

Nah gah chi wa nong (Far end of the Great Lake – Fond du Lac Reservation) *Di bah ji mowin nan* (Narrating of Story)



From the left: An eagle at rest near Cromwell, photo by Trey Kettlehut, age 13, son of Chad and Dannell Kettlehut. An iris from FDL Band Member Bonnie Wallace's memorial garden, photo by Deborah Locke. Cattails on the Reservation, photo by Trey Kettlehut. Fall splendor from Skyline Drive, photo by Deborah Locke. At bottom: Swans on Lost Lake preparing for winter's flight, photo by Jane Skalisky.

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FDL task force to explore suicide prevention techniques

It's ok to be sad. It's not ok to stay sad. Those two thoughts may provide the core campaign of a new task force to address suicide at the Fond du Lac Reservation.

The Fond du Lac Human Services Division received a \$15,000 grant from the Minnesota State Dept. of Health to explore ways to prevent suicide on the Reservation.

The money was part of a larger \$80,000 grant to Carlton County from the state. Carlton County ranks fifth in the state for the number of suicides from 1990 to 2005. Seventy-four Carlton County residents took their lives during that time period.

The money will support the creation of a task force of community members and professionals that will become educated on such matters as warning signs from an individual that she or he is suicidal, and effective ways to intervene. The group of 20 to 25 volunteers will develop a public education campaign from its findings, said Bunny Jaakola, program development coordinator for the Min no aya win Clinic. The grant period expires on March 31, 2010.

A minimum of four meetings will be scheduled. One goal is to develop a working group that will continue its work on suicide prevention past the funding period. Often people with suicidal tendencies exhibit certain

behaviors, Jaakola said. When family members and friends recognize those signs, they may be able to intervene and help the individual out of his or her depression. Unfortunately, some suicide victims give no sign whatsoever of their deep depression. Those cases in particular may leave family and friends with a sense of undeserved guilt and loss.

The public education campaign could distribute cards in public places, for example. One side of the card would describe the way CPR can save the life of an individual with heart problems.

The reverse side would list warning signs of potential suicide victims, and use the acronym of QPR (Question-Persuade-Refer) as a tool to educate laymen and professionals. The task force will explore and publicize additional tools and methods to decrease the numbers of suicides in the future.

Jaakola said that it's important for families not to feel shame about a family member who committed suicide, or one who tried to commit suicide. Instead, the best reaction is to learn the warning signs and act on them. She said that people of all ages are affected, including high school students and elders. Sometimes a successful suicide victim disguises his or her intent through a car crash or drug overdose.

Some signs that an individual is

dangerously depressed include these: withdrawing from friends and family, abandoning usual activities, increased nervousness, displaying signs of intense and prolonged sadness about a death, dropping old friends, believing that no one loves or cares for them and that they are all alone, sleeping too much or not sleeping at all, experiencing headaches, stomach aches and other pains. It's natural to feel sad about loss or disappointment for a while; it's not natural to slip into deep doldrums.

The above symptoms are made worse by the use of drugs and alcohol, Jaakola said. Someone dwelling on feelings of loneliness or uselessness is prone to carry out a suicide attempt when he or she is under the influence of drugs or alcohol.

"Depression should be seen as a medical condition like any other physical condition that a person seeks help for," Jaakola said, adding that sometimes medications and therapy are prescribed that aid in overcoming suicidal tendencies.

For more information on suicide prevention, call Fond du Lac Public Health Nursing, Social Services or Behavioral Health at the Min no aya win Clinic, (218) 878-1227. If you are interested in serving on the task force, call Bunny Jaakola at (218) 878-2134, or any of the above departments.

"Older than America" receives positive response from FDLTCC audience

"Older than America," the movie produced and filmed on the Fond du Lac Reservation in 2006, was shown on Nov. 25 and 26 to capacity crowds at Fond du Lac Tribal and Community College.

The film was part of the college's cultural competency initiative and featured a discussion of the movie by the director and also included an audience survey, said Candi Broffle, FDLTCC Director of Customized Training.

The response to the film was overwhelmingly positive, Broffle said.

Ninety-nine percent of the responders to the survey said they learned things they didn't know and many said it was difficult to watch, Broffle said.

"There was also a lot said about the resiliency of the American Indian people and forgiveness," she added. "There really is a need for this film to get out. We had people calling from Grand Portage, Bois Forte, and White Earth asking how they could get a copy of it."

Since its release this spring, "Older than America" has won 16 awards at various film festivals, said the film's director, Georgina Lightning. Included among them were Best Feature Film and Best Dramatic Picture at the Dreamspeaker International Aboriginal Film Festival in Edmonton, Alberta.

In addition to directing, Lightning wrote, produced, and starred in the film. Recently, she has assumed the new and unexpected role of film distributor.

"The film climate has changed dramatically," said Lightning, citing the bankruptcy of three major film distributors this year.

Lightning plans to take "Older than America" to festivals in Anchorage, Alaska, in January and Germany in March.

Nah gah chi wa nong Di bah ji mowin nan

Translation: Far End of the Great Lake - Fond du Lac Reservation; Narrating of Story

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The mission of this publication is to provide the Anishinaabeg community of the Fond du Lac Band of Lake Superior Chippewa, Fond du Lac Reservation, with news and information that will be of help to them in their everyday lives. In addition, our goal will be to highlight many of the honors, accolades, accomplishments and awards that are earned by community members but are mostly overlooked by the mass mainstream media.

It is our hope that through greater information about the activities of our people, this publication can be an instrument of true community. It is not our

intention to be a vehicle of divisiveness. To that end, we do not publish editorials, opinion pieces or letters to the editor. There is an abundance of opportunity for the publishing, airing and dissemination of material of personal opinion in other communication vehicles available throughout the area, region and state.

Our mission is to provide for Fond du Lac Anishinaabeg a publication that will not dismiss their culture, heritage, hopes and dreams. We are striving to make this newspaper fill that role.

Member of the Native American Journalists Association

Ojibwe School kids do well at November Quiz Bowl competition

Quiz Bowl high school students from the FDL Ojibwe School won a second place berth at the Quiz Bowl competition at FDL in November. The Ojibwe School sixth grade students won third place; it was the first year that sixth grade students participated in the event.

A total of 17 teams of more than 100 students competed in the Quiz Bowl that measures student knowledge about Ojibwe history, culture and language.

Indian students from grades six through 12 participate in the bowls that take place at varying Indian communities throughout Minnesota. A team from as far south as Coon Rapids, a Twin Cities suburb, traveled to FDL for the Quiz Bowl.

About 50 percent of the questions pertain to Ojibwe language knowledge. This was the fourth year that the Ojibwe School sponsored a Quiz Bowl.

As many as 12 questions were asked at each round; two teams were pitted against each other. A sample question might ask some detail about a rabbit or deer in the Ojibwe language, or it may inquire about the first treaty between the Ojibwe people and U.S. government.

The competition began at 10 a.m. and continued until 3 p.m. The kids took a pizza break at lunchtime.

The Quiz Bowl gives kids a chance to demonstrate their knowledge at the same time it gives them a chance to reunite with cousins and friends from different Bands across the state. As the bus-loads of competitors arrived, the excitement started. Students and their coaches took the competition very seriously, and the gym took on the air of suspense.

Families and communities are urged to attend the FDL Quiz Bowl competitions. The next one will be held on Feb. 6, 2009 at the Shooting Star Casino at the



Members of the Ojibwe School's winning 6th grade team from left to right: Jovon Smallwood, Kyle White, Alyssa Bosto, Brian Fineday, MorningStar Webster (helper)

White Earth Reservation. For more information, see www.nativequizbowl.info

The moderator's questions were asked from source books including these: Ojibwe Heritage (Basil Johnson); Ojibwemowin, The Ojibwe Language,

Series 1 and 2 (Judith and Thomas Vollom); The Mishomis Book (Edward Benton-Banai); Waasa Inaabidaa (Thomas Peacock and Marlene Wisuri); The Four Hills of Life (Thomas Peacock and Marlene Wisuri).

Election Results

For the first time in the history of the United States, an African American was elected to its highest office. Senator Barack Obama won 365 electoral votes or 66,862,039 popular votes to Senator John McCain's 173 electoral or 58,319,442 popular votes.

Obama's win was fueled by a 20 percent surge in minority voting, according to exit polling data reported in the Duluth News Tribune.

Additional canvassing of the American Indian community within reservations needs

to be conducted to identify American Indian voters and get a more clear idea as to the impact of the Native vote, said Sally Fineday, Executive Director of the Native Vote Alliance of Minnesota.

"We have to have every person counted," said Fineday. "What I'm hoping for in 2009 is to canvass door to door."

In Fond du Lac, a survey of 125 residents was conducted on Election Day. The majority of the people who took the survey said they were pre-registered to vote. Those who

registered to vote on site reported that election instructions were clear and no one who used their tribal ID to register reported any difficulties, said Veronica Smith, FDL Native Alliance representative.

As of the publication of this newspaper, the outcome of Minnesota's U.S. Senate election between Norm Coleman (incumbent) and Al Franken was still undetermined.

In the District 8 race, U.S. Representative James Oberstar received 67.69 percent of the vote over challenger Michael Cummin's 32.15

percent.

State Representative Bill Hilty won reelection in District 8A with 65.08 percent over Tim Hafvenstein's 34.71 percent. In District 5B, State Representative Anthony "Tony" Sertich received 70.03 percent of the vote over John D. Larson's 29.87 percent.

Below are the precincts on the Reservation with a breakdown of how many voted for whom.

Brevator	
<u>President</u>	<u>U.S. Senate</u>
McCain: 197	Barkley: 85
Obama: 417	Coleman: 178
	Franken: 350
<u>U.S. Rep</u>	<u>State Rep</u>
Cummins: 141	Hafvenstein: 178
Oberstar: 473	Hilty: 423
Stoney Brook	
<u>President</u>	<u>U.S. Senate</u>
McCain: 42	Barkley: 21
Obama: 117	Coleman: 39
	Franken: 101
<u>U.S. Rep</u>	<u>State Rep</u>
Cummins: 24	Hafvenstein: 38
Oberstar: 138	Hilty: 122
Solway	
<u>President</u>	<u>U.S. Senate</u>
McCain: 409	Barkley: 173
Obama: 759	Coleman: 371
	Franken: 644
<u>U.S. Rep</u>	<u>State Rep</u>
Cummins: 299	Larson: 315
Oberstar: 881	Sertich: 832

Twin Lakes	
<u>President</u>	<u>U.S. Senate</u>
McCain: 482	Barkley: 189
Obama: 775	Coleman: 463
	Franken: 613
<u>U.S. Rep</u>	<u>State Rep</u>
Cummins: 352	Hafvenstein: 457
Oberstar: 895	Hilty: 776
Corona	
<u>President</u>	<u>U.S. Senate</u>
McCain: 25	Barkley: 21
Obama: 47	Coleman: 22
	Franken: 35
<u>U.S. Rep</u>	<u>State Rep</u>
Cummins: 16	Hafvenstein: 21
Oberstar: 59	Hilty: 53
Progress	
<u>President</u>	<u>U.S. Senate</u>
McCain: 0	Barkley: 1
Obama: 11	Coleman: 1
	Franken: 9
<u>U.S. Rep</u>	<u>State Rep</u>
Cummins: 0	Hafvenstein: 0
Oberstar: 10	Hilty: 9

Perch Lake	
<u>President</u>	<u>U.S. Senate</u>
McCain: 140	Barkley: 67
Obama: 422	Coleman: 121
	Franken: 374
<u>U.S. Rep</u>	<u>State Rep</u>
Cummins: 105	Hafvenstein: 146
Oberstar: 460	Hilty: 408
Sawyer	
<u>President</u>	<u>U.S. Senate</u>
McCain: 51	Barkley: 22
Obama: 120	Coleman: 46
	Franken: 104
<u>U.S. Rep</u>	<u>State Rep</u>
Cummins: 41	Hafvenstein: 47
Oberstar: 132	Hilty: 121
Cloquet W-1	
<u>President</u>	<u>U.S. Senate</u>
McCain: 540	Barkley: 150
Obama: 924	Coleman: 542
	Franken: 780
<u>U.S. Rep</u>	<u>State Rep</u>
Cummins: 347	Hafvenstein: 553
Oberstar: 1,118	Hilty: 912

Cloquet W-4	
<u>President</u>	<u>U.S. Senate</u>
McCain: 390	Barkley: 126
Obama: 790	Coleman: 395
	Franken: 660
<u>U.S. Rep</u>	<u>State Rep</u>
Cummins: 282	Hafvenstein: 395
Oberstar: 904	Hilty: 776
Cloquet W-5 P.2	
<u>President</u>	<u>U.S. Senate</u>
McCain: 33	Barkley: 28
Obama: 265	Coleman: 38
	Franken: 226
<u>U.S. Rep</u>	<u>State Rep</u>
Cummins: 28	Hafvenstein: 34
Oberstar: 267	Hilty: 260

(On the Internet: www.sos.state.mn.us)

Today green glass, tomorrow road aggregate

The sometimes peculiar path of FDL recycled materials

Pictures and story by Jane Skalisky

After making trips to the store this Christmas season to fill the empty space beneath the Christmas tree, many Band Members have additional trips to make: to the garbage can.

After Christmas, many Reservation residents sort and separate their trash into separate containers and bring them to the FDL waste collection drop-off site.

We wondered what happens to that refuse, and will be writing on the subject in this and future issues of the Fond du Lac newspaper.

FDL waste services

The annual cost to maintain waste collection site services at Fond du Lac is close to \$750,000, according to Wayne Dupuis, FDL environmental program manager.

The site currently provides work to seven full-time employees and collects 1,100 tons of waste annually. The Reservation opened the collection site in 2001 to help reduce the waste that was being left on roadsides and in rural areas. This has dramatically reduced the incidences of illegal dumping, Dupuis said.

Another action the RBC took to reduce illegal dumping and to encourage recycling was the 2003 FDL solid waste ordinance. The ordinance requires that residents recycle and that all public

building and private businesses open to the public offer recycling receptacles. The ordinance also imposes a variety of fines, including \$50 to \$100 for littering and \$25 for the improper disposal of recyclables.

The collection site and ordinance have been effective. According to a recent survey, half of Reservation residents recycle everything they can, compared to the national average of 32 percent.

Recycling

North Country Waste and Recycling of Cloquet pick up the plastics, paper, glass, aluminum cans, and steel (tin) cans that are brought to the FDL waste collection site's recycling building. From there, Riverside Recycling of Cloquet

quiet sorts the material and then, depending on the item, sells or delivers the material to various destinations.

Riverside Recycling of Cloquet crushes the plastic into seven foot cubes. After 26 bales, the equivalent of one semi-load is accumulated, Riverside transports the load to a plastic lumber manufacturer in Worthington, Minn.

The plastic bales are then torn apart and placed on a conveyor to be sorted by an optical sorting machine that identifies which type of polymer they are, said Randy Crestik, owner/manager of Riverside Recycling in Cloquet.

Prior to the stock market crash this
continued on page 9

Shannon Judd, FDL environmental education outreach worker, suggests the following resolutions for gift-buying in the New Year:

- Used items, such as games, musical instruments, books or music at second hand stores, antique shops, e-bay, or amazon.com.
- Hand made items from local artisans
- Gift certificates for haircuts, massages, pedicures, or manicures
- Homemade bread, cookies, or jam
- Live plants or trees



Shannon Judd, FDL environmental education outreach worker, is partnering with the fourth graders from the FDL Ojibwe School to promote recycling throughout the Tribal Center. The fourth graders have created posters that are hung throughout the building and collect recyclables once a week.

In December, Seneca Oka, age 10, and Lakota Chavez, age nine, assisted in picking up recyclables.

"This is my first time, but I have been dreaming of recycling," said Lakota.

"I think [recycling] is good because if they keep cutting trees, the animals won't have a place to live," said Seneca.

Art via recycled trees

Making art out of old Christmas trees is the pastime of FDL Band Member, Greg DuFault, of St. Petersburg, Florida. Greg, son of Peter DuFault, began making what he calls "utopiary" art 10 years ago. Topiary is the art of manicuring bushes.

"I wanted to do something that no one else was doing," said DuFault. DuFault got his inspiration from childhood visits to Disneyworld and wanted to make his own shrubbery sculptures. At first he tried to sculpt live plants, but found it cost prohibitive, so he got the idea to use

fake trees. He finds trees at thrift stores and advertises for them by way of a sign in his front yard.

DuFault has sold his trees to businesses and as gifts. A dollar sign design that he made is displayed at the office of an accountant.

In addition to recycling old trees, DuFault reuses styrofoam packaging for the base of his creations.

DuFault's art ranges in price from \$250 to \$1,000. He can be reached at (727)251-8390.



FDL Band Member, Terry Bassett, and his wife, Shirley, have been making maple syrup, jam, and wild rice gift baskets for the past three Christmases. This gift is a "green" choice for the holidays: the birch bark basket, wild rice, strawberry jam, and maple syrup are renewable, local, biodegradable, and sustainable resources. The Bassetts also accept the empty bottles.

Eggs at room temperature; use fresh flour

FDL baker shares trade secrets and family recipes

**Story and picture by
Deborah Locke**

One of the more sentimental reminders of the Christmas season is the smell of Christmas cookies baking in the oven.

What is a Christmas cookie? Definitions are hard to come by, but consider this. Bakers usually make them but once a year, they're often colorful confections and they require more detail work than the ordinary chocolate chip or oatmeal cookie.

Below is a list of my favorite cookies, accumulated over a couple of decades of holiday baking. Each year I try a new recipe; this year, it was the cardamom cookie recipe featured in the Minneapolis Star Tribune in December.

A few tips about baking include these:

- Use heavy shiny aluminum baking sheets for the best results. If you use the darker sheets, watch them carefully so they don't burn.
- Be sure your flour is no more than a year old. A master baker claimed that flour loses moisture over time.
- Use eggs and butter or margarine that are at room temperature.
- Don't believe the oven temperature gauge when it says 350 degrees. Invest in a good oven thermometer and use it religiously.
- Stay with your cookies! While making the toffee bar filling earlier this month, I left the room to frost the cardamom cookies. Big mistake. The filling burned. Yuck.
- After all your ingredients have been mixed in the bowl, read through your recipe for a final time. It's easy to forget something, and this provides a safeguard against that.

Why these recipes?

The mint bars were introduced to our family when I was a little girl. Mom and Dad played bridge with Ray and Edna Luke, and it may have been at a bridge party that Edna introduced her bars. Watch these bars carefully in the oven because the brownie base is thin and could burn.

Mom also made the cornflake wreath cookies, which are a staple in many families. They're not too sweet, and look pretty. Be sure your hands are well-buttered before you handle the mixture.

The toffee bars appear to be simple, but about 10 things can go wrong with these few ingredients. When they are made well, they are delicious.

The peanut

Frosting: cream 2 cups powdered sugar with 2 T. cream or evaporated milk and ½ cup of butter. Add ¼ t. peppermint extract, and green food coloring. Spread on first layer, chill.

Top layer: melt 6 squares semi-sweet baking chocolate with 6 T. butter. Spread on chilled bars.

vanilla and spread over the baked crust. Return to oven for 12 to 15 min. until it is lightly browned.

Sprinkle chocolate chips on top and spread over bars after they melt. Sprinkle with chopped walnuts or pecans, if you wish. The recipe is from the Better Homes and Gardens cookbook.

Holiday wreaths

1/3 C. butter
32 large marshmallows
1 t. green food coloring
½ t. almond extract
4 C. corn flakes
Red cinnamon candy

Melt the marshmallows and butter. Add the food coloring and extract. Pour in the corn flakes and mix thoroughly. Quickly shape into wreaths; add candy decorations.

Cardamom Cookies

½ t. baking soda
1 t. ground cardamom
1 t. ground cinnamon
1 ½ C. flour
1 C. sugar
½ C. butter
1 egg
Icing:
½ C. butter
1 t. vanilla
½ C. milk
¼ t. ground cardamom
¼ t. ground cinnamon
4 C. powdered sugar

Preheat oven to 350 degrees. Line baking sheets with parchment paper. Whisk together soda, cardamom, cinnamon and flour.

In a separate bowl, beat sugar and butter until creamy with electric mixer. Add egg and thoroughly mix. Reduce mixer speed to low and add flour. Mix just until combined.

Roll dough into small balls and place on baking sheets, spacing them two inches apart. Press dough with flat bottom of a beverage glass and bake until lightly browned, 14 to 16 min. Transfer cookies to wire rack. They crumble easily, so be careful.

Icing: beat butter and vanilla with

continued on page 9



From left to right: Mint Bars (at top), Toffee Bars, Holiday Wreaths, Cardamom Cookies, Thumbprint Cookies, Peanut Blossoms, and Buried Cherry Cookies

blossom and thumbprint cookies are pretty staples for any cookie platter. They're easy to make, and add color. Use blackberry preserves on half the cookies, and apricot preserves on the remainder.

My friends addicted to chocolate swear by the chocolate cherry cookies.

Edna Luke's Mint Bars

Melt 4 squares of unsweetened baking chocolate with 2/3 cup of butter. When the mixture cools, add 2 cups of brown sugar, 3 eggs, and 1 t. vanilla. Mix well.

Add 1 t. salt, 1 t. baking soda, and 1 1/4 cups of flour.

Bake at 350 degrees on a greased 10 x 15 inch pan for 20 min. or until a toothpick inserted in bars comes out clean.

Cool completely.

Toffee Bars

½ C. butter or margarine

½ C. sugar

¼ t. salt

1 C. flour

1-14 oz. can sweetened condensed milk

2 T. butter

2 t. vanilla

2 C. chocolate chips

Beat the ½ C. butter with the sugar and salt; gradually add the flour. Press into an ungreased 13x9 inch baking pan. Bake at 350 degrees for about 15 min. until the crust is light brown.

In a heavy saucepan heat the condensed milk and 2 T. butter until it is bubbly, stirring constantly. Stir and cook for 5 min. until it thickens. Add the 2 t.

First Annual FDL Veteran's Day celebration held Nov. 11

Pictures and story
by **Todd DeFoe**

More than 100 Fond du Lac veterans, family, and community members attended the First Annual FDL Veteran's day held Nov. 11 at the Black Bear Casino Resort.

Hosting the event was Clarence "Chuck" Smith, who began the night by calling on the Cedar Creek Drum Group to sing an honor song. The FDL Honor Guard posted the colors and the staff before the gathered honorees.

RBC members thanked each veteran individually for their military service.

"I stand here before you to thank you for what you've done as veterans, for us, for our country, and for our people," said Secretary/Treasurer Ferdinand Martineau.

"You've saved the world and you saved our democracy," said Chairwoman Karen Diver. "For that, we honor you and we feel honored by you."

Keynote speaker George Himango, decorated U.S. Navy

Veteran, spoke of the courage and loyalty that veterans have shown.

"The freedom to choose peace has been given to us by you, our veterans," he said. He spoke of the cost of war, the evil of not fighting against evil, and the debt we owe our veterans.

"How do we repay you for saving the world?" he asked. "This is a celebration in your honor, but it will never be a repayment. We can never repay you for what you have given us."

FDL veterans were presented with a variety of gifts, including a handcrafted card of thanks from young tribal members. World War II and Korean War veterans were honored with the presentation of Pendleton blankets from the FDL Veteran's Committee and RBC.

At the conclusion of the event, Charles Smith offered a prayer for veterans, Chuck Smith played taps, the colors were taken down by the honor guard, and the drum group sang a traveling song.



FDL U.S. Marine Veteran, Clarence "Chuck" Smith, played taps at the First Annual FDL Veteran's Day celebration.



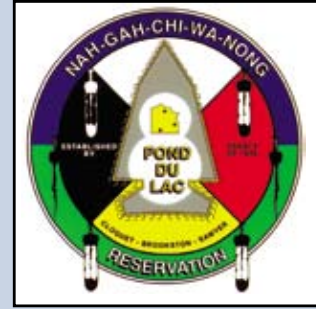
FDL U.S. Army Veteran Roberta Welper carried a P.O.W. flag at the Veteran's Day celebration.



The FDL Honor Guard



At left, FDL veteran Harvey DeFoe received a blanket from FDL veteran John Pensak.



A few thoughts from RBC members

From Chairwoman Karen Diver

If you live on or close to the Reservation, I hope that you have added the first State of the Band Address to your calendar.

It will be held at 7 p.m. on Jan. 15 at the Otter Creek Convention Center at Black Bear. The Reservation Business Committee will update you on activities from the past year, and lay out what we see as issues for the coming year and the future. We hope to see you there!

One of the duties of the Chair position is the performance of public relations activities. Sometimes this means that statements will be made for the media, or I'll attend meetings with governmental agencies. The purpose for these is to further the interests of the Band.

I often participate in presentations to community groups like Rotary, Kiwanis and the Chamber of Commerce. Sometimes I represent the Band when meet-

ing with local, state and federal agencies and officials. I serve on committees and boards that provide the Band the opportunity to build strategic relationships, for example in the housing sector or philanthropy (foundations that make grants).

It is important that the Band be represented in order to build understanding of the issues facing the Band, and throughout Indian Country. That representation builds allies. So, if you call and hear that I may be out of town at one of these meetings, please know that I check my messages and bring my cell phone.

But know most of all that these activities are an important part of keeping the Band's issues understood and supported by broad range groups.

In January we will be inaugurating our



Karen Diver

first President who is a person of color. I don't know about you, but I am really excited about this. It already seems that the old power clubs are falling apart, and that the government might actually put governing first rather than preserving power. President-Elect Obama has a fairly broad Native American platform that includes everything from supporting sovereignty to increasing funding for education, veterans and health services. We often hear a lot of promises from both Democrats and Republicans during campaign time, so I hope that Obama's promises for change include

keeping his promises to Indian Country.

The state of the economy is in the news every day. So, how is that affecting the Band? The Casino looks a little empty some nights. Having the convention center operating is cushioning

the blow some by having large groups coming onto the property. We are still getting numbers in for the last couple of months. By all accounts, people are being very careful with their spending. To make sure the Band is positioned well to weather the recession, we will have to watch our spending as well.

This recession may affect the ability of the Band to secure grants because federal dollars will likely shrink in order to finance all of the bail-outs. Our strategy will be to make sure we have what is needed to weather the current crisis, and how it plays out over time. We will keep you updated as time goes by.

Please feel to call me if you have questions or comments. I can be reached at the office at (218) 878-2612, or by cell at (218) 590-4887, or by email at karen-diver@fdlrez.com.

From Ferdinand Martineau

I would like to wish you and your family a safe and happy holiday season and may the New Year bring you all that you hope for.

As the year comes to an end, I reflect on the past year. I like think about not only the things that have been accomplished, but the things left undone. It is nice to have more on the done list and not on the undone list. That, however, is not always the case.

Several large issues on the list at the beginning of the year were accomplished, like the casino construction and the separation of business and program. The casino is complete structurally; we still have some staffing issues to deal with though. The jury is still out on whether or not the separation is going to work. We still have some work to do there. The largest issue was to protect

the per capita payment for Band Members and that was successful.

Our financial picture is a little tight for the next year, but with all the duplications in budgets cut out and the tightening of our expenditures, we should not see much change in any services or programs. I will be making a full presentation next month at the open RBC meeting.

There were some issues that were not completed this past year that I was hoping would be. We are still dealing with the Tribal College and accreditation for it. The issue is being worked on but there has not been much accomplished towards that end.

The other issue is with the pipeline and the right of way for it. We should be

back at the table soon and the negotiations should be completed shortly. Once they are complete and the project begins, there should be quite a few jobs for Band Members for nine months. There

were several road improvement projects that were slated to begin last spring but engineering problems halted them. Those projects will begin this spring. As I said earlier, I tried to have a short list of incomplete items, but that was not the case.

I have also been thinking about some of the things that I will put on my to-do list for next year. There are two important projects that I want to accomplish next year: first, to finish the reorganization of our current structure and to complete our community meetings on violence. I think these are important issues and they can help



Ferdinand Martineau

to guide us through the next decade.

Finally, the police department held a community notification meeting on a level 3 sex offender last week. I had never attended one before so I went to see what it was all about. I was glad to see the straightforward way that the information was presented and the way the questions were answered. I know that some of the community is not too happy with this situation, but the man had served his time. He deserves a chance to continue with his rehabilitation.

Again, I am always interested in hearing any new ideas, so please feel free to call me. My home number is (218)879-5074, Office (218)878-8158 or you can email at ferdinandmartineau@fdlrez.com

RBC columns continued on page 9



More rez adventures with the Indian Scout

By Deborah Locke

The new Indian Scout spent little time deciding on a December destiny on the most winter-like weekend of the season.

We'll go to St. Paul's Mounds Park, she immediately said.

So we did. An eerie mist hovered over the six burial mounds above the Mississippi River at the Dayton's Bluff neighborhood. Historians speculate that the mounds-building people started creating the mounds as early as 200 BC.

The Scout and I gazed past the mist and rain at the small hills, imagining our early ancestors and hoping they were at peace.

As usual, the story gets ahead of itself. The alpha Scout you've read about all these months wimped out on the prospect of shaking winter by its collar for



an outdoor adventure.

"I don't like the cold," he declared in an unapologetic manner.

I winced. What Indian Scout worth his wild rice admits that?

So I called a St. Paul friend who is Ojibwe and the great great many-greats granddaughter of a famous Ojibwe chief. He's well-known enough to be in the history books, but that's all I can say because I promised the Scout that she and her relatives would remain unnamed.

We journeyed eastward on Interstate 94 in St. Paul to the Mounds Blvd. exit. The street ended at a T-intersection dominated by a large pavilion.

A protective fence encased the cluster of mounds in the 80-acre area that once contained at least 39 mounds. A sign asked visitors to refrain from climbing on the small hills.

Straight ahead the Mississippi River wound through the landscape, creating breathtaking beauty. We noted a foggy silver silhouette of downtown St. Paul shrouded in the morning mist. The air felt expectant, as though the mounds,

trees and pathways knew that a ton of snow would fall soon.

The Scout and I worked our way through the snow to a far edge. We should put down tobacco, she said, reaching into a large purse. We sprinkled the tobacco around, a practice the alpha Scout follows on our outings, as well. I asked the new Scout why we didn't see tobacco traces throughout the area, indicating visits from others. She said that maybe the traces were buried under the snow.

What's buried within the mounds remains a mystery, concluded Paul D. Nelson of Macalester College in St. Paul. Nelson is director of the Macalester Study Abroad program.

Nelson published a 2008 paper on mound history that summarized the troubling history of the area. For example, a group of sloppy amateur archeologists dug up the mounds starting in the mid-1800s. Looters probably started before then.

In 1895 city park employees, razing Mound No. 8, uncovered four skeletons

embedded in clay, as well as two copper breastplates. Skeletons and miscellaneous artifacts were recovered and stolen then and over the years, along with items such as copper pieces, mussel shells, pipes and more.

The mounds' tumultuous past belie their tranquil present. We spent a lovely 90 minutes or so ahead of the snow and centuries behind the first area residents who painstakingly buried some of their dead. Without a doubt, they walked that same land on days when a winter fog created a swirling, mysterious mass. Without a doubt, they felt the same awe, and peace.

To see Paul Nelson's "St. Paul's Indian Burial Mounds" study, go to <http://digitalcommons.macalester.edu/igcstaffpub/1>

Deborah Locke can be reached at deborahlocke@fdlrez.com, or at FDL News, 1720 Big Lake Rd., Cloquet, Minn. 55720

RBC continued from page 7

From Wally Dupuis

The Elders Christmas party was held at the Black Bear convention center this year and was well attended. I was allowed the opportunity to meet and speak to some of you first hand. It was truly an honor. Also, the staff and volunteers should be commended for their efforts in putting on such a party. Thank you all.

To update you on the Cloquet Community Center and Drop In Center, the transition has been made and programming is underway at the new location. We are still working out a few bugs; however, it seems to be going well.

Administrative work and planning on the supportive housing project is continuing on a regular basis. Planning staff is working on contracts, budgets and Memoranda of Understanding with the agencies involved. We are looking forward to the actual construction start up this spring.

As the New Year approaches, I look forward to the challenges ahead. As your District I representative, I have

dealt with many issues. Some are individual matters; some are reservation-wide matters. Each issue offers a different challenge. I am sure that the New Year will bring even more and different challenges for all of us.

It has been determined that each District Representative will rotate a column in the FDL newspaper every three months. As such, I will not have an article in the next two papers. However, if you would like to discuss any matters with me or would like information about what we are working on, please feel free to call or write me and I



Wally Dupuis

will do my best to get you the information or an answer to your request. Happy holidays to all and I wish you well in the challenges ahead.

As always, please feel free to contact me by phone or email at any time. My home phone number is (218) 879-2492; office (218) 878-8078; cell (218) 428-9828

Recycling from page 4

fall, the recycled plastics market was exceptional, Crestik said. Currently, plastic is selling for a penny a pound.

“With transportation costs figured in, it’s pretty much a wash,” said Crestik.

Newspaper is sent to USG in Cloquet for the production of ceiling tile, according to Crestik. Office paper is made into coated paper by New Page of Duluth. The amount of recycled paper used varies with the strength of the paper, as the more paper is recycled, the weaker it becomes, said Crestik.

Brown and clear glass is purchased by Anchor Glass in Shakopee, Minn. The green and blue glass is crushed and brought to Virginia, Minn., to be made into road aggregate.

Aluminum cans make their way from Fond du Lac to Anheuser-Busch of St. Louis, Missouri, where they are melted down and made into new beer cans. The market for aluminum has remained strong, despite a down turn in demand in other recyclables, said Crestik.

Steel, or tin, cans are baled and sold to various scrap yards in the Twin Cities who then sell them to steel mills throughout the country.

Recycling facts

- Americans buy 28 billion plastic water bottles annually. Eight out of 10 bottles end up in landfills.

- The production of plastics accounts for four percent of the energy consumption in the U.S.
- In 2006, it took more than 17 million barrels of oil to produce plastic bottles. The total energy used to bottle water is the equivalent of filling a bottle a quarter full of oil.
- It takes more than two liters of water to make a liter-size water bottle.
- Recycling a single plastic bottle can conserve enough energy to light a 60-watt light bulb for up to six hours.
- More than 37 percent of the fiber used to make new paper products in the United States comes from recycled sources.
- Glass containers are 100 percent recyclable, and recovered glass is used as the majority ingredient in new glass containers.
- Every ton of glass that is recycled results in one ton of raw materials saved to process new glass, including: 1,300 pounds of sand, 410 pounds of soda ash and 380 pounds of limestone.
- Scrap metal makes up one of the two largest exports that the U.S. sends to China.
- Recycling aluminum in the U.S. conserves up to eight tons of bauxite ore and 14 megawatt hours of electricity.

For more information, see www.earth911.com

Cookies from page 5

electric mixer; add milk, cardamom and cinnamon and powdered sugar. Spread on cooled cookies.

This recipe appeared in the December 2008 Star Tribune newspaper as one of the best new cookies for the season.

Thumbprint Cookies

- 1 8-oz. pkg. cream cheese, softened**
- ¾ C. butter (1-1/2 sticks)**
- 1 C. sugar**
- 2 t. vanilla**
- 2-1/4 C. flour**
- ½ t. baking soda**
- 1 C. finely ground pecans**
- 1-1/4 C. preserves, any flavor**

Beat the cream cheese with the butter in a large bowl; use electric mixer. Add sugar, beat until fluffy. Add vanilla, gradually add flour until well blended. Add baking soda and pecans. Cover and refrigerate until chilled.

Preheat oven to 350 degrees. Shape dough into one-inch balls. Place 2 inches

apart on ungreased cookie sheet. Independent centers and bake for 10 min. Then fill each cookie with up to 1 t. preserves. Return to oven for 8 to 10 min or until they are very lightly browned.

This recipe came from the Kraft Kitchen Website.

Peanut Blossoms

- 1-3/4 C. flour**
- 1 t. baking soda**
- ½ t. salt**
- ½ C. white sugar**
- ½ C. brown sugar**
- ½ C. shortening**
- ½ C. peanut butter**

- 1 egg**
- 2 T. milk**

48 chocolate Hershey kisses

Cream butters with sugars; add egg and milk. Add dry ingredients, mix at low speed. Chill dough. Roll into balls and place them on an ungreased cookie sheet. Bake at 375 degrees for 10 to 12

min. Press candy into center immediately after removing cookies from oven.

This recipe came from a newspaper.

Buried Cherry Cookies

- 1-10-oz. jar maraschino cherries**
- ½ C. butter**
- 1 C. sugar**
- ¼ t. baking powder**
- ¼ t. baking soda**
- ¼ t. salt**
- 1 egg**
- 1-1/2 t. vanilla**
- ½ C. unsweetened cocoa**
- 1-1/2 C. flour**
- 1 6-oz. pkg. semisweet chocolate chips**
- ½ C. sweetened condensed milk**

Drain cherries; save juice. Beat butter with electric mixer for 30 seconds. Add sugar, baking powder, baking soda and ¼ t. salt. Beat until combined; add egg and vanilla, mix. Add cocoa powder and gradually add flour.

Shape into 1 inch balls. Place 2 inches apart on baking sheet. Press your thumb in the center of each ball and place a cherry in each center.

Bake at 350 degrees for 10 min., or until edges are firm. Cool on wire rack.

Frosting: in small saucepan, combine chocolate pieces and condensed milk. Stir in 4 t. of cherry juice. Spread 1 t. frosting over each cherry.

This recipe was from the Better Homes and Gardens Cookbook.

Merry Christmas everyone!

If you liked this feature and would enjoy further stories from FDL cooks and bakers, please let us know. The phone number is (218) 878-2628, or drop us a note at FDL News, 1720 Big Lake Road, Cloquet, Minn. 55720

The best gift of all: time and attention

By Lucy Carlson

The holidays are nearly here. Money is tight. We all want to make decisions that count about what to purchase for our children. It's important to get the most bang for our buck! This means thinking about presenting our wonderful children with something they will love, as well as something they will want to involve themselves with for more than a couple of days.

As we think about the variety of toys which are available for purchase, let's also look at just what children learn from each play experience.

First, let's remember that a child's parent or caregiver is also an influential teacher. Parents have in-depth knowledge of a child's interests, patterns, fears and past. They know the world the child tries to understand such as their home which is a child's first and continual learning environment.

The way you talk with your children makes a tremendous difference in how they think, how they feel about them-

selves, and the kind of people they will become. The more consistent we adults are, the more secure your child will feel.

When children feel secure, they become free to experiment, explore, and learn. To help your child become an independent, enthusiastic, and curious learner, you don't need to buy a lot of special toys or equipment. Children become creative thinkers as a result of the important adults in their life listening and talking with them as they go about their normal everyday activities.

Sometimes, after a long day at work or school, this may seem difficult. But parents have told me that this

To help your child become an independent, enthusiastic, and curious learner, you don't need to buy a lot of special toys or equipment. Children become creative thinkers as a result of the important adults in their life listening and talking with them as they go about their normal everyday activities.

Lucy Carlson

When You and Your Child...	You Might Say...	This Helps Your Child Learn To...
Set the table Involve your child in figuring out what is needed.	"How many people are eating dinner tonight? So how many plates do we need? Let's count them out. Let's give one to each person. One plate for mommy, one plate for Dakota..."	<ul style="list-style-type: none"> > Count objects correctly > Follow simple directions > Accept responsibility > Match one-to-one when counting
Read books together. After you've read a book to your child, discuss it.	"Who is this story about? What happened to him? What did he learn? How do you think he feels?"	<ul style="list-style-type: none"> > Listen to a story and explain what happened > Use language to describe events and express feelings
Look at family photos together. Try looking at an album together	"Who's that? What's he's doing? How do you think he feels? Do you remember what happened that day?"	<ul style="list-style-type: none"> > Identify himself as a member of a specific family and cultural group
Do water play activities together In the bathtub let your child play with empty plastic containers of different sizes and their tops	"How does it sound when you put that empty bottle under water? Where do you suppose those bubbles come from? Which top fits on this tiny bottle?"	<ul style="list-style-type: none"> > Understand the concept of volume > Arrange objects in a series from smallest to largest > Use small motor skills
Clean up toys Encourage your child to put away her own toys when she is done playing. Now and then make a clean-up game.	"Let's play a game. Put all of the toys on the floor into a bag. Now, close your eyes, reach into the bag and feel one toy. Tell me what it feels like and guess what it is. When you guess, you get to put it away."	<ul style="list-style-type: none"> > Identify how things feel. > Use language to describe objects > Accept responsibility > Cooperate with others

kind of attention has a wonderful effect on their children and makes their job as a parent more enjoyable and interesting, and sometimes even easier.

Let's take a look at general play activities you and your child can do together, and what children learn from each. This might lend an added perspective to the gift choices you make this holiday season.

Remember that you can add much joy to whatever your child finds under the Christmas tree by taking the time to talk about it with him or her. Ways to do this include talking about what your child is doing, talking about what you are doing, pointing out interesting things, and repeating what your child is saying.

In other words, be a little like your child's "sports announcer!" The joy you see on your child's face as you share this experience together will make this season all the more memorable.

Some information from this column was taken from A Parents Guide To Early Childhood Education by Diane Trister Dodge and Joanna Phinney. Lucy Carlson is a Family Educator with the Fond du Lac Head Start Program. She writes regularly on parenting matters for this newspaper. Her email address is lucycarlson@fdlrez.com

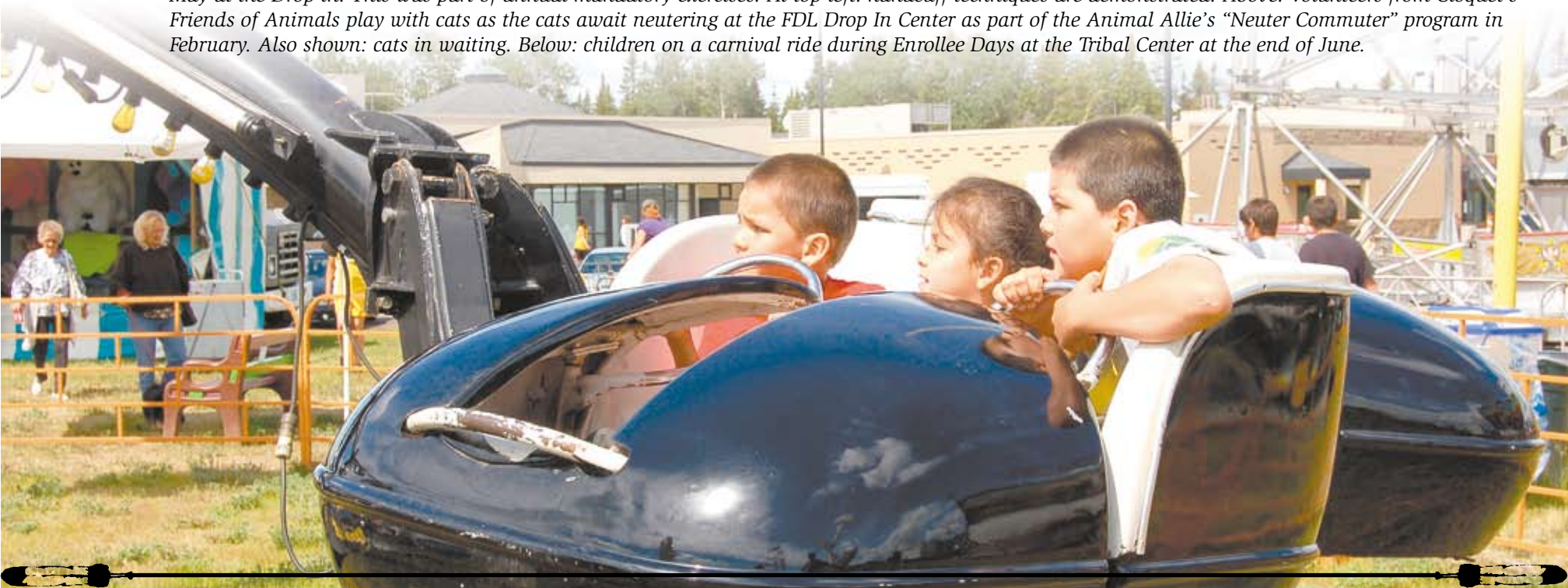


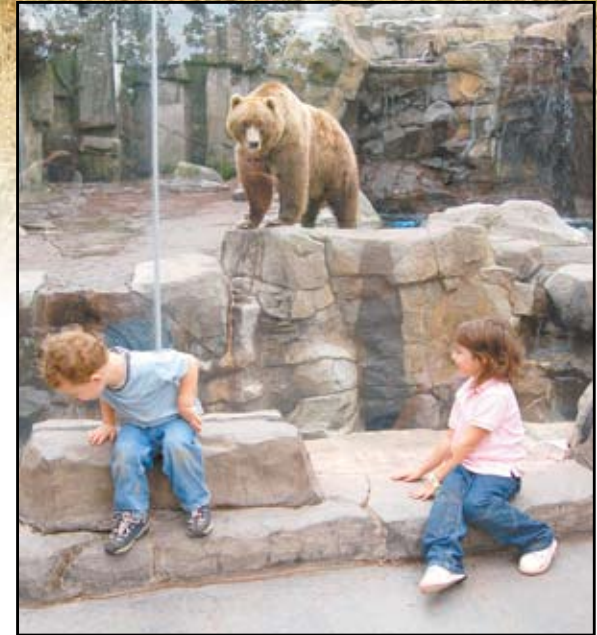
At top left: Chairwoman Karen Diver and her mother, Faye Diver, at the swearing in ceremonies in July. On the right: Karen's dad, Chuck Diver, administers the oath of office. Center left: New Brookston Representative, Mary Northrup, at her swearing in ceremony at the Brookston Community Center in August. Center right: new Cloquet Representative, Wally Dupuis, being sworn in by Chairwoman Diver in the Cloquet Community Center in July. Below: a crowd of about 120 people gathered in the Cloquet Community Center for the swearing in of Chairwoman Diver and Dist. 1 (Cloquet) Representative Dupuis



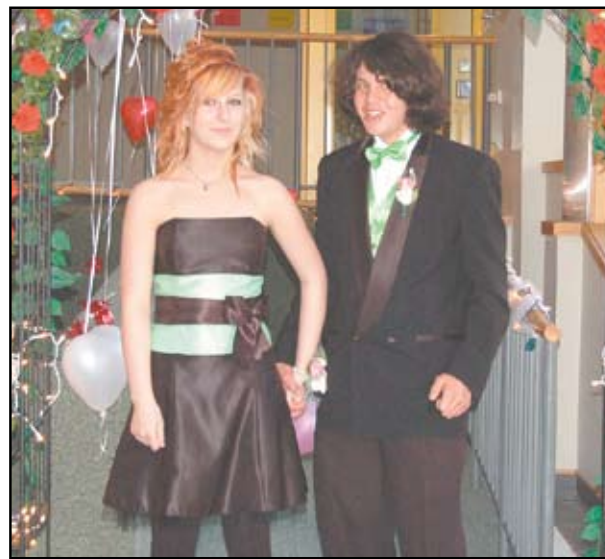


At top right: FDL police officers Casey Rennquist and Mel Barney use replica handguns connected to a computer during defensive tactics training in May at the Drop-in. This was part of annual mandatory exercises. At top left: handcuff techniques are demonstrated. Above: Volunteers from Cloquet's Friends of Animals play with cats as the cats await neutering at the FDL Drop In Center as part of the Animal Allie's "Neuter Commuter" program in February. Also shown: cats in waiting. Below: children on a carnival ride during Enrollee Days at the Tribal Center at the end of June.





Page top: Canoes rest on the shore of Dead Fish Lake during the wild rice season in September. Center left: The Black Bear Golf Course in June. Center right: from left to right, Brandon Greensky, age two, and his sister, Shayla Greensky, age three, at the Duluth Zoo in September. Above left: FDL Cultural Museum Director, Jeff Savage, and Red Cliff Band Member Marvin DeFoe made a birch bark canoe at the FDL Museum during Enrollee Days the end of June. Above right: Kenny Fox, age four, fed a llama at the Duluth Zoo in September.



Top: Winnie LaPrairie demonstrated the art of moccasin making at the FDL Museum during Enrollee Days the end of June. Center left: wigwam constructed behind the Fond du Lac Tribal and Community College in Cloquet. Center right: a Blue Flag Iris behind the Tribal Center in June. Above right: Wayne Newton performed at the opening of the New Bear Casino Resort at the Casino's Otter Creek Convention Center in August. Above center: Wausaumoutouikwe Sandman-Shelifoe and Jeremy Ammesmaki posed at the FDL Ojibwe School prom held in mid-May. The prom was held at the FDL Tribal and Community College Above left: FDL Ojibwe school student, Sa'Shawna Lone, at the National American Indian Science and Engineering Fair in Albuquerque in March. Sa'Shawna was among a handful of students who went on to the International Fair in Atlanta last summer.



Top: Members of the FDL Honor Guard at the Veteran's Pow wow held at the Mash ka wisen pow wow grounds in July. Inset: Joslyn Mitchell, age four, at the Head Start pow wow in the Head Start Gym in May. Above left: Members of the winning Sawyer girl's community softball team with coach Vern Northrup. Above right: FDL World War II Army Veteran Bob Bassett and his wife, Dorothy, attended the first FDL Veteran's Day Dinner and celebration on Nov. 11, 2008

Legal Q&A's

Helping a friend make the transition to a nursing home; state laws that protect consumers concerning car repairs

Dear Senior Legal Line: A dear friend seems to be approaching a time when residency in a nursing home would be appropriate. I want to assist my friend, but I've heard stories of people being presented with numerous papers as part of a nursing home intake process.

Sometimes the friends or spouses assisting the person in that process inadvertently cause themselves to be liable for nursing home bills by signing certain documents.

What can I do to make sure that I do not become personally liable for my dear friend's nursing home bills?

Roger

Dear Roger: It is great that you are supportive of your friend's needs. When the time comes to help your friend seek long-term care services from a nursing home or other residential service providers, you and your friend might be asked to sign many different documents.

If you and your friend have talked about a specific nursing home, assisted living, or other long-term care facility, the admission agreement must be made available to potential applicants prior to application. That means that you should be able to go to that facility and request a copy of their admission agreement.

Each agreement is different, and often contains five or more signature blocks. One is for the resident or applicant, another is for the resident's spouse, a third is for the resident's legal representative, a fourth is for the "responsible party," and the fifth is for the "guarantor."

The applicant should only sign after reviewing the agreement and understanding the agreement. Unfortunately, many times the applicant is unable to understand such contract language. If the applicant does not have the capacity or understanding to sign a contract, the nursing home may request, but not demand, the signature of another person on behalf of the applicant. The nursing home cannot condition the acceptance of the applicant on that third-party signature.

In Minnesota, spouses of long-term care facility applicants are responsible also for the spouse's medical bills by virtue of their marital status. However, that does not necessarily mean that the spouse should sign the application.

While a spouse cannot avoid sharing responsibility for medical costs, including nursing home costs, the spouse should not feel compelled to sign the nursing home agreement. Divorces sometimes take place while a spouse is in a nursing home and a properly handled divorce can sever that spousal responsibility for ongoing medical bills. However, if the spouse signs a nursing home admission agreement or application, they may incur personal liability beyond their spousal liability. That personal liability would not be severed upon the dissolution of the marriage.

In short, the applicant for admission should sign the admission agreement but there is no reason that anybody else has to sign any part of the paperwork. No signature means no liability stemming from the admission papers. A spouse is liable anyway, because of the marriage.

Another benefit of seeking a copy of the nursing home agreement prior to immediate admission is to look for wording that may not be desirable and negotiate for changes in the agreement. Sometimes undesirable wording may appear as "mandatory arbitration" clauses or paragraphs. Striking or erasing such clauses or paragraph(s) may be advisable and does not hinder any party from agreeing to arbitration at a later time. Mandatory arbitration waives your constitutional due process rights and access to our State and Federal Court systems. These may be rights that you want to keep.

Your desire to assist your friend is a good thing but understand the consequences of signatures. I invite you to talk with an attorney about this situation, which could save later headaches and liability. Again, the only person that needs to sign long term care nursing home documents is the recipient of the services.

This column is written by the Senior Citizens' Law Project, and does not give complete answers to individual questions. If you are age 60 and older and live in the Minnesota Arrowhead Region, you may contact us with questions for legal help by writing to: Senior Citizens' Law Project, Legal Aid Service of Northeastern Minnesota, 302 Ordean Bldg., Duluth, MN 55802. Please include a phone number and return address.

Truth-in-Repairs Act

By Sofia Manning

Indian Legal Assistance Program, Duluth

We have all been in tough situations when we need repairs done quickly and do not have time to shop around and compare estimates. However, even in circumstances like these, Minnesota's Truth-in-Repairs Act protects you from high unexpected or unnecessary repairs.

The Truth-in-Repairs Act clarifies exactly what a repair shop can and cannot do when they do repair work that costs more than \$100 and less than \$7,500. All Minnesota shops that repair motor vehicles, appliances, or do work on your home are required to follow this Act and the following procedures.

Written Estimates: You have the right to request and receive a written estimate for repair work whenever the cost of those repairs is more than \$100 and less than \$7,500. The estimate should contain a description of the problem, charges for parts and materials and whether those parts are new or rebuilt, and the total estimated price including labor and tax. If you request a written estimate and the repair shop accepts the job, the shop cannot charge more than ten percent above the estimated cost without your permission.

Also, the repair shop is required to provide the customer with an invoice if a repair costs more than \$50, including the price of parts and materials. If the work is done under a manufacturer's warranty, a service contract, or an insurance policy, customers are entitled to an invoice regardless of the cost of repairs.

Unnecessary or Unauthorized Additional Repairs: A repair shop cannot perform any unnecessary or additional unauthorized repairs. If repair work has been started and the repair shop determines that more work needs to be done, the shop may exceed the price of the written estimate only if the customer has been informed about the additional repair work and been provided with a new estimate. The shop may not charge more than ten percent above the new estimate. Before the shop begins the repairs, the customer can request the replaced parts to verify repairs, unless those parts are under a warranty.

After the Repairs: Upon completion of the repairs, the shop must give the customer a copy of a dated invoice for the repairs performed. This invoice must contain a description and itemization of all the charges for the repairs, notification of any used or rebuilt parts and the odometer reading. A repair shop is required to keep all documentation of a customer's repair for at least a year.

If you have any questions or topics you would like addressed in future columns, please write to us at: Indian Legal Assistance Program, 107 W. First St., Duluth, MN 55802

Etc.

New Year's Eve at the Bear

More than \$65,000 in cash and prizes, including a new Saturn Hybrid, will be given away at the New Year's Eve party beginning at 6 p.m. on Dec. 31 and running through New Year's Day at the Black Bear Casino Resort. Party-goers must be at least 21 years of age.

Included in the festivities will be a seafood buffet and New Year's Eve dance from 9 p.m. to 1 a.m. at the Otter Creek Event Center. "High and Mighty" will perform. The Seven Fires Steakhouse is planning a special menu. To make a reservation at the restaurant, call (888) 771-0777.

The Black Bear Casino Resort is located at the intersection of I-35 and Highway 210 in Carlton.

America and Kenny Rogers to perform at the Bear

America, the premier soft rock group from the 70s, will be performing at 7 p.m. on Jan. 17 at the Otter Creek Event Center. Tickets are \$35-\$45.

Country music legend, Kenny Rogers, will be performing at 5 p.m. Feb. 22. Tickets are \$40-\$50 and will go on sale Jan. 6.

Tickets are available through Ticketmaster by phone at (218)727-2121 or on-line at www.ticketmaster.com. They can also be purchased at the Otter Creek Event Center ticket office. The Otter Creek Event Center is located at the Black Bear Casino Resort, at the intersection of Interstate 35 and Highway 210 in Carlton.

Notice to propane fuel customers

FDL propane trucks have very limited mobility during a winter storm or during any inclement weather. Because of the limited mobility, it is very hard for the drivers to fill propane tanks.

If you hear that bad weather is on its way, check your propane tank level early. That will ensure that you'll have an adequate amount of fuel to get through the snow emergency.

For more information, call the FDL Propane Fuel offices at (218) 879-4869.

Unity on horseback

Seven riders representing four tribes visited the FDL Reservation in October as part of a 800-mile, 23-day journey on horseback to promote unity. The ride began Oct. 1 in Leech Lake, and included White Earth and Mille Lacs before the riders reached FDL. From here, they rode to Bois Forte, Red Lake, and then home to Leech Lake.

Tony "Ginew" Tibbetts, a Leech Lake Band Member, said the trip was about promoting unity between nations, tribes, and people. The idea was to engage people in conversation while visiting with Band Members.

Their experience was a mix of good and bad. On their trip here, they traveled through Cromwell and stopped at a gas station.

"We were told to get out, and they called the sheriff," Tibbetts said. Six miles out of town, a man stopped to see what they needed, offering them hay and oats for their horses.

In Sawyer, they encountered a group of children, some who had never seen a horse before. Tibbetts spoke often of the spirituality of the horse and why he chose the horse as a vehicle to promote his vision of unity.

"Animals draw people together, and horses carry medicine," he said. He also said how important the horse was to Ojibwe people.

Beading classes held Wednesdays

Beading classes for those at beginning and intermediate skill levels are offered from 4:30 p.m. to 7:30 p.m. every Wednesday at the FDL Cultural Center and Museum. Supplies are furnished. Adults are welcome, and there is no charge.

A note from Mrs. Claus

Many thanks to the Elder Party Christmas Committee, volunteers, as well as to the RBC, Tina, Deb, Mary, Char, Vi and Barb. The committee truly rolled out a red carpet for FDL elders and guests at the annual party. They spent countless hours in preparation, decorating, send-

continued above

Casino Hotel wins national lighting award

The Black Bear Casino Resort won a first place international award in best lighting for a casino resort in a Global Gaming Exposition lighting competition in November.

"The main ingredient in a successful project is a vision from the owner," said Dan Morseth, design manager for Parsons Electric, project lighting designers and installers. "The Tribal Council, Casino and hotel management group, facilitated by Denny Olson and Mike Murray, had that vision for this facility." Olson retired recently as FDL building projects manager.

The competition included lighting projects from large casinos in Las Vegas and Atlantic City, N.J.

ing invitations, collecting and disseminating gift baskets, and much more. Thanks, also, to "Elvis" for the great entertainment.

We are grateful for a very good meal, program and gift presentation. Thanks again to all.

Sharon Shuck, aka "Mrs. Claus"

Home for sale

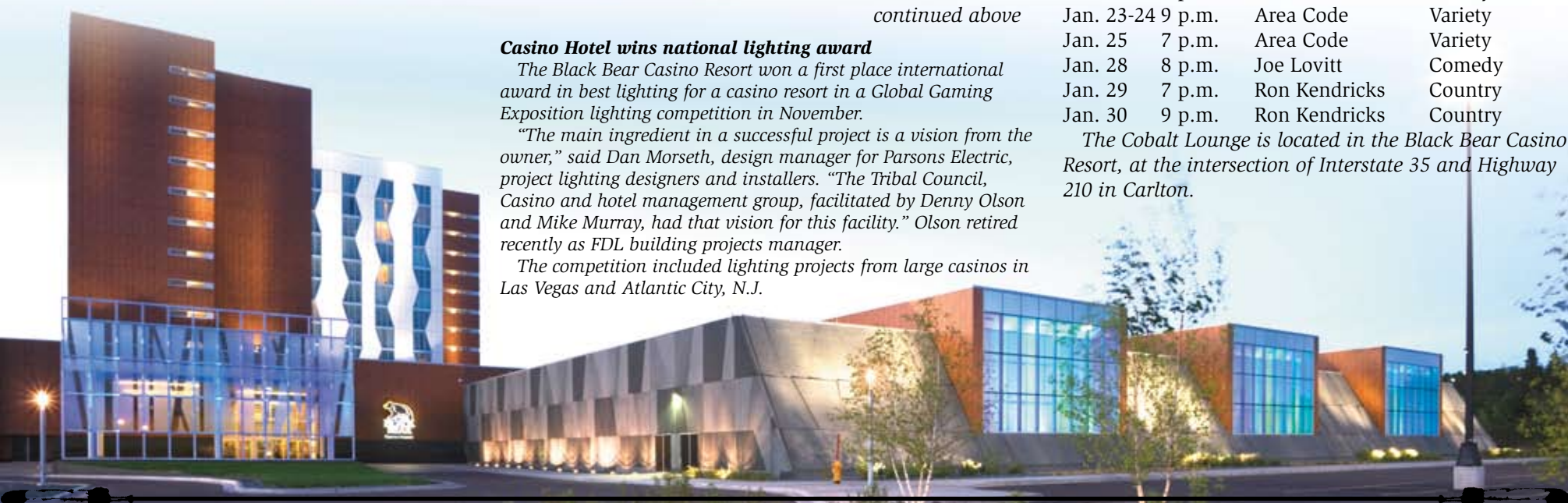
Home on Big Lake in Sawyer, Minn. Located within 15 miles of three golf courses, 30 miles from Duluth. Built in 1990. Two bdrm, 1.5 baths, sauna, fireplace, open floor plan. Attached 2-car garage and detached 2-car insulated pole building. On private lot with 93 ft. of lakeshore; driveway and septic tank on 56 feet of FDL leased land. Asking \$270,000. Call (218) 878-5617 for more info.



Cobalt Nightclub January Schedule

Date	Time	Show	Type
Jan. 1	7 p.m.	Sherwin Linton	Variety
Jan. 2	9 p.m.	Sherwin Linton	Variety
Jan. 3	9 p.m.	Shh Boom	50s variety
Jan. 4	7 p.m.	Shh Boom	50s variety
Jan. 7	8 p.m.	Dobie Maxwell	Comedy
Jan. 8-10	9 p.m.	Nielson White	Variety
Jan. 11	7 p.m.	Nielson White	Variety
Jan. 14	8 p.m.	Marc Yaffee	Comedy
Jan. 15-17	9 p.m.	Telluride	Country
Jan. 18	7 p.m.	Telluride	Country
Jan. 21	8 p.m.	Don Tiernagel	Comedy
Jan. 22	7 p.m.	Area Code	Variety
Jan. 23-24	9 p.m.	Area Code	Variety
Jan. 25	7 p.m.	Area Code	Variety
Jan. 28	8 p.m.	Joe Lovitt	Comedy
Jan. 29	7 p.m.	Ron Kendricks	Country
Jan. 30	9 p.m.	Ron Kendricks	Country

The Cobalt Lounge is located in the Black Bear Casino Resort, at the intersection of Interstate 35 and Highway 210 in Carlton.



Over 550 FDL elders, tribal center employees, and their guests attended the 2008 FDL Elder Christmas Party held at the Otter Creek Convention Center. More than 185 gifts were donated, the largest number in history, said Tina Myhre, a member of the party planning committee. Sister Marie Rose Messingschlager, director of the Office of Indian Ministries in Duluth, gave the opening prayer and Ken Southerland, Elvis impersonator, provided the entertainment.



At top right: Sharon Shuck as Mrs. Claus. Center right: FDL Elder Christmas party committee members, from left to right: Tina Myhre, Vi Foldesi, Becky Solomon, and Mary Davis. Far left: Jean Mulder and her son, Joe Atwood. Group of women at bottom, right: From left to right: Bonita Barney, Susie Northrup, FDL Elder Advocate Deb Topping, and Bebe Greensky



CHS sophomore addresses International Geophysicists Convention in December

Picture and story by Jane Skalisky

Courtney Jackson, a tenth grade student at Cloquet High School, and granddaughter of FDL Band Member Joan Lampi, was invited to give a presentation at the International Geophysicists Convention in San Francisco Dec. 15-19.

Her speech was on what her involvement in area, national and international science fairs has meant to her. At the convention, she also presented her geologic mapping project of the planet Venus.

Courtney's interest in the extraterrestrial began in seventh grade in Cindy Welsh's earth science class.

"I thought, wow, this is something I'd like to do when I grow up," said Courtney. She found many similarities between Earth and Venus when the planets formulated, but also wanted to learn the planet's differences and explanations for the differences.

Courtney's reasons for studying Venus, she said, were mainly curiosity, but, she said, there were other reasons.

"I think if we're not cautious about what's going on in the environment, we could end up like Venus someday," she said. Venus has no organic life. The planet is so hot that its onetime earth-like oceans evaporated.

"She knows how to work hard," said Welsh of Courtney. "She sets goals and accomplishes them."

Welsh said Courtney also has leadership qualities and served as president of the environmental club in Middle School, as did her predecessor (and newly named Rhodes scholar) CHS graduate Brian Krohn.

Courtney credits Welsh for her successes in science. Welsh accompanied Courtney to the National American Indian Science and Engineering Fair in Albuquerque, N.M., this spring where



Courtney Jackson and her grandmother, Joan Lampi.

Courtney took a grand award with her Venus project. She and seven other students from the national competition went on to compete against 1,500 other students from 50 countries at the Intel International Science and Engineering Fair in Atlanta in May. She received two second place special awards there, winning \$2,000 in prize money. This fall, Courtney's work mapping Venus was published in the journal "Imagine", a publication of the John Hopkins University's Center for Talented Youth.

When Courtney was contacted by the journal publisher earlier this summer, she was astonished.

"Wow," she said, "Am I going to be published?"

At the end of October, Courtney was one of three high school students in the U.S. to be invited to attend the American Indian Science and Engineering Conference in Anaheim, CA.

Courtney plays goalie in recreational soccer and the cello in the high school orchestra, which she says, is her "mental yoga." Her favorite pastime, however, is reading.

"I could read all day long," she said. Right now she is enjoying the book, "Twilight," part of a Romeo-Juliet saga about a vampire.

Her future plans include learning more Ojibwe, which she was first exposed to last summer during an Upward Bound summer program. In addition to becom-

ing more proficient in Ojibwe, she said she wants to learn to jingle dance and go through a naming ceremony. She gives credit to her Grandma Joan for many of her life achievements.

"She's always been there, helping me to become the young woman that I am today," Courtney said.

Next year, Courtney hopes to attend college as part of a post-secondary educational options program. Ultimately, she hopes to become either a storm chaser in Kansas, or a volcanologist in Hawaii.

Community news



FDL Band Member Ken Southerland, Elvis impersonator, performs at the FDL Elder Christmas party in early December at the Otter Creek Convention Center.

These community pages are yours, the members of the Fond du Lac Band. We welcome family news. Please send us information about births, engagements, weddings, anniversaries and deaths.

Also, we will include news of graduations (high school and post-high school) and military service. Memorials to loved ones or notes of appreciation are also welcomed.

Please submit materials during the first two weeks of the month. Information may be sent by U.S. mail to the editor, Deborah Locke, FDL News, 1720 Big Lake Rd., Cloquet, Minn. 55720, or by email to deborahlocke@fdlrez.com

The telephone number is (218)878-2628. You may also drop off items at our office at the Cloquet Tribal Center. Always include your daytime phone number and name with anything you submit. Materials will be edited for clarity and length.

Birthdays

Happy belated eighth birthday on Dec. 6, 2008 to **Mackenzie Rose-Ellen Bassett!** We love you!
Mom and Dad and Nana

Happy birthday **Mackenzie Rose!**
Love from Auntie Jamie and Uncle Travis Maniekee

Happy belated birthday to **Dianne (Blanchard) Kartiala** (Dec. 2)
With love from your family



Happy belated fourth birthday to **Shaydon Michael Thompson** on Sept. 15.

With love from your Meemah



Happy belated birthday to **Nicole Ammesmaki** on Dec. 28!

From your bud Jamie

Season greetings

Merry Christmas and Happy New Year to Mom, Wes and Sara (Kaylee, Zack and Maddie), and Heather and Kyle (Mackenzie).

Love and prayers to you for a safe and healthy 2009!

Jamie

Note of gratitude

The FDL veterans would like to say thanks to Chuck Smith, Roberta Welper and Mary Northrup for organizing the First Annual Veteran's Day celebration and dinner on Nov. 11.

Thanks also to Wanda Smith and Mary Howes for volunteering their time at the celebration.

Birth notices

A big welcome to **Shayna Rose Thompson**, (shown above) born Sept. 8 at St. Luke's Hospital in Duluth. Shayna weighed 8 pounds, 4.5 ounces, and was 19.5 inches long. Her parents are Shayne and Amy Thompson. Her grandmothers are Louann Thompson and Jeanne Smith.

With love from your Meemah

Lilyana Marie Maio was born on Oct. 10, 2008 at St. Luke's Hospital in Duluth.



Lilyana was 6 pounds, 9 ounces and 18.3 inches long. Her parents are Angie Theisen and John Maio.

Grandparents are Gail Mularie, Kari Morgan, Herb Theisen, and Greg Maio.

Military Service News

Congratulations to **Jesse Kennebeck** on the completion of his tour of duty with the U.S. Marine Corp. His last day was Nov. 29, 2008. Jesse was a machine gunner with the First Battalion 4th Marines. Good job, Jesse!

From your friend Julie



Memorials

In loving memory of **Marie Diver**, whose birthday was Dec. 1, 1901:

We knew we could never lose her;
For that could never be.
She has only gone on a journey
Where Gitche Manitou guards her constantly.



Mom, you'll live forever in our hearts, till memory fades and life departs.

Time takes away the edge of grief
But memory turns back every leaf.
*We love and miss you, Mom.
Ching, Marilyn, Linda and Charlin*

In memory of **Ricky Allen Savage**
Aug. 5, 1953 - Dec. 10, 2003

He's in a better place now
Than he's ever been before;
All pain is gone; he's at rest
Nothing troubles him anymore.
It's we who feel the burden of
Our sadness and our grief.
We have to cry, to mourn our loss
We know we'll reconnect with him
At the end of each life's road
We'll see his cherished face again
When we release our earthly load.
*We miss and love you,
Mom, Leo, Ginger, and Randy*

Visitors welcome

The children of FDL Band Member, **George Dick**, invite family and friends to visit their father at Chris Jensen Health and Rehabilitation Center, 2501 Rice Lake Road, Duluth.

George is in Room C-210 and can be reached by phone through the nurse's station at (218)625-6550.

Area News Briefs

State DOT says beware of slippery bridge decks

Motorists should be alert for frosty or icy bridge decks, overpasses and ramps now that freezing temperatures have arrived in the Arrowhead Region, according to the Minnesota Department of Transportation.

Bridge decks can freeze much sooner than the roadway because elevated highway structures are not insulated by the ground. Consequently, even though the main roadway may appear relatively safe, the bridge decks are likely to be frosty or icy, particularly in the early morning and late evening hours.

Motorists are also advised to discontinue use of their vehicle's cruise control during the winter months to avoid loss of vehicle control on slippery roads. Additionally, limiting the use of cell phones will help keep the focus on safe driving.

Motorists should log on to www.511mn.org or call 5-1-1 for current road and weather conditions.

Wal-Mart settles \$54.25 million law suit

Wal-Mart has agreed to pay \$54.25 million to more than 100,000 Minnesota employees for forcing them to work through their breaks without pay. The discount giant was facing up to \$2 billion in damages in the seven-year class action lawsuit if the company had continued the court battle into January, reported the Star Tribune.

"People forget that Wal-Mart does \$35 million an hour," said union organizer Bernie Hess of United Food and Commercial Workers Local 789 in St. Paul. "This is merely the cost of doing business."

National Native American Heritage Day approved

President Bush recently signed House Joint Resolution 62 designating the day after Thanksgiving as National Native American Heritage Day. This is the first time the U.S. government has recognized a day for Native Americans, according to the Mazina'igan newspaper.

"The National Indian Gaming Association will work toward establishing National Native American Heritage Day as a permanent day of recognition," said Ernie Stevens, Jr., Chairman of NIGA.

Fight ends between city of Shakopee and Mdewankanton Sioux

The dispute between the city of Shakopee and the Mdewankanton Sioux over the tribe's plan to place 700 acres of land into trust has ended with an agreement brokered by the U.S. Bureau of Indian Affairs.

Part of the agreement worked out by the BIA asks the Sioux Community to inform the city in advance of any land trust applications, and to view the city as an active party to the transaction.

City officials have complained that a lengthy period of behind-the-scenes activity took place before the land deal became public.

When the land becomes part of the Sioux nation, it is removed from tax rolls and from zoning control by surrounding jurisdictions. Trust status guarantees an Indian nation's tax-free status in perpetuity. The compromise must be approved by the BIA.

The December story was reported in the Star Tribune.

Indian health bill yet to be passed

Congress has not signed the \$35 billion Indian health bill that would give Indians better access to health care services, reported the Associated Press in early December. The bill would provide screening, mental health programs, increase efforts to recruit more American Indians into health professions, and fund new construction and modernization of reservation health clinics.

American Indian leaders are looking toward the new Administration for support.

"It would be a shame if Congress didn't do something, given that we have the worst health care demographics in the country" said Jacqueline Johnson, director of the National Congress of American Indians.

Food shelves serving more area people during economic pinch

The Cloquet Pine Journal reported in November that during the first nine months of 2008, the number of families who used the 31 northeast Minnesota and northwest Wisconsin food shelves increased by 22 percent. Of the 9,556 people receiving assistance, more than 37 percent were children.

Food shelf officials have said that the growing demand is hard to meet. The

greatest demand for food shelves occurs in northwest Wisconsin, followed by Minnesota's North Shore food shelves, which have served 27 percent more people over the nine-month period.

Carlton County food shelves have seen an increase in shelf use of 19 percent.

Wisconsin university students continue campaign to permit dormitory and campus smudging

College students at the University of Wisconsin - Stevens Point are working with college officials to allow American Indians to smudge in their residence halls and on campus.

However, the state fire marshal informed the student group that fire codes prevent burning of any kind in dormitories. Candles, incense burning and cigarette smoking are not allowed in halls, as well.

The group formed to create a safe zone on campus for Indian students who do not live in the dorms to gather and perform religious ceremonies. University officials have given permission for students to smudge only in the areas to the front and rear of the dormitories. They can also smudge down eagle feathers and carry smoke into their rooms.

It's possible that a ventilated room will be designed somewhere on campus that will not pose a fire hazard.

Parvovirus keeps state wolf population in check

A U.S. Geological Survey shows that each year, about half of the wolf pups born in Minnesota are killed by a contagious disease known as canine parvovirus.

The disease has limited growth of the gray wolf population at a time when wolves are growing rapidly in numbers in Wisconsin, Michigan and western states. Minnesota's gray wolf population stands at 3,000 wolves and increases at a rate of four percent each year. That compares with 16 to 58 percent in other states.

The study also showed that between 40 and 60 percent of wolf pups die from the disease.

The virus was discovered in the late 1970s, and attacks the animal's gastrointestinal tract. It causes a loss of appetite, fever, vomiting and severe diarrhea. The dogs, wolves and coyotes who are affected usually die within a few days.

The disease plays a large role in keeping the state's wolf population in check,

whereas other states are seeing expanding numbers of wolves. Minnesota's wolf population lives in the northeastern 40 percent of the state. The story was reported in the Star Tribune.

Appointment of Tom Daschle for Health and Human Services post gets nod from tribes

President-elect Barack Obama's appointment of former Democratic Senator Tom Daschle as Secretary of Health and Human Services is good news for many Indian leaders.

Daschle played a key role in urging Obama to reach out to tribes. He was voted out of office in 2004, and had long been viewed as a good friend to Indian country. Daschle often met with Indian leaders from the nine tribes in his state, and worked for federal government support to tribes after losing office.

As a senator, Daschle worked to increase more funding for Indian-related health issues. The nomination must be confirmed by the Senate. The story was reported in Indian Country Today.

Native Vets part of lawsuit to receive improved services from Dept. of Veterans Affairs

A member of the Navajo Nation is part of a lawsuit against the federal government to improve the quality of health care for American Indian veterans.

The suit, filed by the Vietnam Veterans of America and the Veterans of Modern Warfare, is asking for 90-day decisions on initial claims for disability benefits, and a 180-day period to resolve appeals. If the U.S. Dept. of Veterans Affairs can't meet those requirements, the groups want further injunctive relief in the form of interim benefits, allowing vets a lifeline of support so they can reintegrate into society.

The lawsuit states that the department takes at least six months to arrive at an initial decision on an average benefit claim. Appeals take four years to resolve, on average.

The suit also claims that the department has a backlog of more than 600,000 benefit claims. The number will increase in light of the 1.7 million troops that served in Iraq and Afghanistan. The story was reported in Indian Country Today.

Briefs

Band Members participate in Blandin leadership training

Six FDL Band Members completed the first segment of the Blandin Reservation Community Leadership Program Oct. 20-24 in Grand Rapids. Representing Fond du Lac were Tom Howes, Bryan Bosto, Rick DeFoe, Debra Johnson-Fuller, Jeff Tibbetts, and Christine Davis.

Making connections with other tribal professionals at the training retreat was what Bryan Bosto found most valuable.

"I found out that our problems are the same as other reservations," he said.

"White Earth, Lower Sioux, and Grand Portage are all dealing with same challenges that we are."

"I learned an awful lot about my limitations, weaknesses, and strengths," said Debra Johnson-Fuller.

This is the ninth year that the Blandin Foundation has offered experiential training specifically for members of Minnesota's 11 Indian reservations, according to Valerie Shangreaux, director of the Blandin leadership programs. Those attending the retreat were nominated by members of their community and were chosen with the help of the reservation advisory committee. To date, 165 current and emerging reservation leaders have graduated from the program.

The goal of the leadership program is to develop and train a broad base of local leaders to build healthy reservation communities, Shangreaux said. Topics covered during the retreat included identifying and describing community issues and opportunities, developing effective interpersonal communication skills, building social capital, appreciating personality differences, managing interpersonal conflict, understanding community power, mobilizing community resources and setting goals.

"The tribal leaders who come to par-

ticipate in the leadership program are deeply committed to creating healthy communities for themselves and future generations," Shangreaux said. "They bring together in one place traditional wisdom and fresh ideas."

The leadership programs are supported by the Blandin Foundation, whose mission is to strengthen rural Minnesota communities, said Shangreaux. The FDL team will participate in a workshop in February and an all-tribal alumni reunion in May.

Snow removal help for elders age 60 and over is available

If you need help with snow removal, contact Brenda Rice to have your name put on the snow removal help list.

Elders who have medical problems or a disability that prevents them from shoveling are asked to provide documentation showing their disability.

To be put on the list, contact Brenda Rice at (218) 878-2657.

A day of honoring veterans and expressing gratitude

Fond du Lac Tribal and Community College honored the college's 41 veterans on Nov. 20, 2008 with an honor guard presentation from Fond du Lac, an address by Bryan Jon Maciewski, an honor song from the FDLTCC drum group and a feast.

"Ask a vet about their service or just say thank you," suggested Jodi Kiminski, FDLTCC veteran's education coordinator. She encouraged veterans to share their stories with others and for those in attendance to remember the families of those currently serving.

FDL "State of the Band" address to take place on Jan. 15, 2009

The Fond du Lac Reservation Busi-

ness Committee will host the 2009 State of the Band address at 7 p.m. on Jan. 15, 2009. The address will replace the January open meeting, and will be given at the Otter Creek Event Center at the Black Bear Casino Hotel on Highway 33. Beverages and cookies will be served. All are invited to attend.

Why wait? Get help to quit smoking now through QUITPLAN

Get an early jump on your New Year's Resolution and quit smoking TODAY! Call the FDL Wiidookawishin (Help Me) QUITPLAN Center. Schedule an individual appointment to get ready for your quit date. Save money, be healthy, smell better, and quit today!

The Wiidookawishin QUITPLAN Center phone number at the Min no aya win Clinic is (218) 878-3707. The QUITPLAN phone number at the Center for American Indian Resources in Duluth is (218) 279-4064. To reach QUITPLAN in Minneapolis, call the Mashkiki Waakaigan Pharmacy, (612) 871-1989.

Persons not eligible for smoking cessation sessions and nicotine replacement therapies at FDL MNAW or Duluth CAIR can access QUITPLAN Services at St. Mary's QUITPLAN Center in Duluth, (218) 786-2677. The QUITPLAN Helpline is (888) 354-PLAN and is available to any Minnesota smoker.

The QUITPLAN Helpline offers free professional telephone counseling to help you quit. See www.quitplan.com. The quitplan.com website offers free membership, helpful quitting tools and a chance to connect online with thousands of others.

Cloquet grad wins Rhodes scholarship

A Cloquet High School graduate, Brian Krohn, was one of 32 students in the

U.S. to be granted a 2009 Rhodes scholarship. Krohn is currently a senior at Augsburg College in Minneapolis. While at Augsburg, Krohn developed a process to convert waste oils into biodiesel, according to a story in the Duluth News Tribune.

"He was intuitive and creative," said Cloquet High School teacher Pete Myhrwold, in a separate interview. Myhrwold was Brian's physics and chemistry teacher at Cloquet High School. When asked to describe what he liked doing in his spare time, Myhrwold recalled Brian saying that he enjoyed making things out of scrap from the basement. Brian was also involved in many activities in high school, Myhrwold said, including the Riverwatch Program, where Brian collected data on the St. Louis River. Brian also acted in plays and was an adept juggler.

"It was clear he functioned using both sides of his brain simultaneously," said Myhrwold.

The Rhodes scholarship is the oldest international study award and provides for two to three years of study abroad. Krohn plans to attend Oxford University in England this fall and pursue a master's of science degree in environmental change and management.

Sports fans invited to "adopt" student athletes

Community members are encouraged to support athletes through the Ojibwe School "Adopt a Student Athlete" program. Supporters may choose up to three athletes from any sport by contacting the school.

Supporters will attend games and make sure that the athlete knows that they are there to support them. In turn, the athletes learn the importance of commitment to their sport. *continued*

Briefs

For information on the program, call Maria DeFoe, Ojibwe School community activity coordinator, at (218) 878-8052.

Homeownership/home repair loans available from USDA

The U. S. Dept. of Agriculture has housing programs that help low income people with financial assistance so they can become homeowners. Another program allows low income homeowners make repairs to their homes.

USDA/Rural Development's direct housing program offers 100 percent financing to qualified applicants. You may purchase a new home, existing home or construct a new home. The payments for these loans are based on household income and the loans are made with a subsidy provision to make the payments affordable.

To qualify, you must meet Rural Development's income limits, have adequate and dependable income, have an acceptable credit history, be unable to obtain sufficient credit from other sources and you must show repayment ability for the loan requested.

The repair program is a low interest (one percent APR) loan. These funds may be used to make repairs to your home, installing essential features or to remove health and safety hazards. The loans are based on repayment ability and you must have an acceptable credit history.

Call Rural Development for information on the above programs at (218) 720-5330, ext. 4 or stop in at their office, 4850 Miller Trunk Hwy., Duluth.

You can also check them out at www.rurdev.usda.gov/mn.

New Year's Eve celebration

All are invited to the Cloquet Community Center New Year's Eve Dance from

5 p.m. to 8 p.m. on Dec. 31, 2008. Community members of all ages are invited to attend.

The Prevention/Intervention Hip-Hop Dance members will perform. Music will be provided by Mase. Drawings are planned, and food will be served.

The Center is located at 1720 Big Lake Rd., Cloquet.

Legal Notice

The following is a list of deceased Band Members who have monies in trust with the Fond du Lac Band. We are requesting that the heirs of these deceased Band Members contact the Fond du Lac Legal Affairs Office at (218)878-2632 or toll-free at 1-800-365-1613, to assist the Band in distributing the trust monies to the appropriate heirs.

The names are as follows: Brigan, Calvin; Christensen, Terry; Defoe, Charles; Gangstad, Harold; Glasgow, Edith; Greensky, Faye; Hernandez, Phyllis; Huhn, Cheryl; Jefferson (Drucker), Mary; Johnson, Shelly; Josephson, Charles; Kast, Cheryl; Laduke, Sylvester; Lafave, John; Lemieux, Elvina; Lusier, Pamela; Northrup, Jeff; A.; Olson, Daniel G. Sr.; Sharlow, Gerald D.; Smith, Carl; Stanford, Cathy; Starr, Neil; Trotterchaude, Rex; Wright, Frances.

Black Bear Casino Resort hires four new employees

LeeAnn Vanderscheuren was hired at Black Bear as an accountant in September. She graduated from the University of New Mexico in May 2007 with a bachelor's in business administration. She was most recently employed as an operations specialist in a New Mexico accounting firm. She was married in April 2008 and moved to Minnesota in July. Her new responsibilities will include budgets and weekly revenue reports.

Trevor Erickson began working as an

accountant at the Black Bear in September. He graduated from the College of St. Scholastica in May 2008 with a bachelor's in accounting. While attending school, he worked at USG in Cloquet and then interned with Cargill in Wayzata, Minn. Following his internship, Erickson moved to Barnum in August 2008 and drove dump trucks for three weeks until getting hired at the Casino. He will be working with Vanderscheuren and Enterprise Accounting, doing budgets and reports.

Missy Melin was hired as an audit associate at the Black Bear in October. She worked as a shift manager/cashier at the Casino until 2007 and then was a stay-at-home mom until her son went back to school. She audits vault transactions and performs slot and concession audits.

Darla Diver was hired as an audit associate at the Black Bear in October. She has a secretarial degree from Staples Technical College. She will be reconciling slot pulltabs and doing daily and concession audits.

Chris Slocum was promoted from drop team worker to drop team manager at the Black Bear. He comes to the position with 17 years of experience in the food and beverage industry. His most recent employment was as a deli supervisor at Wal-Mart.

FDL Ojibwe School Science Fair projects available for viewing on Jan. 29

The public viewing of student science projects at the 8th annual FDL Ojibwe School Science and Engineering Fair will be held from 1 p.m. to 5 p.m. on Jan. 29, 2009 at the Ojibwe School gymnasium. The public viewing follows the review by judges to determine the best student projects.

About 50 students will participate. Awards are given for first, second and

third place projects based on overall scores. The finalists will move on to the Fond du Lac Tribal and Community College Science and Engineering Fair on Feb. 5. Winners from the FDLTCC Fair will compete in the National American Indian Science and Engineering Fair to be held in St. Paul, Minn. later in 2009.

Chimney safety tips

Chimney fires are preventable when precautions are taken. Here are some suggestions from the U.S. Fire Administration and Jim Suttie of Black Goose Chimney in Duluth.

- Inspect the walls and ceiling near the furnace and along the chimney line. If the wall is hot or discolored, additional pipe insulation or clearance may be required.
- Unused flue openings should be sealed with solid masonry.
- Have the chimney inspected annually and cleaned, especially if it has not been used for some time. Suttie recommends an inspection every 50 fires.
- The stove should be burned hot twice a day for 15-30 minutes to reduce the amount of creosote buildup.
- Don't use flammable liquid for starting or accelerating a fire.
- Burn only one synthetic log at time. Burning more than one can cause an explosion.
- Do not burn trash, plastic, charcoal, or a large quantity of holiday paper.

Black Goose Chimney is located at 1932 W. Michigan St., Duluth. The phone number is (218)721-3192.

Gichi Manidoo Giizi – Great Spirit Moon

January 2009

CCC: Cloquet Community Center, (218)878-7504; BCC: Brookston Community Center, (218)878-8048; SCC: Sawyer Community Center, (218)878-8185; CAIR: Center for American Indian Resources; MNAW: Min no aya win (218)879-1227; BBCR: Black Bear Casino Resort

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			New Year's Eve party 9 pm – 1 am (BBCR) New Year's Eve party 5-8 pm (CCC)	New Year's Day All centers closed Start Biggest Loser Contest	Adult Lingo or board games 12 pm (CCC) Rock band & Wii contest 12 pm (CCC) Native youth group 3 pm (CCC) Crazy Mix Up day 3 pm (CCC) Reading circle 3:30 pm (CCC) Drop-in games 5 pm (CCC) DJ music 6 pm (CCC) Drum singing 6 pm (CCC)	Drop-in games 10 am (CCC) Youth weight workout 3 pm(CCC) Youth Wii games 3 pm (CCC) Youth weight workout 5 pm (CCC) Flag football 3 pm (CCC) Weight room 4 pm (CCC) Video Game Night 7 pm (SCC)
			Dec. 31	1	2	3
World of Wheels 10 am (SCC) Drop in games – 10 am (CCC) Swimming – 10 am (CCC) Family Volleyball- 3 pm (CCC) Weight room – 3 pm (CCC)	Elders exercise 8 am (CCC) Adult sewing 10 am (CCC) Adult intro to e-mail 11 am (CCC) 2 team basketball 3 pm (CCC) Tutoring 3 pm (OJS) Baton classes 3 pm (CCC) Adult cribbage 5 pm (CCC)	Crafts 3 pm (CCC) GED – 4:30 pm (SCC) Drop in games 5 pm (CCC) Family sewing 5 pm (CCC)	Elder Concern mtg 10 am (CCC) Adult intro to e-mail 11 am (CCC) Baton classes 3 pm (CCC) Anishinaabeg Circle 4:30 pm (CCC) Caregivers support group 4:30 pm (CCC) Anishinaabeg language 5 pm (CCC) Cancer support group 5 pm (CCC)	Swimming TBA (SCC) Weight Watchers 12 pm & 4:45 pm (CCC) Rock band & Wii contest 12 pm (CCC) Cancer talking circle 4:30 pm (CCC) Drum Group – 6 pm (SCC)	Adult intro into e-mail 11 am (CCC) Rock band & Wii contest 12 pm (CCC) Native youth group 3 pm (CCC) Crazy Mix Up day 3 pm (CCC) Reading circle 3:30 pm (CCC) DJ music 6 pm (CCC) Drum singing 6 pm (CCC)	Youth weight workout 3 pm (CCC) Youth Wii games 3 pm (CCC) Youth weight workout 5 pm (CCC) Flag football 3 pm (CCC)
4	5	6	7	8	9	10
Family Volleyball- 3 pm (CCC) Weight room – 3 pm (CCC)	Adult sewing 10 am (CCC) Adult intro to e-mail 11 am (CCC) Big Lake Resource Management mtg 3 pm (SCC) Baton classes 3 pm (CCC) 2 team basketball 3 pm (CCC) Youth crafts 3 pm (CCC) FDL youth education 4:15 pm (CCC)	Weight room – 12-5 pm (CCC) Crafts 3-4:30 pm (CCC) After school craft, outside or gym (CCC) I Can Cope 5-7 pm (MNAW) Family sewing 5-8 pm (CCC) GED 4:30 pm (SCC)	Elder Concern mtg 10 am (CCC) Adult intro to e-mail 11 am (CCC) Book-it 3:30 pm (CCC) Caregivers support group 4:30 pm (CCC) Anishinaabeg Circle 4:30 pm (CCC) Anishinaabeg language 5 pm (CCC) Cancer support group 5 pm (CCC)	Weight Watchers 12 pm & 4:45 pm (CCC) Rock band & Wii contest 12 pm (CCC) Cancer talking circle 4:30 pm (CCC) Drum Group 6 pm (SCC) State of the Band address 7 pm (BBCR)	Adult intro into e-mail 11 am (CCC) Adult Lingo or board games 12 pm (CCC) Rock band & Wii contest 12 pm (CCC) Native youth group 3 pm (CCC) Reading circle 3:30 pm (CCC) DJ music 6 pm (CCC) Drum singing 6 pm (CCC)	Youth Wii games 3 pm (CCC) Flag football 3 pm (CCC) Family night – 4 pm (SCC)
11	12	13	14	15	16	17
Weight Room open house Family Volleyball- 3 pm (CCC)	Martin Luther King Day All centers closed	Weight Room open house Crafts 3 pm (CCC) Family sewing 5 pm (CCC)	Weight Room open house Elder Concern mtg 10 am (CCC) Book-it 3:30 pm (CCC) Caregivers support 4:30 pm (CCC) Anishinaabeg Circle 4:30 pm (CCC) Anishinaabeg language 5 pm (CCC) Cancer support group 5 pm (CCC) Women's N.6 pm (CCC)	Weight Room open house Elder Concern mtg 10 am (CCC) Weight Watchers 12 pm & 4:45 pm (CCC) Rock band & Wii contest 12 pm (CCC) Cancer talking circle 4:30 pm (CCC) Drum Group – 6 pm (SCC)	Weight Room open house Adult intro into e-mail 11-12:30 pm (CCC) Rock band & Wii contest 12-2 pm (CCC) Native youth group 3-5 pm (CCC) Reading circle 3:30-4:30 pm (CCC) DJ music 6-9 pm (CCC) Drum singing 6-9 pm (CCC) Movie – TBA (SCC)	Weight Room open house Youth Wii games 3 pm (CCC) Flag football 3 pm (CCC)
18	19	20	21	22	23	24
Family pool tournament 12 pm (CCC) Family Volleyball- 3 pm (CCC)	Elders exercise 8 am (CCC) Adult intro to e-mail 11-12:30 pm (CCC) 2 team youth basketball 3 pm (CCC) Baton classes 3 pm (CCC) Tutoring 3 pm (OJS) FDL youth educ. 4:15 pm (CCC)	Crafts 3 pm (CCC) Family sewing 5 pm (CCC)	Elder Concern mtg 10 am (CCC) Baton classes 3 pm (CCC) Anishinaabeg Circle 4:30 pm (CCC) Caregivers support 4:30 pm (CCC) Anishinaabeg language 5 pm (CCC) Cancer support group 5 pm (CCC) Sobriety Feast 7 pm (BBCR)	Rock band & Wii contest 12 pm (CCC) Weight Watchers 12 pm & 4:45 pm (CCC) Cancer talking circle 4:30 pm (CCC) Drum Group – 6 pm (SCC)	Adult intro into e-mail 11 am (CCC) Rock band & Wii contest 12 pm (CCC) Crazy Mix Up day 3 pm (CCC) Native youth group 3 pm (CCC) Reading circle 3:30 pm (CCC) Cooking Classes 5 pm (CCC) DJ music 6 pm (CCC) Drum singing 6 pm (CCC)	Youth Wii games 3 pm (CCC) Flag football 3 pm (CCC)
25	26	27	28	29	30	31