy & Fond du Lac Parental Involvement Policy

- Parent Advisory Group reviewed
- Remove and replace Parent Aware with Facebook

bers will notify whether they will attend in-person or on Zoom.

The 2021 Superintendent evaluation is due in August

Old Business:
 Strategic Plan reviewed
 Motion to approve made by Michael Diver, 2nd by Dawn Ammesmaki, all in favor, 0 opposed, motion carried.

MN School Board Association Renewal: Tabled

Supervisor Reports:
 Superintendent Jennifer Murray- Reviewed; Building Principal Valerie Tanner- Reviewed; Education Grants and Accountability Manager Dan Anderson/Maria Defoe- Reviewed; Cook Supervisor Mace Fonoti- Reviewed.

Other:
 Wellness Policy reviewed
 Motion to approve made by Michael Diver, 2nd by Carol Wuollet, all in favor, 0 opposed, motion carried.

School Board Charter: Jen do I say that the SB Chairperson will follow up on attendance of board members?

Motion to adjourn made by Michael Diver, 2nd by Carol Wuollet, all in favor, 0 opposed, motion carried to Adjourn. Adjourned at 2:06 p.m. Recorded by Julia Lintgen.

meeting to order
 Reading of Mission Statement and Vision: Jennifer Murray
 Approval of Agenda: Motion made by Jeffrey Tibbetts, 2nd by Carol Wuollet, all in favor, 0 opposed, motion carried.

Approval of Minutes July 13, 2021: Motion made by Carol Wuollet, 2nd by Robert Peacock, all in favor, 0 opposed, motion carried.

Review of Ledger:
 No ledger to review

New Business:
 COVID 19 update:
 • Will update safety plan to return to in person learning in fall
 • Will watch numbers due to new variant
 • Continue to wear masks in school
 • 3 feet of social distance
 • Visitors to building by appointment only
 • Preparedness plan is on the website
 • School is hosting another vaccination clinic

School Board Sub-Committees- we would like to have school board members sign up and sit in on our meetings for the following topics; Leadership, Cultural, Safety, Community Involvement and Policy Review.

Leadership: Deb Johnson-Fuller and Robert Peacock will work with the Leadership Team

Cultural: Naomi Northrup and Jeffrey Tibbetts will work with the Cultural Coordinator. Robert Peacock is an alternate on this sub-committee.

Safety: Mike Diver and Carol Wuollet will work with Maria Defoe. Jeffrey Tibbetts is an alternate on this sub-committee.

Community Involvement: Carol Wuollet and Deb Johnson-Fuller will work with Antonio Flores and Valerie Tanner.

Policy Review: Jeffrey Tibbetts and Naomi Northrup will work with Jennifer Murray and Maria Defoe.

The lead person for committee will contact school board members with dates & times of meetings



Operation Community Connect Resource Fair

Tuesday, November 9th
 10:00 - 2:00
 Cloquet Armory 801 Hwy 33 S.

- Veteran's Services
- Senior Services
- Mental Health Services
- Warrant Resolution
- Free lunch
- Childcare
- Education
- Disability Services
- Much more!

CHILDCARE AVAILABLE
Everyone is welcome!

For more information, call the United Way at 218-879-8404

13 Moons FDLTCC Extension Program

Wreath Making Workshop

Friday, November 26th 2021.
 5:30-7:30pm

Location: Zoom

To Register by E-mail or Phone:
phillipsavage@fdlrez.com
 218-878-7123



13 Moons will host a wreath making class with Lurinda Defoe, professional wreath maker. Participants will learn how to create beautiful wreaths by following along with the lesson. Sign up by Nov, 15th to ensure delivery of craft kit. This Session will be recorded for later viewing if preferred. Follow 13 Moons on Facebook!!



Motion to approve made by Michael Diver, 2nd by Carol Wuollet, all in favor, 0 opposed, motion carried.

School Board Meetings: In-person, Zoom and / or hybrid: discussed possible options for future school board meetings, school board mem-

Zoom School Board Meeting Aug. 10, 2021

Called to Order: 12:04 pm

Roll Call:
 Present: Deb Johnson-Fuller, Robert Peacock, Jeffrey Tibbetts, Carol Wuollet, and Naomi Northrup
 Absent: Michael Diver and Dawn Ammesmaki

Others present: Superintendent Jennifer Murray, School Principal Valerie Tanner, Grants & Accountability Manager Maria Defoe, Kitchen Supervisor Mace Fonoti, Antonio Flores School-wide Community Activities Supervisor and Cultural Curriculum Coordinator Tara DuPuis.

Deb Johnson-Fuller called the

meeting to order

Leadership: Deb Johnson-Fuller and Robert Peacock will work with the Leadership Team

Cultural: Naomi Northrup and Jeffrey Tibbetts will work with the Cultural Coordinator. Robert Peacock is an alternate on this sub-committee.

Safety: Mike Diver and Carol Wuollet will work with Maria Defoe. Jeffrey Tibbetts is an alternate on this sub-committee.

Community Involvement: Carol Wuollet and Deb Johnson-Fuller will work with Antonio Flores and Valerie Tanner.

Policy Review: Jeffrey Tibbetts and Naomi Northrup will work with Jennifer Murray and Maria Defoe.

The lead person for committee will contact school board members with dates & times of meetings

Old Business:

Etc

Strategic Plan review- next meeting August 17, 2021 at 9:00 am.

MN School Board Association Renewal: Tabled
2021 Superintendent Evaluation- Deb Johnson-Fuller and Robert Peacock will complete

Supervisor Reports:

Superintendent Jennifer Murray- Reviewed; Building Principal Valerie Tanner- Reviewed; Education Grants and Accountability Manager Maria Defoe- Reviewed; Cook Supervisor Mace Fonoti- Reviewed; Wellness Coordinator Daniel DuPay- Reviewed and School-wide Community Activities Supervisor Antonio Flores-Reviewed.

Other:

Will school board be updated on COVID changes as they occur? Yes, and Zachery Dunaiski posts updates by email for the newspaper.
Motion to adjourn made

by Jeffrey Tibbetts, 2nd by Carol Wuollet, all in favor, 0 opposed, motion carried to Adjourn. Adjourned at 12:48 p.m. Recorded by Julia Lintgen.

An open seat notice

The Land Use Committee is seeking an individual from the Sawyer district to serve on the committee. The purpose of this committee is to advise, assist and oversee the use, protection and development of land within the boundaries of the Reservation. Interested individuals should contact Jack Bassett at (218) 878-8043 or by email Jackbassett@fdlrez.com.

Requests must be received by November 15, 2021.

LEGAL NOTICE – NOVEMBER 2021


The following is a list of Band members who have monies in trust with the Fond du Lac Band. We are requesting the Band member, or his/her heirs, if the Band member is deceased, contact the Fond du Lac Legal Affairs Office at 218-878-2632 or toll-free at 1-800-365-1613, to assist the Band in distributing the trust monies. Unless a personal data form or heirship application has been filed with this office within one year of this notice, the identified funds will revert back to the Fond du Lac Band. *The one year period commences with the first publication.

BAND MEMBERS WITH UNCLAIMED PER CAPITA ACCOUNTS:

BLACKWELL, Mary Therese
CICHY, Gerard
CICHY, Leslie
DEFOE, Jackie Ann
DURFEE, Thomas
FIOLEK, Bernice
FRIEDMAN, Ann Lorraine
LAPRAIRIE, Robert
MARRONE, Elizabeth Ann
MARTIN, Travonti Josh
MARZINSKE, Larry
OLSON, Emmanuel Samuel
RUSSEAU, Cordell George
SAVAGE, Mark
SHABAIASH, Kevin L. Jr.
SIMON, Stella
SOULIER, Gary
TIESSEN, Melissa Lee
WESAW, Joze R.
WILEY, Roxanne Marie

DO YOU NEED A WILL?

If you are a Fond du Lac Tribal Member (or spouse of a Fond du Lac Tribal Member) and you need a will or estate planning documents, call us!



SWANSON, DROBNICK & TOUSEY, P.C. schedules appointments to meet with tribal members to complete estate planning documents ONCE PER MONTH at Black Bear Casino!

Swanson, Drobnick & Tousey P.C.
3120 Woodbury Drive, Ste. 200
Woodbury, MN 55129
651-739-9615
jgreen@sdllaw.com

This month's deals at the Fond du Lac Gas and Grocery



HERSHEY'S XL BARS \$2.19
4.25 OZ - 4.5 OZ

FLORIDA'S NATURAL GROWER'S PRIDE JUICE 2/\$3
14 OZ

JACK LINK'S BEEF JERKY \$13.49
10 OZ

MINH EGG ROLLS 99¢
3 OZ - PORK & VEGETABLE

MUDDY BUDDIES PRETZEL BITES 2/\$4
4 OZ

1935 Historical Pageant at Chambers' Grove in old Fond du Lac

Research by Christine Carlson

A Different Location
In 1935, the original post location of Fort #1 and #2 was privately owned by several people. Therefore, the fort was reconstructed at the Chambers' Grove site.

There is a little Historical Park at the end of 133rd Avenue West which is dedicated to the posts and the original post area was there and it encompassed lands to the east and to the west as well.

Plans Speeded for Historical Pageant Soon – Duluth Herald of July 25, 1935

Minnesota's historical pageant will be presented at evening performances for the first time when the production is staged at Fond du Lac Aug. 4, 5, 6 and 7.

The initial performance will be at 2:30 p.m. Sunday, August 4. The succeeding three shows will be given at 6:30 p.m. on Monday, Tuesday, and Wednesday. The performances will be about 90 minutes.

The gigantic parade will be staged Saturday evening, Aug. 3rd with floats and marching units decorated and costumed in keeping with the pageant's theme.

Don't Fail to see Pageant – August 1, 1934 – Carlton County Vidette

Thousands of Minnesota residents, as well as hundreds of tourists from all sections of the country, are expected here for the presentation.

Dedication of the trading post will be a feature of the opening day's festivities. The entire cast of players, including 150 Indians, together with the oxen, carts and

equipment used in the parade will be featured.

Indians Cast in Pageant at Fond du Lac – February 15, 1935

The pageant, "Early Fur Trading Days," which will be given Aug. 4, 5 and 6 at Fond du Lac by the state of Minnesota, will bring the native Ojibway from his haunts in the northland to Duluth to act in the exposition.

Native Indians from the various tribes that inhabited this region when John Jacob Astor first set up his fur trading post at Fond du Lac will form a part of the cast in the pageant at Chambers' grove.

Fur Post Fete Set for Duluth – June 13, 1935

John Jacob Astor Days to be Relived. The story of the Northwest's first industry, the fur trading business, with its swashbuckling French voyageur, the city of the Chippewa and the romance of the first white settlers in this area, will be told in pageantry here August 4, 5, 6 and 7, on the original site of the John Jacob Astor fur trading post.

On a small island in the St. Louis river, directly opposite the stockade which will enclose the settlement, Indians whose forefathers lived and died at Fond du Lac will establish their homes. The village will be typical of that which existed there from 1802, the year Astor sent William Morrison to Fond du Lac to set up the post.

Birch bark canoes will be used to convey the Indians from their village on the island to the mainland, where the pageant will be held.

Indian Visitors Camp at Astor Stockade - Duluth News Tribune – July 16, 1935

75 Chippewas Pitch Wigwams on Banks of River Prior to Opening of Big Pageant Friday. An Indian village sprang up on the banks of the St. Louis river outside the stockade at Fond du Lac yesterday afternoon once again to bring back the atmosphere and surroundings of frontier days.

The redmen led by their tribal chieftains from the Cass Lake and White Earth reservations. Leader of the band was Chief Oh Yah Bainoe, "Little Buck," an aged chieftain who yet retains the vigor of his youth. He stands well over six feet and walks with the erect carriage of a soldier.

The Indians will be seen in episodes of the pageant.

Work Progresses on Trading Post – Duluth Herald of July 19, 1935

Relics and souvenirs of the original post have been gathered and will be on display. Among the valuable articles accounted for so far are three of the logs used in the original structure, several hand wrought nails, Indian moccasins, and a drinking cup of silver pewter with a gold lining, from Mr. and Mrs. C. O. Bergquist; an ax head used by the women of the Chippewa Indian tribe from Mrs. Angeline January, a descendant of the tribe; a blue stone tomahawk head from Thomas Jackson; an ox yoke and some lumber used in the first Astor post from Edgar Eva.

Duluth News Tribune – July 28, 1935

Nearly 250 actors, including 125 Chippewa Indians, will take part in the 1935 historical pageant given by the forestry division of

the Minnesota department of conservation.

Duluth News Tribune – August 5, 1935

Prior to and after the ceremony and the pageant, hundreds passed through the stockade and museum rooms. In a large glass case items of historical interest from the original Astor buildings are on display. Among these is a journal of Francois Roussain, one of the early fur traders; a shot pouch which belonged to Rous-sain; a flint lock trade gun which belonged to Vincent Roy, another early trader; a piece of original timber from the old post; blacksmith's implements, a tomahawk head, canoe knife, old gun stock and other items found in the ruins of the original building.

Aged Indian Woman Recalls Early Days in Fond du Lac – Mrs. January 77, Remembers Pioneers, Activities at First Trading Post Where Her Father Sold Birch Bark Canoes – Steel Plant Newspaper 1935

Mrs. January, her once dark locks graying, but her bronzed, high cheek-boned face slightly belying her 77 years of outdoor life, contemplates next week's historical pageant—and recalls the days of Fond du Lac "way back when."

Mrs. January lives in a little, old gray house by the side of the road, and for weeks she has watched the bustle and hustle of the CCC boys who have been restoring the old Astor trading post at Chambers' Grove. She has watched the boys construct a replica of the old post, where her father traded furs with the early white men, and it all has brought back vivid memories of her childhood days at the site of the old

camping grounds.

She was born at Fond du Lac in 1858, and her father and mother before her were born there. Angeline January tells her story of the early days with difficulty. The language of the Chippewa tribe remains the one language in which she can best express herself, but seven years of schooling has taught her to read the words of the white man and to converse, although with some difficulty, in English.

"I forgot most of what I learned," she explained with a regrettable tone in her voice as she tried to paint a picture of the early Fond du Lac days. Her father died at the age of 86 and her mother at 83. Both were born and spent their entire days at Fond du Lac.

"My father, he built canoes and sold them for a living. He made many of them. "The canoes went to traders who came up the St. Louis river to join in the treasures of the fur business, and to missionaries who came to carry the gospel to the Chippewas."

"He shot animals and sold the furs, too." Mrs. January said, but how and to whom she did not remember. In the canoes which her father built, she often went on trips up and down the river and enjoyed herself viewing the beauties of the virgin lands. "But it is hard for me to remember."

Her lone companion is "Buster", a lean, amiable hound who is kind to visitors during the day—but bites at night." She is anxious to see next week's pageant and see relived the days her father and mother knew well and to watch the Indian dances in which she and her people once participated.

Next month will be several illustrations of the different forts.

OH MY GOURD I WON!



NOVEMBER 6TH - 27TH

DRAWINGS SATURDAYS 6 - 9 PM

- Start earning entries on October 31, 2021.
- Six (6) each hour, twenty-four (24) winners a night.
- Winners can win up to \$5,000 on Saturdays.

blackbearcasinoresort.com

*Slots, Blackjack & Bingo Players Club Members earn one (1) entry for every five (5) points earned on game play. See official details & rules on blackbearcasinoresort.com or at the Players Club.

NOW UNTIL SUPPLIES LAST

EARN A 2ND CHANCE

EARN POINTS BETWEEN
8 AM - 9:59 PM
ON MONDAYS & TUESDAYS
TO GET FREE ITEMS!

* See Players Club for rules, available items & points needed to earn them. Items available on a first-come, first-served basis. Management reserves all rights.

Owned and operated by the Fond du Lac Band of Lake Superior Chippewa

blackbearcasinoresort.com

RICK SPRINGFIELD

DEC 17th



Health News

November is Lung Cancer Awareness month

Risk factors for cigarette smoking and using other tobacco products such as: cigars, pipes, and e-cigarettes is the number one risk factor for lung cancer and in the United States smoking is linked to about 80% to 90% of lung cancer deaths. People who smoke are 15 to 30 times more likely to get lung cancer or die from lung cancer than people who do not smoke. Smoking causes cancer of the mouth, throat, esophagus, trachea, bronchus, and voice box (larynx). Lung cancer has the highest cancer diagnoses and is the leading cause of death among Native Americans & Alaskan Natives in the northern plains area.

Other risk factors may include:

- Second hand smoke from other cigarettes, pipes, cigars, or e-cigarettes
- Radon from rocks and dirt found in 1 out of 15 homes in the United States
- Other substances such as asbestos, arsenic, and diesel exhaust
- Personal family or family history of lung cancer: parents, brothers, or sisters
- Radiation therapy to the chest-cancer survivors
- Diet may be a factor with risks in drinking water and other chemicals found in food.

Signs and symptoms of lung cancer:

Lung cancer usually has no symptoms in its early stages. When they start to appear, they can include:

- Chronic coughing-sometimes with mucus that has blood in it
 - Respiratory infections that keep coming back-including bronchitis or pneumonia
 - Shortness of breath that gets worse, wheezing and lasting chest, back, or shoulders that gets worse when coughing, laughing, or deep breathing
 - Hoarseness
 - Swelling of the neck and face
 - Pain and weakness in the shoulder, arm, or hand
 - Fatigue, weakness, loss of weight and appetite, fever that comes and goes, severe headaches, and body pain
 - Trouble swallowing or pain
- Things you can do to lower your risks are:**
- Stay away from tobacco
 - Eating a health diet with a wide variety of vegetables, fruits, and whole grains each day
 - Be active and exercise
 - Staying at a healthy weight
 - Talk to your provider about getting screened
 - There are tobacco cessation programs available to assist with quitting.

Always remember to consult your healthcare provider with and questions or concern.

A message from your Fond du Lac Cancer Control Project
Sources: Center for Disease Control and prevention (www.cdc.gov), WebMD (www.webmd.com/lung-cancer), and American Indian Cancer Foundation (www.americanindiancancer.org)

November food safety tips

By Kara Stoneburner, RDN LD, Community Health Services Dietitian

It is that time of year again when food tends to take a center stage. This holiday season, make it a safe one by keeping in mind these food safety tips:

Clean

- Wash your hands. Wash surfaces, cutting boards and utensils after they have touched raw foods. Wash fruits and vegetables before eating or cutting

Separate

- Don't cross-contaminate. Keep raw meat, poultry, seafood and eggs away from ready to eat foods while shopping, during storage and prepping

Cook

- Cook all foods to the right temperature (see chart below)
- Use a food thermometer

Chill

- Store foods at the correct temperature, keep the refrigerator at 40°F or below
- Know when to throw foods out
- Refrigerate leftovers within 2 hours (within 1 hour if the temperature is 90°F or above)
- Thaw food safely (see below)

Thawing recommendations:

1. Refrigerator- Put meat in a container, on the bottom shelf of the refrigerator. Plan for 24 hours of refrigerator thaw time for every 4-5 pounds of meat
2. Cold water- Place meat in a leak-proof plastic bag. Submerge meat in cold water. Change the water every 30 minutes. Plan for 30 minutes of thawing for every pound of meat
3. Microwave- Check the manufacturer's instructions on what

size meat will fit, the number of minutes per pound needed and the power level. All microwaves are different. Microwave thawing is not recommended for extremely large pieces of meat

Never thaw food on the counter. Foods left to thaw on the counter can reach the "Danger Zone" (40°-140°F). In this temperature range, bacteria can form and spread quickly, potentially causing food-borne illnesses. Always cook meat immediately after thawing.

Temperature recommendations:

- 145°F whole cuts of beef, pork, veal and lamb. Allow meat to rest for 3 minutes before carving or eating
- 160°F ground meats such as beef or pork
- 165°F all poultry, including ground chicken and turkey. Allow a whole turkey to rest 20 minutes before carving. If the turkey is stuffed before cooking, stuff loosely with moist stuffing and cook immediately after stuffing. The stuffing also needs to cook to 165°F
- 145°F all leftovers and casseroles
- 145°F fresh (raw) ham
- 145°F fin fish or cook until opaque

Check the temperature in several places. For roasts, steaks and thick chops, place thermometer in the center, thickest part of the meat, away from bone, fat and gristle. For a turkey, take the temperature from the thickest part of the breast, the innermost part of the wing and the innermost part of the thigh, away from the bone. If using a

cooking a stuffed turkey, be sure to check the temperature of the stuffing as well.

Questions about meat prep and cooking can also be answered at USDA Meat and Poultry Hotline. It is answered year-round, Monday-Friday: 1-888-674-6854.

Sources include USDA Food Safety and Inspection Service, [CDC.gov](http://www.cdc.gov) and [fda.gov](http://www.fda.gov)

Leftover turkey? Try this turkey stew recipe from Montana State University Extension Service:

Makes 4 servings

Ingredients:

- 2 tsp vegetable oil
- ½ c onion (chopped)
- 1 garlic clove (finely chopped, or ½ tsp garlic powder)
- 4 carrots (chopped)
- 2 celery stalks (chopped)
- 2 potatoes (chopped)
- 1 can tomatoes, diced
- 2 c water
- 2 cups turkey (cooked, chopped)
- Salt & pepper to taste (optional)
- Italian seasoning or oregano, basil or thyme (to taste, optional)

Directions:

1. Heat oil in medium saucepan. Add onion, garlic, carrots and celery. Stir for 2 minutes
2. Add potatoes, tomatoes and water to pan. Bring to boil, then lower heat and simmer 30 minutes or until vegetables are tender
3. Add turkey and cook another 5 minutes or until heated
4. Season to taste before serving

Health News

Prediabetes Risk Test

NATIONAL
DIABETES
PREVENTION
PROGRAM

1. How old are you?

Younger than 40 years (0 points)
40–49 years (1 point)
50–59 years (2 points)
60 years or older (3 points)

Write your score in
the boxes below

2. Are you a man or a woman?

Man (1 point) Woman (0 points)

3. If you are a woman, have you ever been diagnosed with gestational diabetes?

Yes (1 point) No (0 points)

4. Do you have a mother, father, sister, or brother with diabetes?

Yes (1 point) No (0 points)

5. Have you ever been diagnosed with high blood pressure?

Yes (1 point) No (0 points)

6. Are you physically active?

Yes (0 points) No (1 point)

7. What is your weight category?

(See chart at right)

Total score:

Height	Weight (lbs.)		
4'10"	119-142	143-190	191+
4'11"	124-147	148-197	198+
5'0"	128-152	153-203	204+
5'1"	132-157	158-210	211+
5'2"	136-163	164-217	218+
5'3"	141-168	169-224	225+
5'4"	145-173	174-231	232+
5'5"	150-179	180-239	240+
5'6"	155-185	186-246	247+
5'7"	159-190	191-254	255+
5'8"	164-196	197-261	262+
5'9"	169-202	203-269	270+
5'10"	174-208	209-277	278+
5'11"	179-214	215-285	286+
6'0"	184-220	221-293	294+
6'1"	189-226	227-301	302+
6'2"	194-232	233-310	311+
6'3"	200-239	240-318	319+
6'4"	205-245	246-327	328+
	1 Point	2 Points	3 Points
	You weigh less than the 1 Point column (0 points)		

Adapted from Bang et al., Ann Intern Med 151:775-783, 2009. Original algorithm was validated without gestational diabetes as part of the model.

If you scored 5 or higher

You are at increased risk for having prediabetes and are at high risk for type 2 diabetes. However, only your doctor can tell for sure if you have type 2 diabetes or prediabetes, a condition in which blood sugar levels are higher than normal but not high enough yet to be diagnosed as type 2 diabetes. **Talk to your doctor to see if additional testing is needed.**

If you are African American, Hispanic/Latino American, American Indian/Alaska Native, Asian American, or Pacific Islander, you are at higher risk for prediabetes and type 2 diabetes. Also, if you are Asian American, you are at increased risk for type 2 diabetes at a lower weight (about 15 pounds lower than weights in the 1 Point column). Talk to your doctor to see if you should have your blood sugar tested.

You can reduce your risk for type 2 diabetes

Find out how you can reverse prediabetes and prevent or delay type 2 diabetes through a **CDC-recognized lifestyle change program** at <https://www.cdc.gov/diabetes/prevention/lifestyle-program>.

Risk Test provided by the American Diabetes Association and the Centers for Disease Control and Prevention.



If you score a 5 or higher, contact Chris Foss,
FDL Diabetes Prevention Educator (218) 878-3721.

Vaccines protect against variants

Basically all of the recent cases of COVID are due to the spread of the Delta variant, and new data suggests that mRNA vaccines continue to be effective in keeping people safe.

As more and more variants arise, the fear is that vaccine's won't work as effectively, but as IFL Science reports, those fears haven't come to fruition yet.

When it comes to the COVID-19 pandemic, the major concern is that an emerging variant will render vaccines ineffective.

New data suggests that things still look good, at least when it comes to mRNA vaccines. As reported in Nature, the vaccines from Moderna and Pfizer/BioNTech retained neutralization capacities against most variants.

"Vaccines induce high levels of antibodies against Delta and most variants," corresponding author Professor Akiko Iwasaki, from Yale University, said in a statement. "And two shots are better than one."

Breakthrough cases have led many anti-vaxxers to say that the vaccines aren't effective, but this study shows that it isn't a lack of effectiveness in the vaccine, it's just how dangerous the delta variant is.

Analysis shows that the vaccines bolster the immune system response against the infection. The team collected blood samples from 40 healthcare workers before, between, and after the two vaccinations doses. They then exposed the blood to 16 different variants of SARS-CoV-2, the virus that causes COVID-19. The immune responses were generally really strong, which is positive.

Among the interesting details, the immune response was much stronger after the second dose as was expected from the clinical trial. And the work confirms why there have been cases of breakthrough infections among the vaccinated.



Ashi-niswi giizisoog (Thirteen Moons)

Gashkadino-giizis:

Gashkadino-giizis is the Freezing Moon. The new moon begins November 23. Other names for this moon are Adikomemi-giizis, the Whitefish Moon.

Anishinaabemowin Lessons

Double Vowel Chart

This is how to pronounce Ojibwe words.

All consonants sound the same as in English.

“Zh”- sounds like the “su” in measure

“a”- sounds like the “u” in sun

“aa”- sounds like the “a” in father

“i”- sounds like the “i” in sit

“ii”- sounds like the “ee” in feet

“o”- sounds like the “o” in go

“oo”- sounds like the “oo” in food

“e”- sounds like the “ay” in stay

Colors

Black- Makadewaa

Red- Miskwaa

White- Waabishkaa

Blue or Green- Ozhaawashkwaa

Brown or Yellow- Ozhaawaa

Source: www.ojibwe.org/home/pdf/ojibwe_beginner_dictionary.pdf

Ashi-niswi giizisoog BIGADA'WAA WORD SEARCH

Find the Ojibwe words in the puzzle below

J Q S Y C L V L H X I F L M R D T A N M
 K C U U M J W L D N B X U U A C E A D H
 S Z W E L K Z Y H A C Y O Q L N G N Z T
 S O L M M Q J T B A D U U E S I Z I M N
 W X W G Z A N P E B O Q E W H M M K T M
 N D K W M C O L E V S I F C G I L O F J
 M E T N F A O D W N H B I E B I X O S A
 W S F Z Z X T I A T T J R O F H S B K I
 R I Q C C V A G Y W A Q G I D S C I P O
 N B I G D Z A A A B A I N P G I Q J Q M
 H I M P N A K Y A U S S P D N M A I H L
 M T M O T M H A B I G Y F Z Z A G G J N
 W E V A G R S M I T P I C R O R T A F W
 F D G X A N O Z N I W I D N A H S A U I
 M A L Z I D O Z A S H K A F K Q B N A K
 Z O I B T H N O A M B S R P G Y A N Q P
 Z I N B J D G A N U V B Y O C N X V C T
 B F T N N P P H M R D D G H U T B D S U
 M L L X K A V P E M M A B N L D B V A A
 U X B I Z I D H T E I S O T D I B L L H

AABAJICHIGAN/TOOL

AANIKOOBIJIGAAN/ANCESTOR

ASHANDIWIN/RATIONS

DETIBISED/WHEEL

MANDAAMIN/CORN

MAYAGI/EXOTIC

MISHIIMIN/APPLE

MIZISE/TURKEY

NAANIBAAYAWE/YAWN

NOONGOM/TODAY

NOOSHKATOON/WINDOW

OZIIISIGOBIMIZH/WILLOW

ZAGATAAGAN/TINDER

Community News

Happy Birthday

Happy 1st birthday **Neveah** (Nov. 14), I love you
Love, Granpa Loons



Happy Birthday **Neveah** (Nov. 14)
Love, Mommy



Happy birthday mom, **Danielle Martineau** (Nov. 23) We love you to the moon and back a million times!
Xoxo ever ever, Court, Trav,

baby Trav, Laila and kar kar

Obituary

Clyde "Jody" Joseph Atwood, age 60, died Tuesday, September 14, 2021, in his home. He was born on August 9, 1961, to Clyde D. Atwood and Ilene Jean Mulder in Topeka, KS. Jody was a US Navy veteran serving from 1981-85. He returned home and earned his bachelor's degree in accounting. Jody had a brilliant mind; he excelled and enjoyed computer programming and technology. He also enjoyed golfing, visiting the Casino for the buffet, and playing some machines. Jody was one of the nicest men, generous with what he had when he was sober. He struggled with alcoholism for many years. Jody will be remembered for his sense of humor and generosity.



Jody was preceded in death by his parents. He is survived by his sisters, Kim (Peter) Spoor, Dawn (Mark) Schulze, and Deb (Ed) Smith and his fur baby, Lily.

Ramona "Mona" Jack, "WaaWiye-aanakwadookwe", passed away at her home on August 13, 2021.

She is survived by her father, Michael Munnell and Mother Wyona (Mike Meier) Jack; husband Rodney Diver, daughter Wyona Gayle Jack, Brothers Preston and Billy Jack and a sister Twighla Jack. Many other relatives and friends.

Congratulations to additional 2020/2021, Fond du Lac Scholarship Program graduates:

2-yr. degrees:

Shania DeLille

Fond du Lac Tribal and Community College

Associate of Arts Degree

Clair Deppa (Friedman)

Fond du Lac Tribal and Community College Associate of Arts Degree

Jarvis Paro

Fond du Lac Tribal and Community College Law Enforcement

4-yr. degrees:

Jasmin Budreau

Bemidji State University Bachelor of Science, Criminal Justice, Law Enforcement, and Victimology

Tyler Ojibway

Mankato State University Bachelor of Science, Law Enforcement

Master degrees:

Julie Ells

University of Northwestern Master of Arts Ministry Leadership

Donna Ennis

University of Arizona James E. Rogers College of Law Master of Legal Studies

Certificates:

Luke Cominsky

Polaris Career Center Precision/CNC Machine Technology

Shania DeLille

Fond du Lac Tribal and Community College Anishinaabe Language **Alan Geisenkoetter**

Dunwoody College of Technology Construction Project Management

Congratulations to all of the graduates who have dedicated their time and devotion to education! It is an honor and pleasure to have served you through your journey.

Rachelle West, FDL Scholarship Director and Veronica Smith, FDL Scholarship Assistant



Thank you

I would like to thank the goofers and also the merchants who donated to the Black Pants Golf Tournament Sept. 18 *Irma Stein*





LIVE IN THE OTTER CREEK EVENT CENTER

STEN JODDY

NOV 5

FREE TRUTH 2 THE YOUTH & HIPHOP SHOW!

DOORS OPEN 6 PM | SHOW 7 PM
ALCOHOL FREE EVENT

Owned and operated by the Fond du Lac Band of Lake Superior Chippewa

LIVE IN THE OTTER CREEK EVENT CENTER
NATIVE AMERICAN HERITAGE MONTH



OPENING CEREMONY

CLOSING CEREMONY

NOV 5, 2021
AT 5:30 PM

NOV 26, 2021
AT 5:30 PM

LIVE IN THE OTTER CREEK EVENT CENTER
BLACK BEAR CASINO RESORT

I Am Anishinaabe

Contemporary Great Lakes Apparel based on the Traditional Apparel of our Ancestors. Show produced by Delina White.

NOV 20

FREE FASHION SHOW!
DOORS OPEN 5 PM | SHOW 6 PM
ALCOHOL FREE EVENT

iamanishinaabe.com

Opening feature musicians: Blood Quantum

FOOD SPECIALS

Watch for Native American food specials all November long in the Sage Deli and the Seven Fires Steakhouse

LIVE IN THE OTTER CREEK EVENT CENTER

Brulé

NOV 26 FREE SHOW!
DOORS OPEN 6 PM | SHOW 7 PM
ALCOHOL FREE EVENT

blackbearcasinoresort.com

SEVEN FIRES STEAKHOUSE

SAGE DELI