

# Nahgahchiwanong

(Far end of the Great Lake)

# Dibahjimowinnan

(Narrating of Story)



The 2018 Elder's Christmas party Dec. 7, filled the BBCR Otter Creek Event Center.

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# Local News

## Elder's Christmas Party

By Zachary N. Dunaiski

It wouldn't be the holiday season without it getting underway at the Elder's Christmas Party.

Every year the Black Bear Casino and Resort staff prepare the Otter Creek Event Center and fill the room with tables, decorations, gifts, and great food. Elders need only bring their spouses and holiday cheer to have a great time during the three hour lunch.

The RBC was in attendance to thank the membership for coming to the event and to wish them a Merry Christmas. Without RBC the Elder's Christmas party would not be possible. All four of the RBC members spoke, and thanked the students from the Fond du Lac Ojibwe School who were there to serve Elder's and help the event staff with all that they do.

The Elder's Christmas Party is a great time to catch up with friends and family that we haven't seen in far too long.



## Nahgahchiwanong Dibahjimowinnan

Translation: Far End of the Great Lake; Narrating of Story

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Published monthly by the Fond du Lac Reservation Business Committee. Subscriptions are free for Fond du Lac Band Members. To inform us of a change of address, write to:  
Fond du Lac News, Tribal Center,  
1720 Big Lake Rd.,  
Cloquet, Minn. 55720.

Editor: Zachary N. Dunaiski  
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The mission of this publication is to provide the Anishinaabeg community of the Fond du Lac Band of Lake Superior Chippewa, Fond du Lac Reservation, with news and information that will be of help to them in their everyday lives. In addition, our goal will be to highlight many of the honors, accolades, accomplishments and awards that are earned by community members but are mostly overlooked by the mass mainstream media.

It is our hope that through greater information about the activities of our people, this publication can be an instrument of true community. It is not our intention to be a vehicle of divisiveness. To that

end, we do not publish editorials, opinion pieces or letters to the editor. There is an abundance of opportunity for the publishing, airing and dissemination of material of personal opinion in other communication vehicles available throughout the area, region and state.

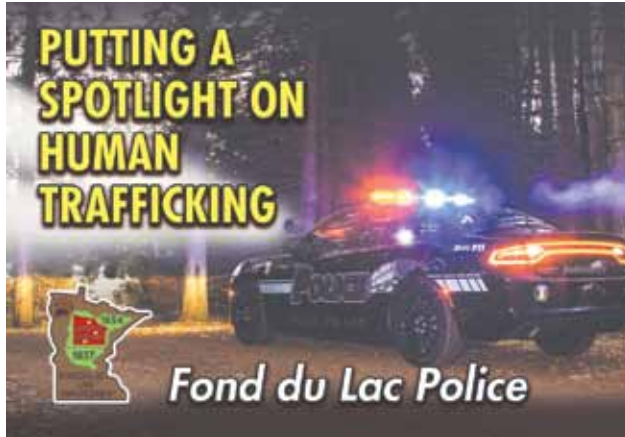
Our mission is to provide for Fond du Lac Anishinaabeg a publication that will not dismiss their culture, heritage, hopes and dreams. We are striving to make this newspaper fill that role.

Corporate Member of the  
Native American Journalists  
Association

# Local News

## January: Human Trafficking Awareness month

Fact: Human Trafficking includes Sex Trafficking  
 Fact: Sex Trafficking happens every day in Minnesota  
 Fact: One particular population that has fallen prey to trafficking; Native Americans  
 Fact: The historical trauma that the Native American Community has faced is critical to understanding Native men, women and children's vulnerability to sex trafficking.  
 Fact: Human Trafficking isn't any worse in our community. We are



just doing something about it. Join us.  
**See something say something**  
**For more information contact the Fond du Lac Police Department (218) 878-8040.**



Marcia Kitto, Fond du Lac Sexual Assault Advocate, leads the opening Honoring Survivors Shawls Round Dance, at the kickoff gathering for the January 2018 Trafficking Awareness Month events. The dance honors victims and survivors of Trafficking, Sexual Assault and Domestic Violence. This year's Press/Public Kickoff event will be held at noon on Jan. 7, 2019, at the Dr. Robert Powless Cultural Center in Duluth. Photo Courtesy of Steve Kuchera, Duluth News Tribune.

### Trafficking Awareness Month 2019 Schedule of Events

Community members are invited and encouraged to attend the full slate of trainings and EVENTS this month to combat trafficking in Duluth & the surrounding area.



No Wrong Door Northland: Building Capacity for a Community Response to Identify & Work

Jan. 3	4:30 pm	<b>Two Harbors Candlelight Vigil</b> <i>Sponsored by Lake County Sex Trafficking Task Force</i>	Lake County Courthouse/Law Enforcement Center Atrium
Jan. 4	5:30 pm	<b>Bring Her Home: Stolen Daughters of Turtle Island</b> <i>Sponsored by AICHO, All My Relations, MN Indian Women's Resource Center and NACDI</i> A traveling Art Exhibit highlighting the ongoing epidemic of missing and murdered Indigenous Women	Dr. Robert Powless Cultural Center 202 W. 2 <sup>nd</sup> Street, Duluth
Jan. 7	Noon	<b>Duluth Press/Public Kickoff</b>	Dr. Robert Powless Cultural Center 202 W. 2 <sup>nd</sup> Street
Jan. 7	6:00 pm	<b>Open Community Training</b> <b>Know the Signs: Trafficking Education</b> <i>Food/Beverages Provided by Duluth Public Library</i>	Duluth Public Library Green Room 520 W Superior Street
Jan. 8	Noon	<b>Open Medical Staff Training</b> <b>Know the Signs: Trafficking Education for Health Care</b> <i>Food/Beverages provided by Essentia Health</i>	Essentia Miller Dwan Auditorium 502 E. 2 <sup>nd</sup> Street, Duluth
Jan. 11		<b>National Human Trafficking Awareness Day</b>	
Jan. 12	All Day	<b>Gichi Manidoo Giizis Traditional Pow Wow Grand</b> Entries: 1:00 & 7:00 pm; Feast @ 5:00 pm	Black Bear Casino Resort
Jan. 22	1-3pm	<b>Open Housing Staff Training</b> <b>Know the Signs: Trafficking Education</b>	Dr. Robert Powless Cultural Center 202 W. 2 <sup>nd</sup> Street, Duluth
Jan. 24	5 pm	<b>Brave Art Exhibit and Youth Resource Fair</b> <i>Sponsored by PAVSA Youth Advisory Board and AICHO</i>	Dr. Robert Powless Cultural Center 202 W. 2 <sup>nd</sup> Street

with Survivors of Trafficking

PAVSA 24-hour Crisis Line 218.726.1931

Day One Emergency Shelter & Crisis Hotline Call 866.223.1111 or Txt 612.399.9995

For more information or to request a Trafficking Education Training, email [pavsa@pavsa.org](mailto:pavsa@pavsa.org)

Schedule of EVENTS on FACEBOOK: Duluth January Trafficking Awareness Month

**Community Organizations supporting Duluth Trafficking Awareness Month:** League of Women Voters Duluth, PAVSA, The Hills, Lutheran Social Service, First Witness, Life House, North Homes, Essentia Health, Men As Peacemakers, Lake County Sex Trafficking Task Force, American Association of University Women, AICHO, Fond du Lac Social Services, CASDA, Sister Cities International, YWCA, Duluth Public Library, IGO Legacy Hotel Group, Women's Resource & Action Center-UMD, NAACP, Duluth Public Schools, First United Methodist Church, Unitarian Universalist Congregation Duluth, St. Louis County Attorney's Office, Duluth Seaway Port Authority, Duluth Police Department

# RBC Thoughts

## Sawyer News

### Boozhoo,

Happy New Year everyone! I'd like to welcome Wally Dupuis as the District 1 Representative. All of the holiday celebrations brought family and friends together this past month. This has been a very mild December. Moose and deer hunters had a good year. It's nice to hear the hunting success stories. I have been getting good reports on ice fishing already.

The RBC and Natural Resources Department have been diligently working on two projects. First, the Highway 23 Grave Recovery Project, has been moving forward as planned. Second, the Line 3 Cultural Survey project, the "boots on the ground" portion, has come to an end and are now compiling the reports that were gathered. The RBC appreciates the hard work from both crews who labor every day on these projects.

The RBC, Comptroller, Directors, and Managers have been

steadily working on the budgets for 2019. I was happy to see that the departments were very realistic about their wants and needs in order to continue with services for the membership and continue managing our enterprises.

The Sawyer Native Arts Initiative grant through First Nations Development Institute is now complete. The largest group was the regalia class with 26 youth in attendance. Congratulations to all the children, families, and instructors. Chi-Miigwetch to the Recreational Youth staff who kept the motivation going and organized time and space for all the great projects.

Thoughts and prayers to the families who lost family members this past year.

*Miigwetch,  
Sincerely,  
Bruce M. Savage  
District II Sawyer Representative  
(218) 393-6902  
email: BruceSavage@fdlrez.com*



Bruce Savage

### Boozhoo,

I have been blessed with so many caring people. I received so many get well wishes and cards that I am uncertain that I can remember them all, therefore I am going to say thank you for all your prayers and wishes for a speedy recovery. Thank you for the beautiful plants and flower arrangements. Thank you for all the cards and phone calls asking how I am doing. Lastly, thank you for the visits in the hospital and while at home. All the support and caring by this community has helped tremendously in my recovery. Thank you and Chi-Megwech.

I have been working on next year's budgets with the RBC and accounting staff and would like to thank them for their hard work. I have been doing as much as I can but rehab keeps me pretty busy. The budgets should be ready for approval as several are already complete and approved but the whole package must be done by the first of the year. We have had to make some cuts to balance but should not impact programing any.

The Elder's Christmas Party was a huge success again this year. There was over 700 in attendance and 158 baskets donated to be given out to attendees. The Ojibwe School drum group began the event with an honor song followed

by Ricki Defoe and a blessing for the food and attendees. Barb Tidaback was the MC for the event and gave each RBC member a chance to welcome the crowd and wish them a happy holiday season. The food was delicious and the students did a wonderful job serving. I have been amazed by the quality of the event and attention to detail that this small group of ladies perform each year to make this event successful. I would like to give them a bit of recognition that I am sure they do not want or expect:

Char, Dorothy, Velvet, Sharon, Tammy, Linda, and Deb for your hard work and dedication to our Elder community.

The election is over and Wally Dupuis was the successful candidate. Congratulations and I look forward to working with you.

I would like to wish you and your family happy holidays for the upcoming season. I hope that you are blessed with happiness, peace and kindness in your life.

*If you have any questions or comments please feel free to contact me. My office number is (218)878-8158 or you can e-mail at [ferdinandmartineau@fdlrez.com](mailto:ferdinandmartineau@fdlrez.com)*

*Gigawaabamin.*



Ferdinand Martineau

# RBC Thoughts

## Brookston December News

By the time this article will be out many of you will have celebrated the family get together of Thanksgiving. I hope everyone had a safe and happy holiday that was spent with friends and family. For those that have lost loved ones I hope that your family still found a little joy in the holiday and my thoughts and prayers are with you.

It is also known that there will be a "Christmas Bonus" that all Band Members will be receiving and I truly hope this helps with the holidays and with winter upon us.

On a different note the mid-term elections are over and many of the candidates that support Indian Country are back and many new supporters. I would like to touch on how historical the elections were on a State and National level. We have the first ever Native Female elected to an Executive Office in Minnesota, Lieutenant Governor Elect Peggy Flanagan from the White Earth Nation. Then we have Representative's Elect Debra Haaland (Laguna Pueblo) from New Mexico and Sharice Davids (Ho-Chunk) from Kansas. What an amazing turnout throughout the country of Native American voters that turned out in record numbers. Thank you to everyone that exercised their right to cast a ballot.

I had the opportunity to represent Fond du Lac as a delegate in Denver, Colo. at the 75th Annual Convention of the National Congress of American Indians (NCAI). This is an organization that was established in response to the termination and assimilation policies of the United States Government. In my first term I was honored to serve as the Alt. Midwest Area Vice

President. They work on a variety of issues in Indian Country and offer support to Tribes on securing and preserving sovereignty issues. They have a fantastic conference track for Youth Councils and they are very well attended by Tribes around the country. I was very pleased that Tara Dupuis had brought a small contingency from the Fond du Lac Ojibwe School (see photo). We will hopefully send our Youth Council to these meetings in the future, once it is established.



Roger M. Smith Sr

I was able to participate in dialogue with other Tribal Leaders on issues of Law Enforcement, ICWA

issues, Farm Bill discussion, Native Vote, Census, Tribal Education and Chairman Dupuis and I were able to network with various other Tribal Leaders and discuss their Tribal Enterprises. I also participated in discussion and photo of wearing purple for ending Domestic Violence (see photo). I encourage anyone to check out their website at NCAI.org.

November was a fantastic month as we celebrated Native American Month at Black Bear Casino Resort. We started the month off with an Opening Ceremony in the front lobby of the Hotel with a drum ceremony and our FDL Royalty, Veterans, and

other special guests. We had the "Rez Reporter" comedy act along with "I Am Anishinaabe" Native American fashion show, the former contestant from "The Voice" Brooke Simpson, and finished the month off with the Native American dance show "Brule". It was great to see our very own Band Members being used as models for the fashion shows.

We are continuing to have meetings with Mayor Frey of Minneapolis on the issue of homeless Native Americans and also having discussions with the Red Lake Nation on their gracious offer to assist with temporary "Sprung" buildings put up on their property for people to move there for the winter.

We continue to monitor the work being completed on the "Hwy 23" MnDOT Project of where one of our historic cemeteries had been desecrated.

I continue to work on the creation of a Youth Council and will be asking for funding during the budget discussion coming up. I will also be looking at some dates in January to meet with the youth in all the Districts.

*Miigwech!!*

Roger M. Smith Sr  
rogermsmithsr@fdlrez.com  
(218) 878-7509



## Cloquet News

### Hello All

It is with sincere gratitude that I am able to again submit an article in our FDL paper. Thank you all for the support in the recent election. I am truly honored to be your representative again.



Wally Dupuis

At the time of writing this article, I have been back in office only three days. In those three days, I was able to get caught up on a number of activities that the Band is involved with. Also, I am sure that by the time you receive this addition of the paper Christmas will have come and gone. Even so, I wish you all a happy holidays.

I did meet with the Cloquet Community Center staff and learned that they are all set for the holiday party and are planning and working on a number of upcoming activities. After talking to staff and attending the community center Christmas party I was reminded about how hard they all work and I would like to thank them all for their dedication and commitment to providing the community with productive services and activities.

I also did spend an entire day going over the Band's budgets with our accounting staff and as I expected, this was an eye opening experience. We went over the wants and needs of each of our divisions. Some items were cut out of the budget, some items were added. This was a very productive meeting for me as I was able to learn the wants, needs, and financial operations of each division. I want to thank Jennifer and Chris for putting together such comprehensive documents and taking the time to help me understand it.

I look forward to next month's edition of our newspaper, as I will have had time to acclimate and will be able to provide information from our different divisions.

# RBC Thoughts

## Brookston News

### Boozhoo,

Well, as we close out 2018 I hope that everyone has had a safe and happy holiday season. I look back on the year and it was a very busy one.

We started the year by ushering in newly appointed MN Senator Tina Smith. We have had several meetings with her on several issues with the Tribes and will keep up the open dialogue. We also witnessed Duluth City Councilor Renee Van Nett being sworn in as the first Anishinaabe Ekwe to sit on the Duluth City Council. I represented Fond du Lac as a Delegate at NCAI's Winter Meeting in Washington D.C. where I was able to meet with some of MN Congressional congregation. I was also able to have a photo-op with Representative Nancy Pelosi, who will likely be the next Speaker of the House. We were also honored to be selected as the host site at Black Bear Casino Resort for Canada's First Nation annual Treaty 3 meeting. We celebrated the grand opening of our metro pharmacy Mashkiki Waakaa'igan that also offers a

Core 12 Treatment program. We celebrated our Veteran's Pow-wow where we honored not only our Veterans, but all Veterans. I was honored to accompany Qaiden Smith to the Minnesota Tribal Youth Gathering, that was the first such gathering in the nation. He was also able to meet Lt. Governor Elect Peggy Flanagan and Qaiden will accompany me at her swearing in ceremony at the Capital in St. Paul. We met several times with Governor Dayton on discussions of several topics involving, not only FDL, but all of the Tribes in Minn. I was able to share with Band Members the Kantonen Rd. cabin property and what has been worked on so far and will continue to update in the coming year. We had the opportunity with other Tribal Leaders to meet with Minneapolis Mayor Frey on discussions about the "Wall of Forgotten Indians" homeless encampment. Just this past week they have moved 10 individuals to the "Navigation Center" located on the property owned by the Red Lake Nation. I'll continue to update on the progress being made with all the Tribes coming together on

this issue. I was able to have fun during Halloween by going to various Scary Houses with community members and we were able to see the Head Start students trick or treat throughout the building (yes, that is me in a unicorn outfit). I was again able to represent FDL as a Delegate at NCAI's Annual Conference in Denver. It was a pleasure to see some of our students from the Ojibway School in attendance. We opened Native American Month up at the Black Bear Hotel with a drum ceremony where our FDL Royalty assisted along with our Veterans Honor Guard. We hosted an Anishinaabe Fashion show where we were able to

see some of our very own Band Members as models and they were fantastic. We were honored to have Brooke Simpson perform a show and also had taken time to meet with students from the Ojibway School. I also attended the Brookston Center Christmas Party and the staff did a fantastic job decorating the center and they always throw on a heck of a party for all to enjoy. Their interaction with the youth was amazing. They will be hosting a New Year's Eve party that is also fantastic.

In the coming year I will continue to work on establishing a Youth Council and to get them more involved. I will also give

updates on the Kantonen Rd. cabin project. We will continue to make the water issue in the Mahnomen Housing area a priority and I will ask for monthly updates to be placed in the paper. I also offer my condolences, thoughts, and prayers to all that have lost family members throughout the year and for those that are ill at this time. I hope everyone has a happy and safe New Year.

*Chi Miigwech!!!  
Roger Smith Sr.  
rogermsmithsr@fdlrez.com  
(218) 878-7509*



# RBC Thoughts



# Etc

## Special Election results

The Special Election results are in and Wally Dupuis will be the Cloquet District Representative for the remainder of the term which is up for re-election in 2020.

Dupuis, 260 votes (53.39%), won the seat, defeating Patty Petite, 227 votes (46.61%) by a small margin. Of the 1225 eligible voters 487 (39.76%) cast ballots in this Special Election with 113 of the votes being cast absentee.

Wally was the Cloquet District Representative from 2008-2016, with a short term as interim Chairman in 2016.

Thank you to everyone who participated in the Special Election process.



## Nagaajiwanaang Genawendangig Anishinaabemowin 2019 Language Program News

Submitted by Janis Fairbanks, Anishinaabemowin Coordinator

Looking back at 2018, and looking forward to 2019, the Fond du Lac Language Program has many accomplishments to celebrate, and many more to come this year.

The FDL Language Program Golden Eagle Staff was presented for the first time as a symbol of respect for past, present, and future Ojibwe language warriors at the December Ojibwe Language Symposium. Symposium planning was a whirlwind of activity for only two months, but the efforts yielded three well-known keynote speakers, twelve sessions of language learning presentations for all levels of learners, storytelling, ongoing video showings, lacrosse games, moccasin games, dish games, and puppet shows. Special thanks go to members of the FDL Language Advisory Board who presented at or attended the symposium, and to FDLTCC personnel who helped plan and execute the work to make the symposium happen.

Registrations were reported at 233 attendees, although some folks stopped in without registering, so the actual count was even higher! This is outstanding attendance for a first event! Miigwech to everyone who came to the symposium and for the many



evaluation comments that indicated participants' requests that the event be held again next year. Similar gatherings are indeed being planned by the Fond du Lac Language Program for calendar year 2019.

Attendees came from every other Ojibwe Reservation in Minnesota, some from Wisconsin, Michigan, and Mexico, and several from First Nations in Canada. Fond du Lac members were represented by both presenters and participants. At least one other Minnesota



Janis Fairbanks poses with the Language program's new Golden Eagle Staff. Photo Courtesy of Zack LaRonge and the Language Program.

Band is interested in rotating the symposiums to their area, an idea which is worth exploring, to give strength to a consortium

type arrangement for hosting these events.

Words of encouragement to language learners came from Dr. Brendan Fairbanks, who presented as his keynote topic "Habits of Successful Language

Learners and Emergent Languages." His message included: adult learners should not expect to learn the way children do. There is a window of opportunity that opens in early childhood and cuts off around age 14, where the child is forming an ability to embrace a dominant language. This

is the time when immersion practices are most effective. After that, patterns and a dominant language are set.

## Minwaanjigewin

(Good Nutrition and Food)

Who: Everyone is invited

When: Tuesday, January 22nd 2019  
12:00 - 1:00 pm

Where: Cloquet Community Center

What: Cooking class with a focus on blue cornmeal!

Take home multiple recipes for blue corn meal, two spice mixes, leftover food (bring your own container), and more!

Call Jessica Murray at 218-878-2647 or email [jessicamurray@fdlrez.com](mailto:jessicamurray@fdlrez.com) to reserve your spot.

The dates, times, and locations of future

Minwaanjigewin classes will be posted on [fdlrez.com](http://fdlrez.com)



# Etc

Adults can still learn, but not as easily as children do. Use immersion whenever possible with children. His final word of advice: Don't give up!

Another language event being planned for 2019 is Kiwenz Language Camp, which is tentatively scheduled Friday, Saturday, and half a day Sunday June 14 - 16, 2018 at Kiwenz Campground. Applications for artists and speakers may be found on the Anishinaabemowin Events page of the FDL website. If you are interested in participating in the 2019 Kiwenz language camp, please send in your application form. Camp planning begins in January 2019. You are welcome to attend planning meetings.

The FDL Language Program Strategic Plan will also be revisited and updated in 2019. If you have ideas to share, questions or comments about the language program, please contact janisfairbanks@fdlrez.com

## Tribal Court notice of name change

In the Matter of the Name Change of: VIRGINIA RAE JUEL, Petitioner. Case No.: NC-003-18 Notice of name change. Notice is hereby given that on December 12, 2018 an Order was issued changing the name of Virginia Rae Juel to Ginger Rae Juel.

## FACE program

The Fond du Lac Family and Child Education (FACE) Program is proudly serving

families in our community. The overall goals of the FACE Program continue to be:

- Support parents/primary caretakers in their role as their child's first and most influential teacher
- Strengthen family-school-community connections
- Increase parent participation in their child's learning and expectations for academic achievement
- Support and celebrate the unique cultural and linguistic diversity of each American Indian community served by the program
- Promote lifelong learning.

FACE has been designed to implement a family literacy program for the American Indian families in BIE-funded schools. Program services integrate language and culture in two settings: home and school. In the home-based setting, services are provided through the 4-component model: Personal Visits, FACE Family Circle (Group Connections), Screening, and Resource Network. In the center-based setting, services are provided through: Adult Learning, Early Childhood Education, Parent Time, and Parent and Child Together (PACT) Time.

Not only do we focus on literacy at school but we also focus on literacy in the home. All actively participating families receive age-appropriate Imagination Library books from Dollywood Foundation for their children every month from birth to five.

If you are interested in more

## 31st annual MAICC dinner


This year's 31st annual Minnesota American Indian Chamber of Commerce (MAICC) dinner Nov. 29 held at Mystic Lake Casino celebrated the accomplishments of American Indian Businesses in Minnesota, honored a FDL Band member.

Fond du Lac artist Sarah Agton Howes was honored at the ceremony along with Louie Gong, M. Ed. (Nooksack). Sarah's work is a beautiful collaboration of traditional Ojibwe work blended with contemporary style to make wonderful pieces of art.

MAICC is one of the first American Indian Chambers in the United States and the first oldest Chamber for people of color in Minnesota; MAICC was founded and incorporated in August of 1986 as a nonprofit entity, receiving its 501©3 status in January of 1989.



Sarah Agton Howes and Louie Gong pose for a picture at the 31st annual MAICC dinner




## NORTHERN SIEGE YOUTH LACROSSE LEAGUE

### Registration for spring begins January 19th!

**The Northern Siege Youth Lacrosse Association offering**

- Boys and Girls Lacrosse ages 5-14
- All experience levels welcome
- Local practices and games
- Lots of fun!
- Tournament opportunities



### FREE LEARN TO LAX CLINIC!

Never played Lacrosse but want to give it a try? **NO PROBLEM!** The siege will host a FREE "Learn to LAX" Day. **NO experience necessary!** There will be coaching staff, players and parents on hand to help answer any questions. **This is a great opportunity to try the fastest growing sport in the USA! ALL equipment will be provided! Bring a friend!**

**WHO: ALL BOYS AND GIRLS AGES 5-14 WHO WANT TO TRY LACROSSE**


**WHERE: FDL TRIBAL CENTER 1720 BIG LAKE RD CLOQUET MN**

**WHEN: SATURDAY JANUARY 19TH**

**TIMES**

- Boys k-4th grade 11am-12:30pm
- Boys 5th-8th grade 1pm-2:30pm
- Girls 3pm-4:30pm

Sponsored by



### KICK OFF PARTY FUNDRAISER!

**Saturday January 19th 6pm-9pm**


**Eskomo Pies**  
3 Hwy 61 Esko MN

**Join us to celebrate our 1st season as The Northern Siege!**

➤ All you can eat pizza and salad bar buffet \$9.95 for adults and \$6.95 for kids, % of sales go to Northern Siege LaX.

50/50 drawing and prize raffles throughout the evening!  
Open to the public so bring your friends and family to help raise some money for Youth Lacrosse!

Sponsored by



For more info on these events and all Siege news visit our website <https://tshq.bluesombrero.com/northernsiege>  
Our facebook page @ NorthernSiegeLacrosse or contact Sean Hall at s.hall4003@gmail.com

# Etc

information about our FACE Program and the people we serve, please contact us at (218) 878-7231.

## Fond du Lac Historical Society

The FDLREZ Historical Society meets the second Friday of each month at the FDL Resource Management building 10 a.m. to 2 p.m.

In 2019 the meetings will be Jan. 11, Feb. 8, March. 8, Apr. 12, May 10, June 14, and as always they will have a table at the FDL Enrollee Days.

If you have any questions, please contact Carol Jaakola at (218) 393-9284.

## NRCS applications

National Resource Conservation Service (NRCS) is accepting NRCS program applications through January 18, 2019. Any farmer, gardener, livestock producer, or private landowner should contact David Wise at (218) 565-1138 to find out more about what NRCS has to offer. David can help by walking anyone through the applications process.

## Fond du Lac Ojibwe School Board Regular Meeting Tuesday November 6, 2018 Fond du Lac Ojibwe School Board Room 3 p.m.

Called to order: 3:07 p.m.  
Roll Call: Debra Johnson-Fuller, Robert Peacock, Jeffrey

Tibbetts, Joyce LaPorte,  
Absent: Michael Diver,  
Jennifer Dupuis, Carol Wuollet

Others present: Jennifer Murray, Superintendent; Dan Anderson, Education Grants and Accountability Manager; Chad Pattison, FDL PD; Sharon Belanger, Special Education Coordinator; Valerie Tanner, Principal; Earl Otis, Athletic Director; Rita Connors, Receptionist;

Jennifer Murray read the mission statement.

Motion to approve the agenda with two additions: One, add Review the MN Department of Education Student Survey to New Business. Two, add ALICE Training to New Business - Joyce LaPorte, seconded by Robert Peacock, all in favor, 0 opposed, motion carried.

Motion to approve the October 9, 2018 regular meeting minutes Jeffrey Tibbetts, seconded by Robert Peacock, all in favor, 0 opposed, motion carried.

Motion to approve the October 23, 2018 special meeting minutes, Joyce LaPorte, seconded by Robert Peacock, all in favor, 0 opposed, motion carried.

Review the ledger - Culture budget, JOM, and Title VI need further clarification of budget 5008.

### New business

I. Journey Garden/CYFAR (Children, Youth, and Families At Risk) - Currently the Journey Garden is in need of funding. There is a contract in place for the CYFAR program that

could supplement Journey Garden. The program would like to continue a farmer's market, cooking, preserving, and culinary skills. Also work with the classrooms using the atrium. Currently constructing a budget, and will create an addendum for the current contract with the addition of Ojibwe language.

Motion to proceed with the understanding that Jamie Adams will present at the next school board meeting and implement the existing budget or modify the existing budget, Robert Peacock, seconded by Joyce LaPorte, all in favor, 0 opposed, all in favor, motion carried.

II. ALICE Training - Officer Chad Pattison presented ALICE (Alert, Lock down, Inform, Counter, Evacuate). This is a 3-4 hour staff training. There are large group training, small group training, and counter tools training. Officer Pattison presented a short video. Currently there are several FDLPD as trained instructors. There was discussion regarding school blue-prints. This would become an annual training and the current OJS staff are interested in this training.

Motion to accept the ALICE Training Jeffrey Tibbetts, seconded by Robert Peacock, all in favor, 0 opposed, motion carried.

II. FACE Van Purchase - Motion to purchase 2019 Dodge Caravan - Robert Peacock, seconded by Joyce LaPorte, all in favor, 0 opposed, motion carried.

III. The G WORK Proposal for Filming - presented by Sharon Belanger. Permission to film at the Ojibwe school. This is a documentary style film for diverse gifted education. Release will be distributed upon approval from the School Board. Interviews will consist of selected staff and students in the gifted program. Filming will take place November 13 - 15, 2018. There was discussion regarding the current G/T program at the Ojibwe School.

Motion to accept the G Word Film Proposal to Film at the FDL Ojibwe School, Joyce LaPorte, seconded by Jeffrey Tibbetts, all in favor, 0 opposed, motion carried.

IV. National Indian Education Study Participation - review of the NCES website specific to NIES.

Motion to table item Jeffrey Tibbetts, 2nd by Joyce LaPorte, all in favor, 0 opposed, motion carried.

V. MDE - MN Student Survey - Administered every 3 years, participation is voluntary, the information is done without student identification.

Motion to table this item, Robert Peacock, seconded by Jeffrey Tibbetts, all in favor, 0 opposed, motion carried.

### Old business

I. GIM Proposal of Work for Development a Play - Grassroots Indigenous Multimedia would like to Co-Own the Play so it can be shared. Leave the contract as is.

II. Competitive Salaries -

Tabled

III - School Board Retreat November 30-December 1, 2018. Consultant is available this date.

IV. Closed Campus Student Discussion - there are two requests from staff to complete this process. The board is currently awaiting PAG input. Item tabled.

V. Updated Cell Phone Policy - No cell phones during class and keep in a locked box were reported in the October 9, 2018 PAG minutes. PAG is in favor of the current policy was recorded in the October 9, 2018 School Board minutes.

VI. Behavior Report - Principal Valerie Tanner handed out a report of events for high school and elementary. High school events are mainly skipping. There was discussion regarding students with behaviors.

Supervisor reports Superintendent Jennifer Murray discussed CC workers supporting positive social emotional behaviors. Currently moving Mental Health workers to FT at the Ojibwe School.

Principal Tanner discussed the Super Appleman presentation.

Other

Rita Connors addressed the School Board regarding the recent lock down. This board has been superseded by Tribal Council and Carlton County. There was discussion regarding safety.

Motion to adjourn, Joyce Laporte, seconded by Jeff

# Etc

Tibbetts, all in favor, 0 opposed, motion carried.

Adjourn 5:35 p.m.

Recorded by Jennifer Trotterchaude

## Fond du Lac Strategic Plan update: Community Meeting

The Fond du Lac Reservation is updating the 2011 Strategic Plan and we are looking for community input on the following topics!

- Community Vitality
- Individual Self Reliance
- Sustainable Reservation Development

Refreshments will be provided

Location: Fond du Lac Black Bear Casino, Sophie Lake Room, January 14, 2019 5-8 p.m.

Any questions please call the Fond du Lac Planning Division at (218) 878-2642

Copies of the Fond du Lac Strategic Plan can be found at <http://www.fdlrez.com/planning/documents.htm>

## CDL Recruiting Event

Fond du Lac will be hosting a Commercial Driver's License (CDL) event at Black Bear Casino and Resort Jan. 3 from 8 a.m.-5 p.m.

For those interested in obtaining your CDL, this event will have a presentation at the top of every hour and after which, applications will be available to fill out.

There is no need to sign up prior to the event, just show up the day of. The recruiting event will be used to select for the limited availability CDL class which begins in Mid-January. The class is open to Tribal members, Tribal affiliated, and spouses. The class will be held in the BBCR Golf Course

Clubhouse.

Participants must be 21 years of age or older, have a current driver's license, not had a DWI in the last five years, and be able to pass a Department of Transportation (DOT) physical.

The five to six week class is sponsored by the teamsters. This class, being held at the BBCR, is geared toward Fond du Lac, Bois Forte, and Mille Lacs Band members and their spouses. There will also be a per diem for those in the class as well as rooms available for those who do not live in the area.

## Line 3 business opportunities

The Fond du Lac Reservation Business Committee (RBC) has asked Enbridge to share information on potential economic opportunities for FDL Band member businesses on the Line 3 Replacement Project.

Representatives from Enbridge will be at the Black Bear Casino and Resort on Monday, Jan. 28 from 10 a.m. to 6 p.m. in the Lake Hall Room. The session will include an informal presentation at the top of every hour followed by time to ask questions and talk, one on one, with Enbridge representatives.

This is the first step of small business development training provided by FDL and Enbridge. There are also plans underway to host small business development training in the first part of 2019.



# FOOD FOR THOUGHT

## A Tasting Event

Signature Food and Beverage Specialties Provided by Area Businesses

**Bid on  
Silent Auction Items**

**Raffle for FOUR  
Minnesota WILD tickets!  
\$10/chance \$891 value!**

THURSDAY

# January

# 20 17th 19

## 4:30 - 7 PM

**Visit Our  
"Wall of Wine"**

**Raffle for:  
\$1,000 Travel Voucher,  
Lake Superior Helicopter Tour,  
Float Plane Ride, Fire Ring  
& B&B Meat Bundle!**

**with Special Guest: MC Kerry Rodd**

**Fond du Lac Tribal and Community College Commons**

\$25 advance | \$30 at the door (per person)  
All proceeds support academic student scholarships!

Thank you to our Sponsors:







Catherine and Brett  
Loeb

PURCHASE TICKETS

FDLTCC Business Office | 2101 14th St., Cloquet

Reliable Insurance Agency | 803 Carlton Ave, Cloquet



Questions?

Mary Soyring | 218-879-0811

# Year in Review



# Year in Review



# Year in Review



# Whereabouts Unknown

The following list is the Whereabouts Unknown list for Fond du Lac Band members that have money or land or both in an Individual Indian Monies (IIM) account at the Office of the Special Trustee for American Indians.

Any individual who has knowledge of the whereabouts of these Fond du Lac Band members please call the Office of the Special Trustee (218) 751-4338 or mail a letter to the following address.

Office of the Special Trustee  
Federal Building Room 304  
522 Minnesota Avenue SW  
Bemidji, MN 56601

## Whereabouts unknown account information As of Nov. 29, 2018

AITKIN JR CLARENCE R  
ALLEN THOMAS J  
ANGUS ROSE LENORE MAR-  
LENE  
ANKERSTROM DANIEL A  
BABICH STEVEN\*  
BABICH WESLEY\*  
BARNEY JR LEWIS E  
BATEMAN CYNTHIA L  
BEASLEY BRENDA GANGSTAD  
BEGAY SARAH B  
BELGARDE CALEB G  
BELGARDE ELIAS J  
BERNARD MARGARET A\*  
BLOOMER LORI\*  
BOSHEY OVAUGHN M  
BOYER MARY L  
BUNGO DOROTHY E\*  
BUNGO JOHN  
BURKE THERESA LYNN  
BUSCH PARTICIA JO\*  
BUSCH, JR FLORIAN JOSEPH\*

CADOTTE MARVIN C\*  
CASEY KEITH  
CHIPS GABRIEL L  
COLUMBUS TRISTAN D  
CONNOR ARNOLD  
CONNOR GAIL  
CONNORS BERNICE\*  
CONNORS BERTHA TULLOS\*  
CONNORS CLYDE\*  
CONNORS ELLEN\*  
CONNORS HARRY\*  
CONNORS JENNIE INGALLS\*  
CONNORS RALPH\*  
COUTURE BRADY A  
COUTURE MICHAEL D  
COUTURE JR JOSEPH J  
CRANFORD BERNARD\*  
CRANFORD WILLIAM\*  
CROWE MICHAEL E  
DANIELSON MURIEL V  
DAVIS LELIA D  
DEFOE GARRETT A  
DEFOE MICHAEL D  
DEFOE RICHARD\*  
DEMPSEY JEWELL FERN\*  
DITTRICH JR LADDIE F  
DIVER KAREN\*  
DIVER ROBIN M  
DUBREUIL JOHN  
DUFALTY JULIA  
DUFALTY LARRY  
DURFEE PAUL\*  
DURFEE THOMAS S  
EDLUND DENISE JO  
EDLUND ROBERT VERNER  
FAIRBANKS JOSEPH B  
FAIRBANKS JR BERT A\*  
FINEDAY AMBER R  
FINEDAY JOSEPH L  
FINEDAY SAMANTHA M  
FINEDAY SARAH M  
FRAZIER VIRGINIA E  
GHEEN JOANN OSMUNDSON\*  
GODFREY MAX J\*  
GOUGE LEO  
GREIG MARY\*  
GRIFFITH BONNIE LOU AN-  
GUS

GRIFFITH CATHERINE\*  
HACKENSMITH TRAVIS J  
HARNOIS CHARLOTTE\*  
HEBARD JUANITA M BARTEN  
HEELAM DOROTHY MARIE  
SLEVA\*  
HEINEN DEBBIE  
HEINKEL JR HARRY H  
HEVRON DAVID J  
HOGUE MYRON D  
HOLTEN AUDREY\*  
HOWES HANNAH  
HUCULAK CHRISTOPHER  
JANKO SARAH C  
JENSEN VIRGINIA M CLARK\*  
JOHNS LIZZIE M  
JOHNSON JOYCE L  
KENTALLA TAYLOR DAVID E  
KING DYLAN L  
KING JACQUELINE M  
KING WESLEY L  
KRIKBRIDE NORA ANNE  
LABARGE DANIEL LEROY\*  
LAMOREAUX EUGENE A  
LAPRAIRIE GEORGE R  
LAPRAIRIE ROBERT H\*  
LAPRAIRIE SHELDON L  
LAROCK DAHNE\*  
LIEBECK KEVIN A  
LIND CLARISSA J  
LITTLEWOLF THEODORE L  
LIZANA VICKI  
LONEY JAMES M  
LOPEZ EDWARD J  
LORD CHRISTINE L  
LORD LEE C\*  
LORD LEE C\*  
LORD LEO A  
LORD ROBERT J  
LORD STEVEN P  
LUCIA DAVID M  
MACIEWSKI BRYAN  
MALLORY ROSELLA\*  
MANN MARY  
MANZINOJA ANDREW\*  
MARTIN ROSETTA\*  
MARTINEAU BERNARD E\*  
MARTINEAU DALE\*

MARTINEAU KATRINA E  
MARTINEAU LORETTA  
MARTINEAU STEVEN B  
MATHIS PATRICIA R\*  
MATHISON ADRIAN S  
MAYORGA WINTER M  
MCCAULEY JOHN  
MCCAULEY STEPHANIE  
MCEIVER JESSE J  
MCNAUGHTON CINDY R  
MCNAUGHTON JACK RAY-  
MOND  
MCNAUGHTON MICHAEL  
JOHN  
MEDHURST VIOLET\*  
MEHTALA-HOWES LISA  
MILLS CHRISTOPHER M  
MISQUADACE DAWN M  
MOOSE CHANGEL R  
MORRIS GARY ALLEN  
MORRISETTE JOHN ALLEN  
NAHGAHNUB KIM LEILANI  
NEWAGO DAVID A  
NEWAGO DENNIS  
NEWAGO LAURA  
NORTHRUP CARLISLE RUTH E  
NYHOLM JAMES J  
NYHUS JAMES  
OAKLEY AMANDA  
PACHECO RAMIRO A  
PASSMORE ALVENA\*  
PASSMORE ED\*  
PELTIER COLLEEN SUSAN  
PETERSDORF KATHLEEN M  
PETERSON MRS JOHN  
PETITE CATHERINE M  
PETITE JOHN  
PETITE JULIA W  
PETITE MARIE L  
PINEAU RUDY  
POSEY EMMA  
POULSEN STEPLER KAREN  
SUE  
PREMO DEREK J  
PROULX BERNARD E  
PSYK AMANDA N  
RABIDEAU CHRISTOPHER R  
RABIDEAU JOHN\*

RADKE BRUCE LYLE  
RAISCH HANNAH L  
RAISCH LARISSA S  
ROCHON KEVIN M\*  
ROY JOEL A  
RUSSELL HENRY J\*  
SAVAGE MARK A  
SCHLIENING KELLI  
SCHULL ELIZABETH  
SEAT CLIFFORD LOYD\*  
SEAT GENE HUBERT\*  
SHABAIASH JARED B  
SHABAIASH YVONNE J  
SHABAISH JOSEPH  
SHARLOW JR JOHN\*  
SMITH DANIEL W  
SMITH JAMES A  
SMITH TRENT L  
SMITH JR RONALD J  
ST GEORGE III DEXTER R  
STJOHN WILLIAM J\*  
STRONG RAE MURIEL  
SULINGARF ANGELICA M\*  
T F MCNAUGHTON \*  
TAYLOR DONTE D  
THOMAS JOHN JR\*  
THOMPSON DEBBIE\*  
THOMPSON KALEB J  
THOMPSON RAYMOND L\*  
TOMKE TIM B  
TYTECK JUDITH A  
URRUTIA LAYLA R  
URRUTIA LYRIC A  
URRUTIA JR BENNY R  
VETTER ELIZA B  
WAKEFIELD LE ROY J  
WAKEFIELD LEROY G\*  
WAKEFIELD LEROY\*  
WARD AUDREY\*  
WERNER SARA L  
WHITEBIRD JESSE J  
WHITEBIRD JOSEPH D  
WHITEBIRD VINCENT WAYNE  
WHITEBIRD JR DAVID R  
WILKIE LOUISE\*  
WOOD CHRISTOPHER A  
WOOD MARK S  
YELLOW TASHEEN M

# Fond du Lac Headman Keesh-kawk and his Jiibayag niimi idiwag Legend

Research by  
Christine Carlson

## 1838 Edmund Ely Diary Entries about Kishkag at the old Village of Fond du Lac in Western Duluth

*The old village of Fond du Lac - Monday, August 12, 1838 - Rose early—removed Box of Irons and vinegar blls. to the store; found 16 planks; put them into the chamber. Kishkag had taken 6 for Batabi's grave which I approved of. Wind sprang up from the east. Kishkag wished to embark with us to go to the payment in behalf of Batabi's family and his father's.*

*Tuesday, August 13 - Awoke and found it calm but by the time we were fairly started the breeze sprang up from E. again. Came on however to the entry; while cooking, Nindipen's family arrived from near LaPointe. Kishkag turned back with them; learning that it would probably be long before the payment. Wishes his and Batabi's families portion turned over to Peneguoneash. Prospect that it will blow all night and of course tomorrow.*

Note - The payment was to be made at LaPointe. The entry is by Minnesota Point. Nindipens was Shingoop's son. After Shingoop died in 1835, Nindipens later changed his name to Shingoop. The abbreviation blls. may stand for barrels. There are also several different spellings of Kishkawk.

## 1848-1849 Chippewa Delegation to Washington, D. C.

Kis-kok was the second chief of the Fond du Lac Band who attended this important meeting in Washington D.C. There were about twelve other in this delegation including Chief Naganub, his wife Mary, and head brave Makatawahja from the Fond du Lac Band.

## 1850 Census of the Fond du Lac Band

#130 is Keesh-kawk and his wife and child.

## 1854 - Treaty at LaPointe

Keesh-kawk signed this treaty as headman. A headman is responsible for a smaller group of about 10 to 50 people.

## Keeshkawk's Legend of the Aurora Borealis also known as the Northern Lights or Jiibayag niimi'idiwag meaning Dancing Ghosts or Spirits.

Long ago the inhabitants of the North were devastated by a famine. It was winter time and the bitter cold went on for a long time. The lands were deeply covered with snow and the animals traveled to find a warmer climate. The lakes and rivers were thick with ice and fishing was difficult. Much sorrow and hardship drenched the land. The respected members of the band stayed hidden in their lodges. The hunters and warriors stayed around the

campfires instead of boasting about their exploits and meditating their unhappy doom. Mothers desperately looked for berries and roots in the isolated forests. The women were saddened at their idle hands as they had no skins to make their comfortable moccasins. Hunger and distress filled the land. Feelings were that the Great Spirit was angry with the people but for an unknown reason and even the prayers of the spiritual Elders didn't help. The oldest man of the nation was the Chippewa chief and he was consulted about the impending doom. He gave no reason for the famine and hardship but the chief had a dream that the Great Spirit could be appeased by human sacrifice. He was not sure how this could happen so he called the spiritual advisors and tribal leaders in the area to come for a consultation. The council met and when it was finished, it was decided that three Chippewa men should be sacrificed for the good of the people. These three were to be selected by lot from the warriors of the band and a large assembly was to be convened.

The time had come and before a large group, the lots were cast and three of the bravest warriors of the band were to be sacrificed. They submitted to their fate bravely and without a sound. Their friends gathered around and decked them with the most beautiful robes and

ornaments to be found in all the area. The brave young warriors again uttered not a word about their departure from this earth. Then they finally spoke in the most poetical language about their imminent journey.

The place selected for the sacrifice was the summit of a hill which was covered with trees. This is the spot that three stakes had been erected and all around were large piles of dry branches and combustible materials. At the hour of midnight, the Shamans staked the warriors so they were securely fastened. They performed their duty in the stillness of the night while hearing songs from all assembled in the neighboring villages. The incantations ended and they applied the torch to the dry piles and then returned to their villages where many ceremonies were performed.

It was then dawn and the only thing left remaining on the hill were piles of smoldering ashes. On that day the weather cleared and many hunters went out in search of game. Remarkable success came to all hunters and there was an abundance of game. A council was called and the main chief spoke from his heart that the Great Spirit had accepted their sacrifice. A feast was held by all his children to express their gratitude. It was called the feast of bitter roots. These roots were collected from many lodges and made into soup. Everyone gathered for

the largest feast that was ever known. This was the ceremony of thankfulness and there was dancing and joy. Snow had been cleared from the center of the village where they gathered together. It was a clear, cold night and their fire burned with uncommon brilliancy. At the hour of midnight, the soup was all eaten. The flutes and drums were heard and the dancers wore their finest regalia. Just before grand entry shoutings were heard and the entire group gazed upon the northern sky which was illuminated by the most brilliant beautiful lights. There were many colors that were changing and moving across the heavens. Among these lights were three huge figures of crimson hue and it was proclaimed they were the ghosts of the three warriors that had given their lives for the benefit of their people. They were the Jiibayag niimi idiwag or ghost dancers. These warriors had become great chiefs in the spirit-land. Ever since, it has been the spirit warrior's pleasure to show themselves on those wintry nights to help their people illuminate their way and fill them with joy and wonder in the frozen North.

**Happy New Year and hope  
one day soon you will  
experience the incredible  
beauty of the Aurora  
Borealis.**



# FDL Law Enforcement News

## Chief of Police update

Fond du Lac Police Department conducted our yearly Firearms Qualification trainings in November. Officers qualified in a night and day-adverse weather shoot. These qualifications are mandated by the Minnesota Police Officers Standards and Training (MN POST) board for every licensed police officer to complete every year. Each officer is required to shoot their department issued pistols, rifles, and shotguns, at numerous different distances starting as close as two yards, and as far away as 50 yards. Officers are instructed to fire their weapons a specific number of times at varying distances, and are required to hit the target in the center mass area with a minimum of 75% proficiency. Officers also must show proficiency in reloading their weapons, and fixing any malfunctions that may occur during the qualification shoots. All of the officers at the Fond du Lac Police Department passed the firearms qualifications and are fully qualified in the use of their department issued firearms for another year.

On Nov. 30, officers Chad Pat-

tison, Kevin Holshouser, Jordan Diver, and August Reynolds, assisted the Cloquet Police School Resource Officer, Erik Blesener, in teaching A.L.I.C.E response to Active Shooter training to the faculty of the Cloquet High School. Officer Pattison is the Fond du Lac School Resource Officer, and along with Officer Holshouser attended a two day training to learn to instruct the ALICE Response to Active Shooters program. The acronym ALICE stands for Alert Lockdown Inform Counter Evacuate, and is a system of training that was created by a retired police officer soon after the tragedy at Columbine High school in Colorado. It consists of numerous ways and ideas for the public to utilize to save lives during an active shooter or intruder event at a school, business or public building. The training was well received by the faculty; many compliments were given to our officers that assisted in the training. Officers will be conducting this same training at the Fond du Lac schools in December, and eventually to all FDL Divisions.

On Dec. 18, officers from the Fond du Lac Police Department, along with Cloquet PD, Carlton Sheriff's Office, and the Carlton

Probation Office participated in the annual "Shop with a Cop" Christmas program. The FDLPD also partnered with Cloquet PD's annual Chili feed in November. This event was huge success and was larger than last year's event.

Chief Fineday attended the 16th annual National Indian Nations Conference Justice for Victim of Crime. This conference had over 1000 attendees from various Tribal Nations. The Fond du Lac flag was raised with other Tribal nation flags in an opening ceremony. A large topic at the conference was how to implement Tribal Traditions and customs into your programs.

## Officer Spotlight: Sam Ojibway

I am a lifelong resident and Enrolled Band member of Fond du Lac. I have been a police officer with the Fond du Lac Police Department for 14 years.

**Why did Sam Choose to work for FDL?**

This is my home. The community, the people, everything about it. It holds a special place in my heart, and that's why I've chosen to stay.

**What does Sam think of the**

**community policing model?**

Well, first of all, I think it's a great idea. It does work. At any given time we have three officers on duty and we cover the entire Reservation, non-Band members and Band members, so it's important that we have a good relationship with the community. We need everybody to be on the lookout and basically help us.

**Something unique about Sam:**

I've never thought of myself as unique, certainly not interesting. I think I'm just like every other police officer who serves for Fond du Lac that, like I said before, this place is our home and it's very special to us.

**Any interesting stories?**

That's 14 years I have to think back on. I've had many, it's too hard to think of any one in particular, but I've had every call that you've just described, funny, serious, heart pounding, it's been all there.

**What's your favorite part of working for FDL?**

My favorite part is interacting with people. I like to be out talking to people, talking to kids, asking people how their days are. Just being out there and being available.

**What's the most important part of the Toward Zero Deaths (TZD) campaign in your opinion?**

They are all important, I don't want to make it sound like they're not all important, but the one that is most special to me is the seat belt enforcement, especially when you have little ones in the vehicle with you. They aren't able to take it upon themselves to make sure that they're belted up and safe. That's the adult, parents, guardians job. That's what's most important to me.

**What something about you people may not know?**

Well, doing police work we are on rotation 12 hour shifts, I like to spend my time with my family. I do have hobbies of my own. I golf. We spend time on the lake and my kid are at the age where I can help out with their extra-curricular activities. so I have helped coach football, basketball, and baseball.

**Final thoughts**

I have been off of the beat for many years, I recently just started back as a patrol officer and I am looking forward to working again with the public in a more personal way.

## Legal notice

The following is a list of Band members who have monies in trust with the Fond du Lac Band. We are requesting the Band member, or his/her heirs, if the Band member is deceased, contact the Fond du Lac Legal Affairs Office at 218-878-2632 or toll-free at 1-800-365-1613, to assist the Band in distributing the trust monies. Unless a personal data form or heirship application has been filed with this office within

one year of this notice, the identified funds will revert back to the Fond du Lac Band. \*The one year period commences with the first publication.

### **BAND MEMBERS WITH UNCLAIMED PER CAPITA ACCOUNTS:**

\*ARRELL, Lavonne  
 ANKERSTROM, Arthur  
 \*ANKERSTROM, Arthur  
 \*BAKKEN, David  
 \*BARNEY, Jessica t.

BARTEN, Charles  
 \*BEDELL, Dale H.  
 \*CADOTTE, Steven Blair  
 CICHY, Gerard  
 \*CICHY, Gerard  
 CICHY, Leslie  
 \*CICHY, Leslie  
 \*DANIELSON, Melba  
 DEFOE, Richard  
 \*DEFOE, Richard  
 ERNST, Julia  
 FARRELL, Margo  
 \*FISHERMAN, Leonard J. Sr.  
 \*GAINES, Lorraine

HANSON, Jeffrey  
 KITSON, Patricia  
 KUCHERA (DAHLBERG), Lucinda  
 \*LACHNER, Florence M  
 LAFAVE, Harry  
 LAFAVE, Kenneth  
 LAPRAIRIE, Robert  
 \*LAPRAIRIE, Robert  
 MARZINSKE, Larry  
 \*MARZINSKE, Larry  
 \*MCFADDEN, Barbara  
 \*NELSON, Chester E.  
 \*NORTHTRUP, Dawn

\*PARO, Javis  
 PEACOCK, Thomas B.  
 \*PERALES, Anna  
 \*RAISANEN, Molina  
 \*RODAKS, Timothy  
 SAVAGE, Mark  
 SAVAGE, Torrence  
 SHABAIASH, Rodney  
 \*SMITH, James L.  
 \*SMITH, Thomas A. Sr.  
 SOULIER, Gary  
 TEAL, Tammie  
 \*TUTTLE, Bill F.  
 \*YEAZLE, Joanne



# Health News

## January is Cervical Cancer Awareness month

By Denise Houle,  
Cancer outreach worker

**D**id you know that Pap tests are the most reliable and effective cancer screening test available to women? It can help to prevent cervical cancer and/or find it early when treatment would be the most effective.

Cervical cancer is highly curable when detected and treated early. According to American Indian Cancer Foundation, American Indian women are nearly two times more likely to develop and die from cervical cancer and are diagnosed at later stages than white women.

Human Papillomavirus (HPV) is the most common cause of cervical, vaginal, and vulvar cancers. The HPV vaccine protects against types of HPV that is most often the cause of cervical, vaginal, and vulvar cancers. The HPV vaccination is recommended for young girls and boys 9-26 years of age. The HPV vaccination is also recommended for 11-12 and young men 13-26. The HPV vaccine consists of 3 doses.

Update: CDC now routinely recommends two doses of HPV vaccine for 11 or 12 year olds to prevent HPV cancers. Teens and young adults who start the series at ages 15 through 26 years will continue to need three doses of HPV vaccine.

According to the American Cancer Society, smoking raises a women's risk for cervical cancer. Remember to start getting your regular Pap test at age 21.

Always remember to talk with your healthcare provider.

Sources: *U.S. Department of Health and Human Services; Center for Disease Control and Prevention; The Office on Women's Health. Centers for Disease Control and Prevention (CDC) [www.cdc.gov](http://www.cdc.gov), American Indian Cancer Foundation (AICAF) [AmericanIndianCancer.org](http://AmericanIndianCancer.org), and American Cancer Society (ACS) [www.cancer.org](http://www.cancer.org)*

*A message from your Fond du Lac Cancer Prevention Program*

## A healthier you in a new year

By Kara Stoneburner, RDL, RD,  
Public Health Dietitian

**W**elcome 2019! A new year is beginning and it is a perfect time to make small changes towards a healthier you! One suggestion is to increase the fruits and vegetables in your diet.

We all know the importance of fruits and vegetables. They are great sources of vitamins, minerals, and fiber. Fruits and veggies can help in weight loss or weight maintenance goals. They can help reduce the risk for diseases such as heart disease and cancer. They assist in reducing birth defects, normalizing blood pressure and healthy skin, eyes, teeth, and bones. Fruits and vegetables can fight against infections and heal wounds.

Fruits and vegetables are so versatile it's easy to include them in your everyday eating. All forms matter- fresh, frozen, canned, or dried. Just be sure to avoid any added sugars, salts, or oils. Remember to eat a variety of colors, not just corn, green beans, and potatoes. Here is a general breakdown of the benefits of eating a variety of colors.

**RED:** fruits and veggies, red in color, may contain vitamin C, folate, flavonoids (antioxidants that help with a variety of things such as inflammation and reducing cell or tissue damage) and Lycopene. Lycopene is an antioxidant that has been associated with reducing the risk of some cancers and providing some protection to the heart.

Examples of red fruits and veggies include tomatoes, strawberries, watermelon, red apples and beets.

**ORANGE and YELLOW:** many orange and yellow fruits and veggies contain beta-carotene (an antioxidant that can be associated with reducing risk of cancer, reducing risk of heart disease, and improving immune function). They may also contain vitamin C, vitamin A, and fiber. Examples include squash, carrots, sweet corn, pineapple, pumpkin, and yellow bell peppers.

**GREEN:** green fruits and veggies assist in removing cancer-causing compounds from the body. They may also have vitamin K, folic acid, and potassium. Think broccoli, spinach, limes, kiwi and green peas for ideas that are green.

**BLUE and PURPLE:** these fruits and veggies may contain fiber and anthocyanins (antioxidants that help the heart and may lower the risk of cancer). Examples include blueberries, eggplant, plums, raisins, and blackberries.

**WHITE/TAN/BROWN:** despite having little color, they are just as beneficial as the others. They may contain vitamin C, fiber, potassium, folate, and flavonoids. Examples include bananas, garlic, mushrooms, onions, and cauliflower.

ChooseMyPlate.gov offers some great tips on increasing fruits and vegetables in our diets. Here's a short summary of the suggestions:

- Cook fresh or frozen veggies in the microwave quickly to complement a meal; it really doesn't take long to steam them on the stove either
- Cut up and pre-package fruits and veggies for future use
- Frozen fruits and veggies are often much cheaper than the fresh, but just as beneficial; just make sure they have no added sugar and are salt free
- Canned veggies can easily be added to just about anything and don't forget about using canned beans
- Add more veggies to your soup, casserole, sandwich, breakfast, and omelet; add fruits to a smoothie (or veggies- experiment with the flavors!), your breakfast, or bring with to eat on the run
- When eating out, order an extra side of veggies with toppings or dressings on the side
- Look for fruits and veggies in season for maximum flavor and a lower cost
- Eat from all the color groups to get the maximum benefits. There are over 300 different varieties of fruits and veggies. Don't limit yourself to just a few. Set a goal to eat more fruits and vegetables each day this year! Your body will thank you for it.

*\*Sources include the Academy of Nutrition and Dietetics, [fruitsandveggiesmorematters.org](http://fruitsandveggiesmorematters.org), [todaysdietitian.com](http://todaysdietitian.com), [ChooseMyPlate.gov](http://ChooseMyPlate.gov) and CDC*



# Health News

## Best-Ever Chili Mac

Serves 4; about 1 1/3 cups per serving

**M**acaroni simmers in broth for this hearty one-dish chili that's sure to please the whole family. Chili-heads may want a bottle of hot sauce on the table.

### Ingredients

- 1 pound lean ground beef
- 1 small onion, chopped
- 3 medium garlic cloves, minced
- 14.5-ounce can fat-free, no-salt-added beef broth
- 1 cup dried elbow macaroni or small

- shell pasta
- 1/2 teaspoon salt
- 14.5-ounce can no-salt-added diced tomatoes, undrained
- 1 medium green bell pepper, diced
- 1 1/2 tablespoons chili powder
- 2 teaspoons ground cumin
- 1 teaspoon dried oregano, crumbled
- 1/4 teaspoon cayenne or red hot-pepper sauce, or to taste
- 1/4 cup snipped fresh cilantro or thinly sliced green onions
- 1/4 cup shredded fat-free or reduced-fat Cheddar cheese (optional)

### Cooking Instructions

In a large saucepan, cook the beef, onion, and garlic over medium heat

for 5 minutes, or until browned on the outside and no longer pink in the center, stirring occasionally to turn and break up the beef. Pour into a colander and rinse under hot water to remove excess fat; drain well. Return the beef mixture to the saucepan.

Stir in the broth, macaroni, and salt. Increase the heat to high and bring to a boil. Reduce the heat and simmer, covered, for 5 minutes.

Stir in the undrained tomatoes, bell pepper, chili powder, cumin, oregano, and cayenne. Cook, covered, for 10 minutes, or until the macaroni and bell pepper are tender.

To serve, ladle into bowls. Sprinkle with the cilantro and cheese.

### Nutrition Analysis (per serving)

- 285 Calories
- 5.5g Total Fat
- 1.5g Saturated Fat
- 0.0g Trans Fat
- 1.0g Polyunsaturated Fat
- 2.0g Monounsaturated Fat
- 51mg Cholesterol
- 464mg Sodium
- 32g Carbohydrates
- 5g Fiber
- 7g Sugar
- 27g Protein
- Dietary Exchanges
- 1 1/2 starch, 2 vegetable, 3 lean

meat  
Recipe from American Heart Association One Dish Meals

This material was funded by USDA's Supplemental Nutrition Assistance Program.

The Supplemental Nutrition Assistance Program provides nutrition assistance to people with low income. It can help you buy nutritious foods for a better diet.

To find out more, contact Fond du Lac Community Health Services' Nutrition Education Assistant at (218) 878-3764.

## Real Solutions

### WEIGHT MANAGEMENT SUPPORT

**Are you ready to begin and sustain a healthy lifestyle?**

Then join our weight management support group.

*Real Solutions.*

**Wednesdays,**  
**January 9, 2019 - June 5, 2019**

**3:00pm - 4:00pm**

MNAW | Lower Level  
Conference Room

This group meets weekly for an hour-long session in a casual group setting. A registered dietitian (RD) will lead each week's discussion. A fitness trainer will lead a short exercise demonstration. We will talk about strategies to make positive lifestyle changes a lasting reality for you. There will be group discussion, food demonstrations, and time to share ideas. Participants explore their unique habits, gain skills to overcome barriers to weight loss and get tools for changing diet and lifestyle. The small group setting provides a supportive and encouraging atmosphere.

The program will follow the *Real Solutions Weight Loss Workbook*, by Toni Piechota, MS, MPH, RD. It provides practical guidance for behavior changes including:

- Self-monitoring of hunger and intake
- Mindful eating
- Realistic goal setting
- Creating a supportive environment
- Portion control
- Helpful tips for eating away from home
- How attitude can affect weight loss
- Information about body image and weight maintenance

**To register:**  
**Barb @ 218-878-2141**

Must meet program eligibility requirements.  
Fond du Lac Human Services Division | Diabetes Program

**2019**  
**Center for American**  
**Indian Resources**  
**WIC Program**

**Secondary Education**  
**Contact (voucher pick up)**  
**Dates & Times**  
Hours: **12:00 - 3:00PM**

Jan	Feb	Mar	Apr
2 <sup>nd</sup> or 8 <sup>th</sup>	5 <sup>th</sup> or 12 <sup>th</sup>	5 <sup>th</sup> or 12 <sup>th</sup>	2 <sup>nd</sup> or 9 <sup>th</sup>
May	June	July	Aug
7 <sup>th</sup> or 14 <sup>th</sup>	4 <sup>th</sup> or 11 <sup>th</sup>	2 <sup>nd</sup> or 9 <sup>th</sup>	6 <sup>th</sup> or 13 <sup>th</sup>
Sept	Oct	Nov	Dec
3 <sup>rd</sup> or 10 <sup>th</sup>	2 <sup>nd</sup> or 8 <sup>th</sup>	5 <sup>th</sup> or 12 <sup>th</sup>	3 <sup>rd</sup> or 10 <sup>th</sup>

**Expecting?**  
Have an amazing birth with the loving support of an American Indian Doula from your community. She can help before, during and after your birth!  
**Planning or Thinking of Breastfeeding?**  
Let us help on your journey. Mothers have a more successful breastfeeding and bonding experience, when they are assisted by a Doula during labor.

**Curious? Ask your WIC staff.**

**Fond du Lac Reservation**  
**Center for American Indian Resources**  
**221 West 4th Street 3rd Floor**  
**Duluth, MN 55806**  
218-726-1370

This institution is an equal opportunity provider.

**2019**  
**Min No Aya Win**  
**Human Services Center**  
**WIC Program**

**Secondary Education Contact**  
**(voucher pick up) Dates & Time**  
Hours: **12:00pm - 3:00pm**

Jan	Feb	Mar	Apr
15 <sup>th</sup> or 22 <sup>nd</sup>	19 <sup>th</sup> or 26 <sup>th</sup>	19 <sup>th</sup> or 26 <sup>th</sup>	16 <sup>th</sup> or 23 <sup>rd</sup>
May	June	July	Aug
21 <sup>st</sup> or 28 <sup>th</sup>	18 <sup>th</sup> or 25 <sup>th</sup>	16 <sup>th</sup> or 23 <sup>rd</sup>	20 <sup>th</sup> or 27 <sup>th</sup>
Sept	Oct	Nov	Dec
17 <sup>th</sup> or 24 <sup>th</sup>	15 <sup>th</sup> or 22 <sup>th</sup>	19 <sup>th</sup> or 26 <sup>th</sup>	17 <sup>th</sup>

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**Curious? Ask your WIC staff**

**Fond du Lac Reservation**  
**Min No Aya Win Human Services Center**  
**WIC Program**  
**927 Trettel Lane - Cloquet, MN - 55720**  
218-879-1227

This institution is an equal opportunity provider.

**DOULA**

# Ashi-niswi giizisoog (Thirteen Moons)

## Manidoo-giizis

*Gichi-Manidoo-giizis is the Great Spirit Moon. The new moon begins January 5. Other names for this moon are Maajii-bibooni-giizis, the Start of the Winter Moon; Oshki-bibooni-giizis, New Winter Moon.*

## Aquatic invasive species in the winter?!

By **George Knutson**,  
MN GreenCorps Service Member

**B**oozhoo! Many of you probably know about aquatic invasive species (AIS). For those who don't, here is a quick reminder on the subject. AIS are aquatic organisms that invade ecosystems beyond their natural, historic range. AIS harm native ecosystems and commercial, agricultural, and recreational activities. AIS can also harm human health. Some common AIS are zebra mussels, Asian carp, spiny water flea, Chinese mystery snail, and Eurasian

water milfoil. While spring, summer, and fall are usually the time when the risk for AIS spread is at its peak and prevention efforts like staffing boat launches are underway, it doesn't mean that spreading can't and doesn't occur during the winter months. The potential for spreading AIS may decrease in winter months with some species due to hibernation, dormancy, annual life cycles, etc. However, there are still definite instances where AIS can be spread on equipment and/or via bait buckets.

Some of you may still be thinking, "There's no way AIS

can be spread when lakes are covered with ice. And even if it could, it wouldn't affect anything once it warms up because the species can't survive the cold." Unfortunately, some invasive species are very resilient to cold temperatures and survive through the winter. Furthermore, invasive species are usually the first active in the spring which can lead to further spread and dominance over native species. For example, let's take a quick look at Eurasian water milfoil (EWM).

EWM is an invasive plant species that can be mistaken for many native beneficial water milfoils found in Minn. lakes. It only takes a single plant fragment to start a new population of EWM. It can survive over the winter with an overwintering bud called a turion. One way to tell if something may be invasive is they tend to be the only remaining living vegetation while natives have died off (Like the terrestrial invasive species Buckthorn. It is usually still green while other trees have lost their leaves).

Once spring hits, EWM will re-appear before any native vegetation giving it a head start to the growing season and may lead to it out-competing native vegetation. EWM is just one example of AIS. There are many others that negatively affect our native ecosystems, including all the ones listed at the beginning of this article.

To stop the spread of AIS, remember that the two main ways AIS is spread is via equipment and bait buckets. Follow these tips to prevent spreading AIS this winter:

Inspect and clean all equipment before taking it to a new water body. Even if you haven't touched any of your equipment since fall, you still need to inspect and clean off all of your equipment before bringing it to any water body. Be on the lookout for any pieces of plant matter and muddy debris which could carry animal or zebra mussel larvae. Even if you don't plan to do any ice fishing this winter, it's a perfect time to take a look at your equipment to see if any mussels, snails, vegetation, or other things are attached to it, so when spring rolls around, you know your equipment is invasive species free. If you do find anything, please contact Fond du Lac's Invasive Species

Coordinator, Kelsey Wenner. Kelsey's contact info is listed at the end of this article.

Bait buckets. Do not transfer live bait such as crayfish, minnows, night crawlers, etc. which can be invasive species themselves, but can also carry invasive disease such as viral hemorrhagic septicemia (VHS) which is deadly to fish. One such species is the invasive carp, which can easily survive through the winter and could be transported via bait buckets on accident. Purchase bait from a local, licensed bait dealer and properly dispose of bait before heading to new water bodies.

Please contact Kelsey Wenner, Fond du Lac's Invasive Species Coordinator, if you have any questions or need help identifying a species on your equipment or at water bodies you visit: (218) 878-7147 and [KelseyWenner@fdlrez.com](mailto:KelseyWenner@fdlrez.com).

Reminder: Fond du Lac is hosting the We Are Water MN exhibit this spring. The dates are March 10th through April 22nd at the Great Lakes Aquarium in Duluth. Information on events and activities will be sent out closer to the start date. If you have any questions, please contact FDL Resource Management at (218) 878-7101.

**Fond du Lac Band of Lake Superior hosts**

**WE ARE WATER**

**WHEN: MARCH 10<sup>th</sup> - APRIL 22<sup>nd</sup>, 2019**

**WHERE: GREAT LAKES AQUARIUM, DULUTH MN**

**CONTACT:**

**FOND DU LAC RESOURCE MANAGEMENT**

**218-878-7101**

☑ Listen to stories from the Fond du Lac community about what water means to them. ☑  
-MN Humanities Center

Learn from others how water affects us all in our daily lives and what we can do to protect it.

☑ Explore connections between the humanities and water through hands-on exhibits, events, and activities. ☑  
-MN Humanities Center

Share your own water story!

**NIBIIWAN BIMAADIZIWIN - WATER IS LIFE**

Sign up to the 13 Moons listserv for the latest information on workshops and events by emailing [thirteenmoons@fdlrez.com](mailto:thirteenmoons@fdlrez.com) Don't forget to check us out on Facebook! 13 Moons Ashi niswi giizisoog

*This page addresses culture, ecology, and natural resource management. Thirteen Moons is the Fond du Lac Tribal College Extension Program and is a collaboration of Fond du Lac Tribal and Community College, Fond du Lac Resource Management, funded by the USDA-National Institute of Food and Agriculture.*

# Ashi-niswi giizisoog Ojibwemowin Page

## Anishinaabemowin Lessons

Basic Ojibwe words and phrases:

### Double Vowel Chart

This is how to pronounce Ojibwe words.  
All consonants sound the same as in English.

“Zh”- sounds like the “su” in measure

“a”- sounds like the “u” in sun

“aa”- sounds like the “a” in father

“i”- sounds like the “i” in sit

“ii”- sounds like the “ee” in feet

“o”- sounds like the “o” in go

“oo”- sounds like the “oo” in food

“e”- sounds like the “ay” in stay

### Biiwan blizzard

#### Four Stages of Life

Baby(ies)- Abinoojiiyens(ag)

Child(children)- Abinoojii(yag)

Boy(s)- Gwiiwizens(ag)

Girl(s)- Ikwesens(ag)

Women(Women)- Ikwe(wag)

Man(men)- Inini(wag)

Source: [www.ojibwe.org/home/pdf/ojibwe\\_beginner\\_dictionary.pdf](http://www.ojibwe.org/home/pdf/ojibwe_beginner_dictionary.pdf)

## Ashi-niswi giizisoog BIGADA'WAA WORD SEARCH

Find the Ojibwe words in the puzzle below

N D O K A A W G N I N I N I I O O B Y V  
 N A A Q G J M R G Z G O C J C P O C D B  
 B F G B S I M J P I H H P K H I D A Z M  
 V S Z I J T C N C C I S U I I G I J A U  
 H X J C H U O H N N P J E P G O N B D T  
 Y Y Y C R Z I L I R Q T F X I O M X L C  
 K X K P A N I N Y G A X N I S Z O C P L  
 X R G P O G G I E A I G L O I I G Z J D  
 K D U O T W N A G D K Z H R N H O E F I  
 P D D C A A G A L O Y G H S A C F D Q B  
 W I K A W G A I X K N Y O I A I M J A E  
 N N K I L Z E Q S X C I I I D G T T A T  
 K O M F I O G A O I I V M X J E W S E A  
 D I C H H T K W X L N Y K Y I M L Z C A  
 G Y C G I Z H I D E B A F I N P G O Y G  
 N I D B D X J P B S M W A S T J N M C A  
 G S X Q G U B G K P C V Q B J F C E A A  
 V B I T E L B B S M Y L U V P A X K E Z  
 D A G I H Z I I G O N I M G G H B H M C

Minogiizhigad	It is a good day.
Minogiizhigan	It is a good day.
Gimiwan	It is raining.
Gichigimiwan	It is raining hard.
Zoogipon	It is snowing.
Gichizoogipon	It is snowing hard.
Noodin	It is windy.
Gichinoodin	It is very windy.
Gizhide	It is hot.
Gichigizhide	It is very hot.
Gisinaa	It is cold.
Gichigisinaa	It is very cold.
Zaagaate	It is sunny.
Gichizaagaate	It is very sunny.
Ningwaakod	It is cloudy.
Gichiningwaakod	It is very cloudy.

# Ashi-niswi giizisoog (Thirteen Moons)

## 13 Moons FDLTCC Extension Program Producer Training Program



Apply by January 18, 2019  
Contact: Nikki Crowe  
218-878-7148  
nikkicrowe@fdlrez.com

Community members who want to learn about organic and sustainable farming. The program will provide training and technical assistance, heirloom seeds, supplies, soil amendments, tools and \$ 250.00 Scholarship. Participants will attend to Midwest Organic & Sustainable Education Service Conference, group meetings, local farm tours, weekly classes during March to May and May to September for those willing to commitment 10 to 20 hours a week to learning about growing a successful farm business.

- The program will provide:
- Technical assistance through hands on trainings
  - Saving heirloom seeds,
  - Using soil amendments,
  - Farm Safety using farm implements and machines
  - Attend MOSES Conference

Producers will learn about operating a farm, establish connections with other producers, service providers and USDA programs; use Food Safety and Sustainable Agricultural practices, and pest management techniques.

Participants will complete be able to create a plan to reach goals for future farm enterprises!

Call or email Nikki Crowe at 218-878-7148 or nikkicrowe@fdlrez.com for any questions and to sign up!



Fond du Lac Tribal and Community College



## Gichi Manidoo Giizis Traditional Pow Wow “Taking Care of the Land and Community”

Saturday January 12th, 2019



EMCEE  
Les Gibbs

Arena Director  
David Manuel

Spiritual Advisor  
Roxanne Delille

Host Drum  
Miziwekaamiikinaan

Cohost Drum

Stonebridge Singers

Head Dancers  
Michelle DeFoe and Doug Diver

Registration: 10am  
Grand Entry: 1pm & 7pm  
Feast at 5pm

Black Bear Casino Resort  
Otter Creek Event Center  
1785 Highway 210  
Carlton, MN 55718

Hotel Reservations: 1-888-771-0777

Free Admission—Open to the Public  
Alcohol & Drug Free Event

Moccasin Game & 50/50 Raffle

Join our event on the 13 Moons Ashiniswi giizisoog Facebook page

### Taking Care of the Land and Community

Info booths and displays of Tribal, State and Federal programs involved in taking care of the land and community.

Vendor tables available For more information contact:  
Nikki Crowe 218-878-7148



Sponsored by  
Fond du Lac Band of Lake Superior Chippewa  
Fond du Lac Tribal and Community College  
USDA-NIFA Funds



# School News

## Principal

### Boozhoo Parents and Guardians!

The staff and students at the Fond du Lac Ojibwe School would like to welcome two new teachers to the school. The new teachers include John Babinneau who is our physical education teacher, and Nicholas Sundahl who is our industrial arts teacher. We are excited to have them at the school working with our students.

Our staff has been participating in multiple trainings with a new reading program that supports reading development. The reading program, Achieve 3000, is a supplemental curriculum and does not replace current curriculum. The program has been shown to increase reading skills across similar schools in the nation. Our trainer was here December 4

and 5, 2018. She modeled lessons, observed lessons taught by teachers, and introduced data reviews. She will be back in January to help us continue to improve the implementation process and demonstrate more useful tools included in the program.

Staff has received training with the Northwest Evaluation Association. The program has new tools for teachers to use that help to grow skills, and measure skill development. Staff will also continue training with NWEA in February.

Just a reminder, our 3rd quarter begins January 23, 2019.

Parent/Family/Teacher Conferences will be hosted on January 31 and February 1, 2019. We hope to see you!

Miigwech  
Valerie Tanner  
K-12 Building Principal

## Superintendent

### Jennifer Murray Aaniin/Boozhoo nindawemaganidok,

Mino Biboon/Happy Winter and Mino oshki gikinoonowin/Happy New Year! The end of first semester is January 18, 2019. Since the beginning of the school year our staff has

been working with students on various projects, programs, and goals. Please read about all the exciting things that have happened since September in the school news section. It is truly amazing for a small rural school that we are able to offer so many learning opportunities for students and staff. It is an honor for me to work for our school and community. The school board has come together to discuss not only the needs of our students, but how to support them in a holistic way.

Recently, our school board held a two-day strategic planning session. Our goal was to design and implement a five year plan to better serve and support our students using a holistic approach. Our objectives include; students will develop the knowledge, skills, and behaviors necessary for physical, mental, and emotional well-being in a positive, safe, and culturally relevant learning environment and students will graduate high school ready to succeed in post-secondary education and careers. In addition, we need to be actively recruiting and retaining exemplary teachers, and providing cultural teachings for all staff and students.

We will be working with various programs and departments to ensure the best quality of services are available to meet the needs of our students. Our goal is to implement a comprehensive program for educational excellence, social emotional well-being, accountability, and cultural relevance for our students Pre-K through post-secondary school.

Over the last few school years we focused on academics, culture, and safety. We set student achievement and safety goals. We will continue to track those goals, and adjust them accordingly. The goals and expectations we previously set and adjusted:

- Classroom teachers set student learning goals for reading and math; every student is expected to increase academic growth
- Continue our Reading Program called Wonders, Wonderworks and Direct Instruction

- Expand our Ojibwe Language and Culture Programs by hiring a Cultural Curriculum Coordinator
- Continue Ramp Up College and Career Readiness curriculum and implementing a Work Base Learning Experience Program
- Evaluate and discuss our Behavior and Bullying Policies.

We strive every day to live up to our Ojibwe School Motto "Anokii/work, Nanda-gikendan/study, Enigok gagwe/strive, Gashkitoon/succeed." A student's education doesn't just occur at school, it occurs all around them on a daily basis. We appreciate our parents, guardians, and community support to help our children be successful and healthy.

*Giigaawaabamin dash Mino oshki gikinoonowin*



## Notice

The Fond du Lac Ojibwe School is seeking a School Board Representative for the Sawyer District.

Interested candidates are encouraged to submit a letter of interest identifying strengths and interests in becoming a school board member to:

Jennifer Trotterchaude  
Fond du Lac Ojibwe School  
49 University Rd.  
Cloquet, MN 55720

(218) 878-7241 (Office)  
(218) 878-7263 (Fax)  
jennifertrotterchaude@fdlrez.com

# School News

## 21st Century After School Activities

By Maria Defoe

The 21st Century After School Program operates three days a week on Mondays, Tuesdays, and Wednesdays. We provide a healthy snack and provide transportation to most of the surrounding areas to students registered in our after school program. This quarter we are offering Literacy Skill Building, Homework Help, Legos, Boys Drum Practice, Super Sports, Regalia Making, Guitar, Art, Environmental Activities, Board Gaming, Sewing, and Creative Music Listening to students in grades 1-12. After School Office phone number is (218) 878-7239 and if you have questions about after school please call or email mariadefoe@fdlrez.com

## Gifted and Talented

Boozhoo!! The students in the Gifted and Talented program have been involved in a variety of interesting and engaging projects. Two groups of students have gone to the Pottery Burn to work on various projects. There are many students working on individual art projects including black scratch art, paintings, and seasonal drawing.

Students saw the new *Grinch* movie and then created art or wrote poems in the style of Dr. Seuss. Students have been writing short stories and exploring various forms of poetry.

On Dec. 13 a group of stu-

dents saw a live performance of "A Midsummer Night's Dream" in St Paul. On Feb. 8 students will attend a writing workshop at St. Scholastica where they will meet famous authors and do their own writing exercises. Students have participated in the Post-Secondary Education Option program and a variety of other college experiences.

The School Royalty, drummers, and dancers were very busy during American Indian Heritage month. They did a wonderful job representing the school, the Black Bear Casino, and other venues. Gifted and Talented students also worked with the third grade class on beautiful Elders' Christmas Baskets. The leadership students are beginning to plan prom. They have Ojibwe School merchandise that they are selling at home basketball games as well as helping with the concession stand.

The students in the Gifted and Talented program have been working on a variety of enriching and engaging activities this school year. For further information about the Fond du Lac Ojibwe School Gifted and Talented program please contact Sharon Belanger at (218) 878-7274 or sharonbelanger@fdlrez.com



## 2nd Quarter 11/13/18 to 1/16/19

Important dates: No after school because of holiday/ or early release 11/12/18, 11/21/18, 12/19/18, 12/24 to 1/1/19.



## Guidance Counselor

First Quarter Honor Roll:

### "A" Honor Roll

Gabriel Hudson  
Mia McArthur Osowsky  
Starr Shabaiash  
"B" Honor Roll

Jordell Brown  
Molly Hunter  
Tiara Kingbird  
Ryan Murkerson  
Mary Jane Eagle  
Angelina Tiessen  
Naomi Ammesmaki  
Samuel Ammesmaki  
Charles Holmes  
Natasha Ammemaki  
Keith DeFoe  
Kaila Dufault  
Madison McArthur  
LaRissa Raisch  
Shawna Shabaiash  
Brian Wichern

Congratulations to all the students who made the Honor

Roll first quarter.

Dr. Vicki Oberstar, Fond du Lac Ojibwe School Guidance Counselor  
Office: (218) 878-7260  
Cell phone: (218) 269-9792

## FDLOS Gifted/Talented Students and the 3rd Grade Class create Elder Holiday Baskets

Every year the Fond du Lac Ojibwe School staff donates 7 baskets to the annual Elders' Holiday Party. This year with the help of four staff persons and two older Gifted and Talented students, the 3rd grade class created the baskets for the party.

Before we could even start the baskets we had to approach MaryAnn Blacketter about the project because she leads the annual tradition. The plan to create the seven baskets with the 7 Ojibwe teachings as our inspiration was all she needed to hear. With MaryAnn's approval our students discussed the meaning of each teaching and agreed on the Ojibwe word we would use for each basket:  
Love: Zaagii'idiwin  
Truth: Debwewin  
Humility: Bekaadiziwin  
Respect: Manaaji'idiwin  
Honesty: Gwayako-bimaadiziwin

Bravery: Zoongide'ewin  
Wisdom: Gikendaasowin

The students spent an average of one hour a day for four weeks preparing, sanding,

carving, coloring, and painting. The students hope you enjoy the love and work that they put into each basket. A special thank you goes out to all the staff who contributed their time, talents and treasures.



Back row: Madilynn, Jodie, Brittany, Julia, Cortnee, Josephine

Seated: Rhyenn, Izabella, Zacobi, Nylea, Kali, Amelia, Mercedi, Jaden, Travis

## Technology

Smartboards have been in use in our classrooms for several years now. Smartboards combine traditional whiteboards with computers allowing the teacher to present instructional material to his or her class using a multitude of digital tools. Their use has increased student engagement in the instructional material that is presented to them. Using a multimedia presentation helps students learn because it delivers content through both sight and sound.

A Smartboard receives the computer image though the use of an overhead projector. The overhead projector does an acceptable job of transferring



# School News

the computer image, but has its shortcomings—most notably is that the classroom often had to be darkened in order for the image on the screen to be bright and clear enough for the students to see it.

As with any technology, Smartboards have continued to evolve. From the time FDLOS purchased its first Smartboard, to the present, the evolution has been dramatic. It has seen the overhead projector disappear and be replaced by an energy efficient backlit flat screen panel. Eliminating the projector has also eliminated the cost of replacing expensive projector bulbs.

FDLOS began replacing Smartboards with these new Smart interactive flat panels in spring 2018. To date, all of our classrooms are equipped with energy efficient interactive flat panels. These devices present instructional material to students in a manner similar to flat panel televisions most are familiar with. The image is crisp and clear and best of all the display can be viewed without darkening the classroom.

On another subject...FDLOS is looking for Elders interested in learning how to use an iPad. Our age-to-age program will be starting in late January and will hold bi-monthly meetings through the end of the school year. Space is limited. Priority will be given to “first time” participants.

If interested contact: Charles Hilliard (218) 878-7205



*Tara Dupuis using a Smart Interactive Flat Panel*

## Drum

This quarter we're working on hand drum and hand drum sticks in the 21st Century After School Program. The students have been working on their sticks first and after their sticks are finished they work on putting their hand drums together. While they build their sticks and drum I tell them about the type of songs that are used on the drum like a side step or 49er songs. They like the 49er because there are a lot of love songs you sing in English and Ojibwe. We also work and talk about the regular drum. They love singing on the drum and I teach them the basic songs and the special songs...



## Chemistry, Biology, and Water Quality

Since the beginning of the school year, many of the high school classes have been practicing what they have been learning in class by applying it to studying the natural resources in the area. Earlier in the year, 7th, 11th, and some 12th graders attended a field trip where they applied biology and chemistry skills, as well as canoeing skills, to study a part of the St. Louis River at Chambers Grove.

Students rotated through stations and studied nitrates, phosphates, pH, dissolved oxygen, temperature, and macroinvertebrates. The 11th and 12th graders mentored the 7th graders on how to use the testing kits. Later in the fall, students studied Fond du Lac Creek using the same testing kits. By looking at the nutrients, temperature, oxygen, and macroinvertebrates, we can get a better understanding of the health of the creeks and rivers both for the plants and animals that live there, but also for waterbodies downstream. As 7th grade has been learning more about human biology, concepts from early fall continue to remind them that everything is interconnected between the natural world and its people.

The 11th grade has been learning about metals in Lake Superior and the impact they can have on human health. This winter, these concepts will be reviewed and expanded on as students learn more about chemistry and biology concepts while also having opportunities to engage in these concepts through field trips.

On Dec. 20, the 8th, 10th, and 12th graders went to the Great Lakes Aquarium to learn about the geology of Lake Superior and how evolution has shaped the species in Lake Superior. On Jan. 8, the 7th, 11th, and 12th graders will be going to the

Great Lakes Aquarium to compare human anatomy to fish anatomy and learn about pollutants can bioaccumulation in fish. “The field trips have been made possible by the Rivers2Lake program through the Lake Superior National Estuarine Research Reserve.

Through the program, the students have been able to attend field experiences that focus on place-based learning and, oftentimes, outdoor learning. The program has resources and environmental educators that support teachers and provides assistance with programming and learning activities while on field trips or in the classroom. Please stay tuned for more adventures!”



# School News



## Cultural Curriculum Coordinator

This has been an exciting year as the cultural curriculum coordinator at Fond du Lac Ojibwe School. We have gone to different places with the school drum and our dancers. I was able to take 5 students to Colorado for the NCAI in October. For American Indian Heritage month we were very busy drumming and dancing for Head Start and Black Bear Casino. We had a special visitor Brooke Simpson to visit and sing to our students in our gymnasium. Kevin Dupuis and Roger Smith joined us that day to welcome Brooke Simpson. Miigwech to Kevin Dupuis for joining in on our drum for closing that day too!

Some of our students attended Big Drum with Jaimie Petite on the weekend. I want to say I appreciate all the support and help I get from Jaimie when we take the students to places. The students really like spending time with Jaimie and they are able to do drum practice on their lunch break. Miigwech Jaimie for all your help!

We have been planning

for the upcoming Biboon Celebration. We will learn how to make Gooni Ginebig (Snow Snakes) and learn the legend of Anangokwe from Bob Shimek. Bob has been coming to teach us about snow snakes for about 10 years. The high school students will all have an opportunity to make a Gooni Ginebig (snow snake) this year.

The Quiz Bowl team has gone on one competition in Hinckley for the MIEA competition but they have two coming up in January, one at Bug O Ne Gayshig School on the 11th and Circle of Life on Jan. 21. Good luck to our Anishinaabe Quiz Bowl team this year! We have quiz bowl practice after school every Tuesday. There are 13 students signed up and practice every Tuesday. If your child would like to join our Anishinaabe Quiz Bowl please encourage them to join. Please have them see Shirley Molstad, Julia Lintgen, Jodie Lock-

ling, or Alex Gokee to sign up. Miigwech !

## Music

By Josh Danderand,  
*Music Department*

Wow! What a great year it has been so far in the Music Department. Since I started in January of last year, this is the first full school year I get to teach here!

The 9 - 12th grade music students picked up right where they left off last year, playing their instruments and new songs! Last year the group learned three songs. So far in this school year they have learned seven! The talent and dedication in this group is inspiring! The 7th - 8th grade music students have been learning new notes and new music theory and have been applying it to their drum lines. The 7th graders have learned three songs so far and have performed one already during the 1st Quarter Awards Ceremony! The 8th graders have been playing in improvisational drum circles.

As for our K - 6 music students; they are really starting to grow in their musical journeys! The 6th grade group has been learning ukulele and working on reading chord charts and can now play 4 chords. The 5th grade

group has been working on drum patterns and playing along to recorded songs (similar to the 7th graders!), and have been trying out some karaoke! The 4th grade group learned an adaptation of The Nibi Song, which includes dancing scarves! This group took The Nibi Song to Canal Park a few weeks ago and performed it for Lake Superior and offered Asemaa while we honored the Lake. This song and dance will be performed at the Biboon Celebration. Our 3rd graders have also had a performance so far this year, for the elders in Duluth. We performed a song titled "Minowiijiwin" that was performed by singing and playing instruments in groups. This song will also be performed at the Biboon Celebration.

During the Biboon Celebration, the 4th grade and 3rd grade will not be the only groups performing! The Kindergartners will be performing "10 Awesiiyag", the 1st graders will be performing "Gii-nibaa-na?", The 2nd graders will be performing "Giizhoyaa 'shkwaandem" and Sadie Buckanaga in 5th grade will be singing a solo entitled "Dancing in the Sky."

This has been a fun, musical, inspiring, and sometimes CRAZY beginning to the year, and I cannot wait

to see what the rest of the year brings us!

## Math 7th-11th grade By Nissa Benedict

Math has been going very well! Students have been working hard on expanding their knowledge and reviewing skills from previous years. We have been moving along quickly and will be reviewing for MCAs starting 2nd quarter.



## Library

Students and staff are pleased with the new addition of the "Spirit of Truth" rug to the storytelling area of the library. With a Medicine Wheel at the center, encircled by the Ojibwe seven teachings, the rug has become a focal point for discussions of the Native American culture and history with the students. Students have been eager to share their thoughts on how a story ties in with the "Seven Teachings." The rug captures the importance of walking the earth peacefully in har-

# School News

mony with nature and all living things.

Kindergarten and 1st grade students have learned how to properly care for a book. Each week the students added new pages to their coloring book, "I Know How to Take Care of a Book (The Story of Leo, the Library Mouse)." They also have become familiar with the parts of a book. Most of all their love for books can be seen by their glow in their eyes and smiles on their faces during storytelling.

In 2nd grade parts of a book, library expectations, and the main sections of the library have been discussed with activities to go along with it. Students in grade 3 are learning how fiction and non-fiction books are arranged on the shelf.

Upper elementary students have worked on writing their own story becoming familiar with the main elements of a story, selecting descriptive words using the five senses, and dialog to make their story come alive. They are learning how to research a topic using the online encyclopedia Britannica from the database ELM (Electronic Library of Minnesota) from their I-Pads.

Sincerely, Mrs. Skalko,  
Library/Media Specialist

## School Nurse Tara Wolter, RN

*School Nurse – FDL*  
Happy Holidays

Hello everyone! I hope the holiday season goes well for everyone! I am writing to give a few tips on how to stay happy and healthy this holiday season.

In general, this time of year is a fun-filled, festive time, but it can also take a lot out of people with all the hustle and bustle that goes along with it. So, please make sure you and your family get enough rest, eat healthy whenever possible (how many fruits and vegetables have you had today?), exercise as much as possible (even 10-15 minute walks helps), and drink plenty of water. Doing so will also help your immune system fight off viruses and germs that are lingering everywhere, especially the flu (influenza), which can be quite prevalent this time of year. Furthermore, washing your hands often and especially before you eat will help in this matter, as well, and it is not too late to get your flu shot if you have not already.

Besides physical health, please pay attention to your mental health during this time of year. Sometimes, the business of the holidays can make

an individual feel stressed and mentally exhausted. To help deter such feelings, take time for yourself, do things that make you happy (take a walk, meditate, call an old friend), and make sure you know your limits. It is alright to tell someone no if you have too many things going on. And, don't forget to ask for help if you need something. Find balance in your life to help deal with the business, especially throughout this time of year, and every day. Remember to communicate your feelings with family and friends throughout the holiday season and beyond, too.

Again, I hope everyone has a safe and healthy holiday season

## 2nd grade A Message from Mrs. Martin's 2nd Grade

Our school year is progressing nicely! Students are working hard and I want to thank the 2nd grade families for all of their support and encouragement. As we approach our winter break, here are some friendly reminders to ensure continued success in 2nd grade:

- Come to school each day, well rested and ready to learn; establish a consistent bedtime
- Find a quiet place at

home to complete homework and return it each day

- Limit screen time to 30 minutes or less
- Get your body moving - go outside, play and have fun
- Read for at least 20 minutes each night; find an author or book series that you love and read
- Wear appropriate winter clothing for outside play; fresh air and exercise are so important
- Encourage your child every day to do their best!

## 5th grade

It has been a busy time for our 5th grade classroom! In Science, our students have been learning about different states of matter and currently are growing rock candy. With the current landing of Insight on Mars, we have also been studying our planets and deciding if we agree or disagree about Pluto being a planet.

In math students are learning to add and subtract fractions as well as balance equations. We have supported this activity by reading and doubling recipes to make cookies to share with friends, family, and staff. This week we will continue that support by making holiday ornaments.

With the middle of the

school year approaching, I want to remind families that our next testing window is almost upon us. When we return in January, we will be taking the NWEA reading, math, and science assessments. Please encourage your child to get enough rest, eat a good breakfast, and as always, try their best on these assessments. Look for more information to be sent home after Winter break.

Last but not least, as the weather turns colder, please make sure your child wears adequate clothing to be outside. Throughout the year, we will be going to the RBC to use their resources and when the weather is nice, we will be walking. Even with that short distance, it gets cold. With that, have a happy holiday season! Miigwech, Ms. Dawn

# School News

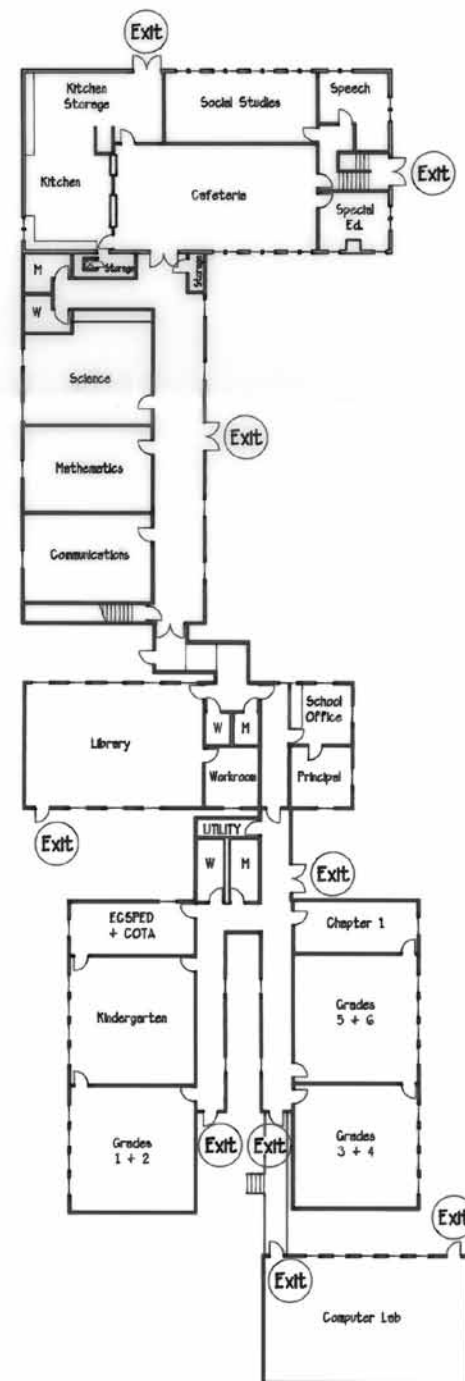
## Ojibwe School Facilities

By Dan Anderson,  
Grants and Accountability Manager

The Bureau of Indian Education conducted a safety inspection at the school on December 6-7, 2018. BIE Safety and Occupational Health Specialist (and Fond du Lac Enrollee) Jerry Doolittle conducted the inspection. All eight of our buildings were inspected and Mr. Doolittle commented that our buildings are all very well maintained. Safety infractions were few and most are easily corrected at little cost.

Facility improvement projects for 2019 include the completion of the gym bleacher replacement project, several Americans with Disability Act (ADA) improvements, FACE and school garage roofing replacement, energy efficiency projects including new windows for FACE and LED lights throughout the school. We will also replace tile in the corridor leading to the gym and shop.

January 2019 will mark our 17th year in the “new” school, so it’s worth taking a look back at where we were until 2001.



Fond du Lac Reservation  
Ojibwe School



# Community News

These community pages are yours, the members and employees of the Fond du Lac Band. We welcome family news. Please send us information about births, engagements, weddings, anniversaries and deaths. Please include the full names of the individuals in the greeting announcement, as well as the date of the occasion. Full names, including individual last names are required.

Also, we will include news of graduations (high school and post-high school) and military service. Memorials to loved ones or notes of appreciation are also welcomed.

Please submit materials during the first two weeks of the month preceding the next issue. For example, send notices to us by or on Jan. 17, 2019 for the February 2019 issue. Information may be sent by U.S. mail to FDL News, 1720 Big Lake Rd., Cloquet, MN 55720, or by email to zacharydunaiski@fdlrez.com.

The telephone number is (218)878-2682. You may also drop off items at our office at the Cloquet Tribal Center. Please remember to include the date of the birthday, anniversary, etc. in your greeting. Always include your daytime phone number and your name with anything you submit. Materials may be edited for clarity and length.

## Happy Birthday

Happy Heavenly birthday to my beloved Mom, **Joyce Marie Loons Troseth** (Jan. 22)



Happy Heavenly birthday to Mommy's angel, **Joseph Benjamin McCreary** (Jan. 22)



Happy 5th birthday to my beautiful special grandson, **Joseph Aiden McCreary** (Jan. 22) All three share the same birthday and Josie's son was born in the same hospital and same floor by the same doctor in Baltimore, MD. Love you Mom, Love you Joseph, and miss you baby Joseph.

*Love, Sherry Lee Bee*

Fond du Lac Gas & Grocery staff would like to wish **Liz Mason** (Jan. 28) a very happy birthday!!

Happy first birthday big boy, **Kawhi Barney** (Jan. 30)! We are so fortunate

to call you ours! You make Dad, Mom, sisters, brother, and Uncle Jordan so proud! We cannot wait to see what adventures you bring us this year! Love you handsome.

*Love Dad, Mom, Sisters, Brother, and Uncle Jordy*



Wishing a very golden happy birthday to **Sabrina Petite** 22 (Jan. 22) and to James Petite 21, (Jan. 28). May all your wishes come true

*Love you lots, Mom, April Markiss and Royce, Davey and Izzy, Rylan, Dez and Chic, Matt and Angel and their clan...*

## Congratulations

Donna Ennis, Client Rights Coordinator for the Minnesota Department of Human Services, won Employee of the Month.



She makes herself available to clients in a professional, yet kind way. She has a great sense of humor arriving to work with a great attitude which helps me on tough days. She manages her time well with now doing CRC work for both 1D and 1B and both unit a.m. meeting being at the same time. She always keeps in communication with unit staff making it possible for us to answer staff questions as to when she will arrive back on the unit. She is a great listener. She never has a negative word to say about anybody. Regardless of the different challenges that a day might present Donna never fails to respond professionally or maintain a positive and productive attitude.

## FDL job listings

FT: Full Time PT: Part Time For more information about any of these permanent posting posi-

tions contact the Fond du Lac Human Resources Department at (218) 878-2653.

### FDL Reservation

- Substitute Teacher FDL Education On Call/Sub
- Cook Helper FDL Education On Call/Sub
- Secretary/Receptionist FDL Education On Call/Sub
- Reading Buddies FDL Education On Call/Sub
- Instructional Assistant FDL Education On Call/Sub
- Custodian FDL Education On Call/Sub
- Transportation Driver FDL Transportation FT/PT
- Nursing Assistant FDL Assisted Living FT/PT
- Recreational Aide 1, Sawyer SCC FT/PT
- Recreational Aide 2, Sawyer SCC FT/PT
- Recreational Aide 1, Brookston BCC FT/PT
- Recreational Aide 2, Brookston BCC FT/PT
- Recreational Aide 1, Cloquet CCC FT/PT
- Recreational Aide 2, Cloquet CCC FT/PT
- Clinical Pharmacist MNAW, CAIR & Mpls On Call
- Pharmacy Technician MNAW, CAIR & Mpls On Call/Sub
- Transit Dispatcher FDL Transit FT/PT/On Call
- Head Start Substitutes FDLHS On Call
- Deli Clerk FDLGG PT
- Transit Driver FDL Transit FT/PT/On Call
- School Bus Driver FDL Education FT/PT/On Call
- Health Care Assistant MNAW, Assisted Living, Home Care FT/PT
- Store Clerk FDLGG PT
- Convenience Store Gas Attendant FDLGG PT

### Black Bear Casino Resort

- Golf Youth Cart Attendant PT Seasonal
- Cook I FT
- Cook II FT
- Cook III FT
- Beverage Server FT/PT
- Groundskeeper FT
- Buffet Runner FT
- Table Games Dealer PT
- Vault Cashier FT/PT
- Bus Person FT/PT
- Gift Shop Clerk FT
- Buffet Host/Hostess FT/PT
- Golf Course Groundskeeper FT/PT Seasonal
- Steward FT
- Arcade Attendant PT
- Golf Pro Shop Sales Rep PT
- Golf Ranger/Starter FT/PT Seasonal
- Golf Concession Sales Rep FT/PT Seasonal
- Golf Cart Attendant PT
- Slot Attendant FT
- Custodial Associate FT
- Bell Staff PT
- Sage Deli Cook FT
- Bingo Vendor/Floor Worker PT
- Players Club Representative PT
- Restaurant Wait Staff FT/PT
- Hotel Laundry Worker/Hauler FT
- Hotel Room Attendant/Housekeeper FT/PT
- Drop Team Worker FT
- Fond-du-Luth**
- Security Guard/Dispatch FT
- Janitor FT/PT
- Clean up Worker FT/PT
- Beverage Waitperson/Bartender FT/PT
- Cage Cashier FT/PT
- Players Club Representative FT/PT
- Slot Attendant FT/PT
- Slot Technician FT/PT
- FDL Minneapolis listings
- Clinical Pharmacist On Call
- Pharmacy Technician On Call/Sub



# Community News



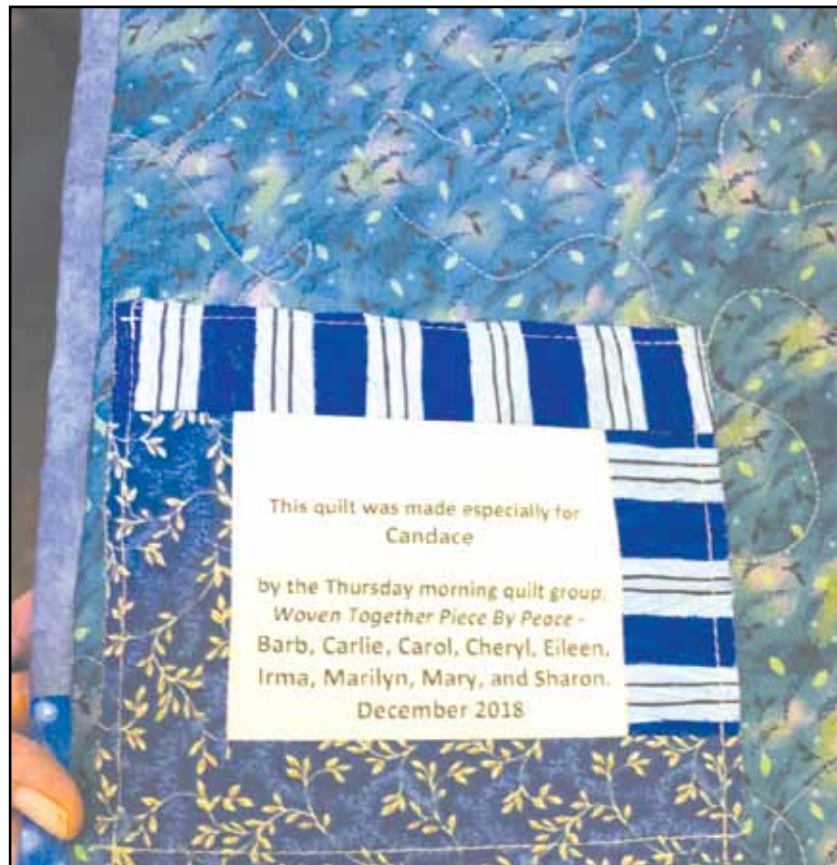
## Thank you

Sept. 15, the Black Pants Memorial Golf Tournament for Dave Reynolds would like to thank the merchants that donated. Thank you to the golf courses that donated passes that day.

Also, thanks to the RBC for their help and support. We would also like to thank the veterans. Donations to the event went to diabetes (\$300) and cancer research (\$300) and a portion also sent to St. Jude's (\$200).

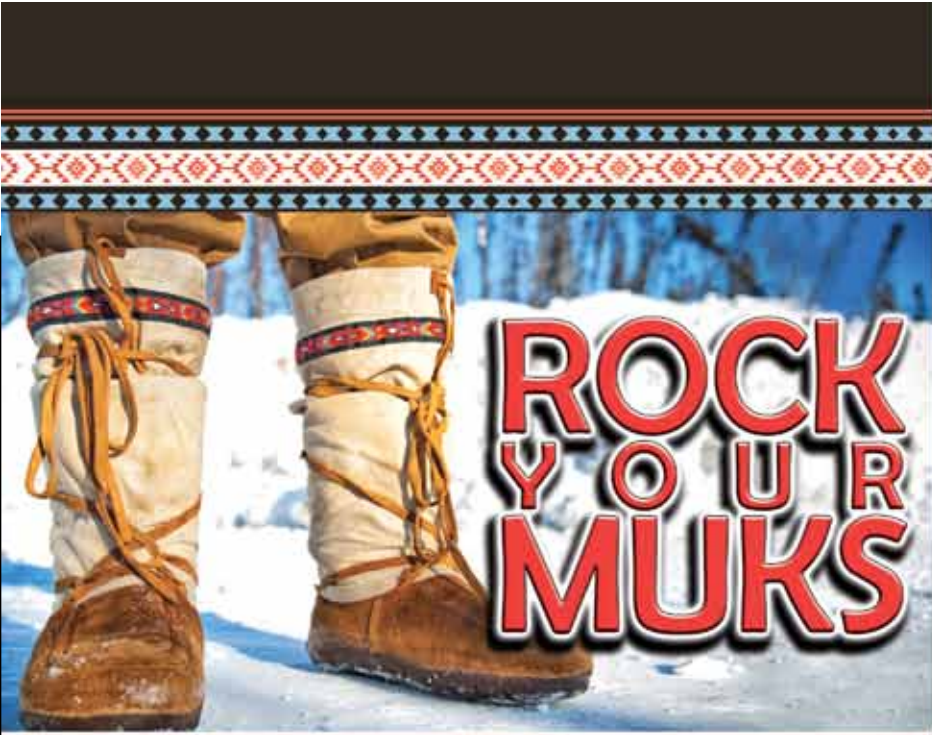
Finally, thank you to the golfers who participated. Next year we hope it will be even bigger.

Thanks, from Irma and Gene



*I would like to say thanks for the Christmas card and the plant and quilt from the card ladies and sewing ladies. Hope you ladies have a wonderful holiday, Candace*





# ROCK YOUR MUKKS

**SATURDAYS, JANUARY 5<sup>TH</sup> - 26<sup>TH</sup>, 6 - 9 PM**

Start earning entries\* on Wednesday, December 26<sup>th</sup>.

- Three (3) drawings each hour, twelve (12) winners each night.
- Cash prize certificates will be between \$500 - \$1,500.
- Each player will pick an envelope with a cash certificate & a gift certificate for Steger Mukluks inside.

**GRAND PRIZE NIGHT - SATURDAY, JANUARY 26<sup>TH</sup>**

- Cash prize certificates will be between \$600 - \$3,000.
- Each player will pick an envelope with a cash certificate & a gift certificate for Steger Mukluks inside.

\*Slots, Blackjack & Bingo Players Club Members earn one (1) entry for every five (5) points earned on game play. See official details & rules on [blackbearcasinoresort.com](http://blackbearcasinoresort.com) or at the Players Club. Management reserves all rights. Owned and operated by the Fond du Lac Band of Lake Superior Chippewa.



**blackbear**casinoresort.com

See Player's Club or [blackbearcasinoresort.com](http://blackbearcasinoresort.com) for official rules. Owned and operated by the Fond du Lac Band of Lake Superior Chippewa. Management reserves all rights.

# GARY ALLAN

**Jan 25  
- 2019 -**

**DOORS 6 PM | CONCERT 7 PM**

**TICKETS \$55 - \$100**

*Available at Players Club or our website.*



# Gichi-Manidoo-giizis –Great Spirit moon– January 2019

ALR: Assisted Living Residence; BCCR: Black Bear Casino Resort; BBGC: Black Bear Golf Course; BCC: Brookston Community Center, (218)878-8033; CAIR: Center for American Indian Resources (218) 879-1227; CCC: Cloquet Community Center, (218)878-7510; CFC: Cloquet Forestry Center; CPT: Cloquet Premier Theatre; CHS: old FDLSS door; DC: Damiano Center; FACE: Family and Child Education Bldg.; FDC: Food Distribution Center; FDLGG: Fond du Lac Gas & Grocery; FDLM: Fond du Lac Museum; FDLSH: FDL Supportive Housing; FDLTCC: Fond du Lac Tribal & Community College; MKW: Mash-Ka-Wisen Powwow Grounds; MKWTC: Mash-ka-wisen Treatment Center; MNAW: Min no aya win (218)879-1227; MTC: MN Chippewa Tribal building; NRG: Natural Resource Garage; OJS: FDL Ojibwe School; OJSHS: Ojibwe School Head Start; PLT: Perch Lake Townhall; RMD: Resource Management Division; SCC: Sawyer Community Center, (218)878-8185; TRC: Tagwii Recovery Center; TCC: Tribal Center Classroom;

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Gichi Manidoo Giizis Powwow Jan. 12 1 and 7 p.m. BBCR</b>	<b>Food for thought Jan. 17 4:30 p.m. FDLTCC</b>	<b>Happy New Year (CLOSED)</b> 1	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder concern group 10 a.m. CCC Yoga 12 p.m. MNAW WIC 12 p.m. CAIR GED 2 p.m. SCC Language 5 p.m. BCC Women's group 5:30 p.m. MNAW 2	CDL Recruiting Event 8 a.m. BBCR Sewing 9 a.m. CCC Get Fit 12 p.m. CCC Language 5 p.m. CCC GED 5 p.m. CCC Open Gym 5 p.m. CCC AA Support 6 p.m. CCC 3	Language 5 p.m. SCC 4	Come & Swim & use the gym 5
Come & Swim & use the gym 6	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC GED 9 a.m. SCC PiYo 12 p.m. CCC Cribbage 5 p.m. CCC <b>Constitution Reform 5 p.m. CCC</b> Caregivers 5 p.m. CCC 7	Get Fit 12 p.m. CCC AA/NA support 12 p.m. TRC WIC 12 p.m. CAIR Caregiver support group 12 p.m. CHS Health and Nutrition 12 p.m. CCC 8	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder concern group 10 a.m. CCC Yoga 12 p.m. MNAW Adult game day 1 p.m. CCC GED 2 p.m. SCC Weight Management Support 3 p.m. MNAW Language 5 p.m. BCC Women's group 5:30 p.m. MNAW 9	Sewing 9 a.m. CCC <b>Estate planning 10 a.m. CCC</b> Get Fit 12 p.m. CCC Language 5 p.m. CCC GED 5 p.m. CCC Open Gym 5 p.m. CCC AA Support 6 p.m. CCC 10	Language 5 p.m. SCC 11	Come & Swim & use the gym <b>Gichi Manidoo Giizis Powwow 1 and 7 p.m. BBCR</b> 12
Come & Swim & use the gym <b>Elder movie morning 11 a.m.</b> 13	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC GED 9 a.m. SCC PiYo 12 p.m. CCC Cribbage 5 p.m. CCC Caregivers 5 p.m. CCC 14	Get Fit 12 p.m. CCC AA/NA support 12 p.m. TRC WIC 12 p.m. MNAW Parenting the second time around 1 p.m. CHS 15	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder concern group 10 a.m. CCC Yoga 12 p.m. MNAW GED 2 p.m. SCC Language 5 p.m. BCC Women's group 5:30 p.m. MNAW 16	Sewing 9 a.m. CCC Get Fit 12 p.m. CCC <b>Open RBC meeting 4:30 p.m. Mino Bimaadizi Waakaa'igan</b> <b>Food for thought 4:30 p.m. FDLTCC</b> Language 5 p.m. CCC GED 5 p.m. CCC Open Gym 5 p.m. CCC AA Support 6 p.m. CCC 17	Language 5 p.m. SCC 18	<b>Learn to Lacrosse 9 a.m. CCC</b> CPR/First Aid 8 a.m. CCC 19
Come & Swim & use the gym 20	<b>Martin Luther King Jr. Day (Closed)</b> 21	Get Fit 12 p.m. CCC AA/NA support 12 p.m. TRC WIC 12 p.m. MNAW 22	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder concern group 10 a.m. CCC Yoga 12 p.m. MNAW GED 2 p.m. SCC Language 5 p.m. BCC Women's group 5:30 p.m. MNAW 23	Sewing 9 a.m. CCC Get Fit 12 p.m. CCC Language 5 p.m. CCC GED 5 p.m. CCC Open Gym 5 p.m. CCC AA Support 6 p.m. CCC 24	Language 5 p.m. SCC <b>Gary Allan 7 p.m. BBCR</b> 25	Come & Swim & use the gym <b>Wisdom steps 10 a.m. BCC</b> 26
Come & Swim & use the gym <b>Elder movie morning 11 a.m.</b> 27	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Cards 9 a.m. CCC GED 9 a.m. SCC PiYo 12 p.m. CCC Cribbage 5 p.m. CCC Caregivers 5 p.m. CCC 28	Get Fit 12 p.m. CCC AA/NA support 12 p.m. TRC WIC 12 p.m. CAIR 29	Elder water aerobics 8:15 a.m. CCC Elder exercise 9 a.m. CCC Elder concern group 10 a.m. CCC Yoga 12 p.m. MNAW GED 2 p.m. SCC Language 5 p.m. BCC <b>Sobriety feast 6 p.m. CCC</b> 30	<b>Parent Family Teacher Conferences</b> Sewing 9 a.m. CCC Get Fit 12 p.m. CCC Language 5 p.m. CCC GED 5 p.m. CCC Open Gym 5 p.m. CCC AA Support 6 p.m. CCC 31	<b>Gretchen Wilson Feb. 15 7 p.m. BBCR</b>	<b>Open RBC meeting Jan 17 5 p.m. Mino Bimaadizi aakaa'igan</b>

Any persons with FDL Writs & Orders of Exclusion are not allowed to attend any FDL Field Trips or Activities.